

Ps 94: 6-7

Job 7:1-4,6-7

Psalm 146:1-6

1 Corinthians 9:16-19,22-23

Gospel Acclamation

Alleluia, alleluia!
I am the light of the world, says the Lord;
anyone who follows me will have the light of life.
Alleluia!

Gospel

Mark 1:29-39

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon’s mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them.

That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was.

In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, ‘Everybody is looking for you.’ He answered, ‘Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.’ And he went all through Galilee, preaching in their synagogues and casting out devils.

Prayer over the Offerings

O Lord, our God,
who once established these created things
to sustain us in our frailty,
grant, we pray,
that they may become for us now
the Sacrament of eternal life.
Through Christ our Lord.

Communion Antiphon

Cf. Ps 106: 8-9

Let them thank the Lord for his mercy,
his wonders for the children of men,
for he satisfies the thirsty soul,
and the hungry he fills with good things.

Prayer after Communion

O God, who have willed that we be partakers
in the one Bread and the one Chalice,
grant us, we pray, so to live that, made one in Christ,
we may joyfully bear fruit for the salvation of the world.
Through Christ our Lord.

Sunday 11.15am Mass		
Introit		Come, let us worship God and bow down before the Lord; let us shed tears before the Lord who made us, for he is the Lord our God.
Proclamation	186	Brother, sister
Offertory	658	The Lord hears the cry of the poor
Communion Hymn	744	Father, I know you are near
	164	Be still and know
Recessional	450	Lord of all hopefulness

Sunday Bulletin

8th February, 2015 • 5th Sunday in Ordinary Time



St. Mary's Cathedral

20 Huntly Street, Aberdeen

www.stmaryscathedralaberdeen.org

Praise the Lord
Who heals the
Broken-hearted!!!



Meditation

Mark is interested in the link between the devote our full energy to the miraculous activity of the messiah and the This model is not the awakening of faith. Faith leads people to ask miraculous cures is Jesus for healing. Healing leads them to the crippled and possessed in total commitment of faith. in front of Simon and Peter. The cure of Peter's mother-in-law suggests because they see more than Christ's extraordinary power over wonderworker. Jesus a sick body. In a clipped account, Mark refuge in solitude and demonstrates his interest in the meaning of the real meaning of the event: the healing of bodies is aimed at all the sower gone c wholeness of spirits. This same narrative His word more than implies a model for every believer. Made us. whole by the power of Jesus, we too must

Vienna L

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Mass Times				
Date	Details	Service	Time	Mass Intentions
Sun 8th	5th Sunday in Ordinary Time	Mass Mass-Polish Solemn Mass Mass-Polish Mass	8.00am 9.30 am 11.15am 3.00pm 6.00pm	Parish Intentions Aleksander Ostatck
Mon 9th		Mass Mass	7.00am 12.30pm	To discern God's vocation Forgiveness and peace in life
Tue 10th	Saint Scholastica, Virgin	Mass Mass	7.00am 7.00pm	L. Alexander RIP Mary Gordon Jones RIP
Wed 11th	Our Lady of Lourdes	Mass Mass	7.00am 12.30pm	Bilda Retino Lim RIP Late members of Hutton/ Mcpherson family
Thu 12th		Mass Mass	7.00am 7.00pm	Thanksgiving Mr & Mrs Eyyo James Brannigan
Fri 13th		Mass Mass	7.00am 12.30pm	Healing Liju Kuriakose
Sat 14th	Saints Cyril, Monk & Methodius, Bishop	Mass Mass	10.00am 7.00pm	William Falconer RIP
Sun 15th	6th Sunday in Ordinary Time	Mass Mass-Polish Solemn Mass Mass-Polish Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	Parish Intentions For the Diocese
Mass Intention Envelopes				
At the back of the Church. Print details and post through Clergy House letter box. It may not always be possible for Mass to be celebrated on your preferred date or at the Cathedral itself.			Recommended offering for each Mass is £5. Sunday 11:15 Mass is normally reserved for the Administrator's or Bishop's Intentions for the Parish or Diocese	

Offertory 01/02 £2648.72 Polish £1047.22 Renovations £902.58




'Real' Coffee after Mass

ST VINCENT DE PAUL
February 01: £157.37
Donations: £ 65.00
Food Expenses: £ 150.55
Thanks to everyone for your donations!



Youth

ST. MARY'S YOUTH GROUP
(12-17's)




Fridays
6.30 to 7pm Adoration & Rosary Chapter Room
7.00 to 9pm Pizza, music, discussion Parish House
Contact: St. Andrew's Community

<http://nazareth.dioceseofaberdeen.org>
Diocesan youth website: latest news on events, pilgrimages, retreats and youth groups for teenagers.

PLUSCARDEN ABBEY HOLY WEEK
1st to 6th April

The Abbot and monks of Pluscarden Abbey invite young people (aged 18-30) to celebrate the Liturgy with them from Wednesday of Holy Week until Easter.

If you are interested in joining the Pluscarden community in celebrating Easter, contact Fr Bede Kierney OSB by email at: guestmaster.pluscarden@gmail.com



YOUTH RETREAT WEEKEND
20-22 February, ages 11-16
Contact: St Andrew Community:
standrewscommunity@cathedral-abdn.org

Deanery & Diocese

EDUCATION SUNDAY
Today is Education Sunday, making the start of the week when we celebrate the importance of educating children and young people in faith. There will be a second Collection.



The Theme
During this Catholic Education Week we are asked to reflect on how we are "Proclaiming the Joy of the Gospel" in our homes, schools and parishes.

Appeal for teachers
Please take seriously today's appeal for people to opt for a career in teaching. Our children deserve the best teachers and school

DIOCESAN CHOIR REHEARSAL
The Diocesan choir will be meeting on a weekly basis as from Tuesday 10th February until 3rd March. Please include this in your diary. Thanks.

WHITE MASS
Mass for Health Care Workers and all those involved in the care of the sick will be held at Saint Andrew's Metropolitan Cathedral, Clyde Street, Glasgow, on Sunday 15th February 12 noon.
Principal Celebrant: Archbishop Philip Tartaglia with the Bishops of Scotland. All are Welcome.

DAFFODIL TEA
This is scheduled for Saturday 7th March, Time: 10am-12noon. Tickets: £2.50. Venue: Northcote Lodge, 191 Craigton Road. All are invited!

MEDIJUGORJE PILGRIMAGE
3rd to 10th May

Fr. Keith will accompany this Pilgrimage. British Airways from Aberdeen-London-Split return trip.
£665pp sharing room (£130 single supplement); includes flights, transfers, 7 nights half-board (breakfast and dinner), all airport and local taxes.
Contact: irmalallan@aol.com (07714) 718 708 or (01224) 869 889 to enquire or to reserve your place now with £100 deposit. **Book before Feb 15th and get £30 discount.** Tour operator: Marian Pilgrimages.

DIOCESAN PILGRIMAGE TO SOUTHERN GERMANY
Led by Bishop Hugh
21 - 30 July 2015
£775pp double room, £820pp single room
4 places for young persons up 18 at a reduced cost of £600pp (double room only). Direct flight from Aberdeen to Frankfurt, Staying at the Schoenstatt Zentrum, Aulendorf with coach excursions. Book early to avoid disappointment!
Contact Joyce Webster: 01224 319 154 or joyce@rcd-abdn.org

URGENT NOTE TO CATHOLIC PARENTS
Aberdeen City Council will begin to deliver Catholic Education classes to all Catholic students from S1 to S5 in Secondary Schools from June .
Would Catholic parents/carers wishing their child to get RCRC classes please contact Mrs. Clara Bergeron, RCRC Development Officer ASAP on CBergeron@aberdeencity.gov.uk or 07805 768 183

SPUC AND ASSISTED SUICIDE BILL
Please write to MSP's to ask them to oppose the assisted suicide bill which is being introduced at the moment. The politicians do take note of letters sent and therefore it is important to make our views known.
The Care Not Killing website has information www.carenotkilling.org.uk/scotland.
More details available. Margaret Pattinson, SPUC Aberdeen: 01358 743 967 or margaret.pattinson@hotmail.com

Cathedral News

SUNDAY COFFEE SHOP
'Real' Coffee, tea and cakes being sold from 9am to 5pm & after 6pm Mass for Building Fund.

OUR LADY OF LOURDES HEALING PRAYER
Wednesday is the Feast of Our Lady of Lourdes. The Anointing of the Sick will be offered to all those who are suffering chronically, sick or retired after Mass.

PREPARATION OF ASHES FOR LENT
Ashes distributed on Ash Wednesday are made by burning the blessed palms from the previous year's Palm Sunday. You can bring in any palms that you took home last year so that they can be burned to make this year's ashes.
Please leave them in the box provided at the back of the church.

FEED THE PRIESTS
Your priests in the Cathedral work many hours in the day and often do not have time to shop or prepare a proper meal for themselves. This means that they eat at odd hours and poorly.
We are looking for parishioners who would volunteer to prepare well balanced meals for the priests. If you are interested then please contact Andrzej Niski on niski.a@gmail.com



CALL FOR VOLUNTEERS -WE NEED YOUR HELP
The Cathedral is looking for volunteers to fill a variety of roles & is particularly interested in anyone who is able to give time in the afternoons, Monday to Friday.
Please contact manager@cathedral-abdn.org including a brief note of what you would be interested in being involved with.

CATHEDRAL BOOKSHOP
The Cathedral Bookshop is open from Monday to Friday from 10.30 to 15.00 and on Saturdays 10.30 to 13.00 as well as before and after each Mass. We still need more volunteers. Please see Deacon Tony