

Entrance Antiphon
f. Ps 67: 6-7, 36
God is in his holy place,
God who unites those who dwell in his house;
he himself gives might and strength to his people.

First reading
Genesis 18:20-32
The Lord said, ‘How great an outcry there is against Sodom and Gomorrah! How grievous is their sin! I propose to go down and see whether or not they have done all that is alleged in the outcry against them that has come up to me. I am determined to know.’

The men left there and went to Sodom while Abraham remained standing before the Lord. Approaching him he said, ‘Are you really going to destroy the just man with the sinner? Perhaps there are fifty just men in the town. Will you really overwhelm them, will you not spare the place for the fifty just men in it? Do not think of doing such a thing: to kill the just man with the sinner, treating just and sinner alike! Do not think of it! Will the judge of the whole earth not administer justice?’ the Lord replied, ‘If at Sodom I find fifty just men in the town, I will spare the whole place because of them.’

Abraham replied, ‘I am bold indeed to speak like this to my Lord, I who am dust and ashes. But perhaps the fifty just men lack five: will you destroy the whole city for five?’ ‘No,’ he replied ‘I will not destroy it if I find forty-five just men there.’ Again Abraham said to him, ‘Perhaps there will only be forty there.’ ‘I will not do it’ he replied ‘for the sake of the forty.’

Abraham said, ‘I trust my Lord will not be angry, but give me leave to speak: perhaps there will only be thirty there.’ ‘I will not do it’ he replied ‘if I find thirty there.’ He said, ‘I am bold indeed to speak like this, but perhaps there will only be twenty there.’ ‘I will not destroy it’ he replied ‘for the sake of the twenty.’ He said, ‘I trust my Lord will not be angry if I speak once more: perhaps there will only be ten.’ ‘I will not destroy it’ he replied ‘for the sake of the ten.’

Psalm
Psalm 137:1-3,6-8
On the day I called, you answered me, O Lord.

I thank you, Lord, with all my heart:
you have heard the words of my mouth.
In the presence of the angels I will bless you.
I will adore before your holy temple. **R.**

I thank you for your faithfulness and love,
which excel all we ever knew of you.
On the day I called, you answered;
you increased the strength of my soul. **R.**

The Lord is high yet he looks on the lowly
and the haughty he knows from afar.
Though I walk in the midst of affliction
you give me life and frustrate my foes. **R.**

You stretch out your hand and save me,
your hand will do all things for me.
Your love, O Lord, is eternal,
discard not the work of your hands. **R.**

Second reading

Colossians 2:12-14
You have been buried with Christ, when you were baptised; and by baptism, too, you have been raised up with him through your belief in the power of God who raised him from the dead. You were dead, because you were sinners and had not been circumcised: he has brought you to life with him, he has forgiven us all our sins.

He has overridden the Law, and cancelled every record of the debt that we had to pay; he has done away with it by nailing it to the cross.

Gospel Acclamation
Jn1:14,12
Alleluia, alleluia!
The Word was made flesh and lived among us:
to all who did accept him
he gave power to become children of God.
Alleluia!

Gospel
Luke 11:1-13
Once Jesus was in a certain place praying, and when he had finished one of his disciples said, ‘Lord, teach us to pray, just as John taught his disciples.’ He said to them, ‘Say this when you pray:

“Father, may your name be held holy,
your kingdom come; give us each day our daily bread,
and forgive us our sins,
for we ourselves forgive each one who is in debt to us.
And do not put us to the test.”

He also said to them, ‘Suppose one of you has a friend and goes to him in the middle of the night to say, “My friend, lend me three loaves, because a friend of mine on his travels has just arrived at my house and I have nothing to offer him”; and the man answers from inside the house, “Do not bother me. The door is bolted now, and my children and I are in bed; I cannot get up to give it you.” I tell you, if the man does not get up and give it him for friendship’s sake, persistence will be enough to make him get up and give his friend all he wants.

‘So I say to you: Ask, and it will be given to you; search, and you will find; knock, and the door will be opened to you. For the one who asks always receives; the one who searches always finds; the one who knocks will always have the door opened to him. What father among you would hand his son a stone when he asked for bread? Or hand him a snake instead of a fish? Or hand him a scorpion if he asked for an egg? If you then, who are evil, know how to give your children what is good, how much more will the heavenly Father give the Holy Spirit to those who ask him!’

Sunday 11.15am Mass		
Entrance Hymn	604	Seek ye first the kingdom of God
Offertory	583	Praise to the Lord, the Almighty
Communion	500	O bread of Heaven
After Blessing and Dismissal	597	We are now singing Salve Regina at the end of Mass. This is one of the four Marian antiphons sung throughout the year, and the well known prayer 'Hail Holy Queen, Mother of mercy' is a translation of it. You can listen to it, with the words and music at: https://www.youtube.com/watch?v=1B91RUv2II8

Sunday Bulletin

24th July 2016

• 17th Sunday in Ordinary Time •

Year C



St. Mary's Cathedral

20 Huntly Street, Aberdeen

www.stmaryscathedralaberdeen.org



Meditation

"Lord, teach us to pray as John taught his disciples." The apostles address Jesus as a "master of prayer", asking him to reveal his secret to them. We also need to know it, "for we do not know how to pray as we ought" (Rm 8:26). "Ask ... seek ... knock...". These verbs emphasize the insistence of the call to prayer and the assurance of being heard if we persevere. "You will receive, you will find, it shall be opened to you". Above all, do not become discouraged. Prayer requires a long patience, but through perseverance, it obtains an answer. If earthly parents, with all the faults they may have, give to their children only good things, all the more must our heavenly Father give

the most precious good to those who change us. For the second petition of ask for it. In showing us God's response the Lord's Prayer, "Your kingdom to prayer, Jesus helps us to understand come," a very ancient variant prayer itself. To pray is not to impose substitutes "May your Spirit come upon our will on God but to ask him to make us and purify us."

us open to his will. To pray is not to want to change God but to ask him to

Vienna International Religious Centre



Ask ...
Seek ...
Knock ...



Clergy & Staff

Administrator:

Fr. Keith Herrera

01224 640 160

administrator@cathedral-abdn.org

Assistant Priest:

Fr. Tomasz Klin

07402 099 944

(Polish Chaplain)

curate1@cathedral-abdn.org

Deacon:

Deacon Tony Schmitz

deacon@cathedral-abdn.org

07863 065 345

Holy Family Sisters of Needy:

holyfamilysrs@yahoo.co.uk

01224 970812

07754 891 808

St Andrew Community:

standrewscommunity@cathedral-abdn.org

Community Safeguarding: Charlene youth@StAndrewX.org

Cathedral Safeguarding:

Fiona Mitchell

07905 265194

fiona.j.mitchell@hotmail.co.uk

More information: Parish website or www.scottishcatholicsafeguarding.org.uk

Music Director:

Shelagh Noden

music@cathedral-abdn.org

Shop Manager:

Barbara Mearns

shop@cathedral-abdn.org

Parish Office

Telephone:

01224 640 160

Manager:

Robin Harding

manager@cathedral-abdn.org

Secretary:

Cowan Watson

secretary@cathedral-abdn.org

Finance/Gift Aid:

John Costello

finance@cathedral-abdn.org

Bulletin:

bulletin@cathedral-abdn.org

Notices to be in by Tuesday evening

Hall Bookings:

halls@cathedral-abdn.org

Call between 9am & 1pm only

Terms & Conditions see Parish website

Liturgical Ministries

Head Sacristan:

Jacqueline Armstrong

jacquelinearmstr@hotmail.com

Readers:

Fiona Mitchell

fiona.j.mitchell@hotmail.co.uk

Euch. Ministers:

John MacKinnon

07926 628 941

johnmackinnon2602@hotmail.co.uk

Welcomers:

Gordon Webster

01224 592 246

webster200@btinternet.com

Collectors:

Diego Mejias Morffe

07960 325 046

dmejiasmorffe@gmail.com

Altar Servers:

George Brand

geobra@msn.com

Flowers:

Pixie Mather

01224 321 953

Notices

Adoration:

Monday-Friday 7.30am-12.30pm

Confessions:

Tuesdays 6pm

Saturdays 10.30am & 6pm

Morning Prayer:

Monday - Friday 7.30am

Saturdays 9.40am

Evening Prayer:

Thursdays 6.30pm

Night Prayer:

Thursdays 8.30pm

Rosary:

Saturdays 10.30pm

Housebound?

John MacKinnon (See above)

To arrange communion visits

Coeliacs:

Please speak to a member of the clergy before Mass to arrange communion

Sunday Coffees:

Aneta Sieminska

07415 321 792

Natural Family Planning (NFP)

Margaret Hammond

nfp@cathedral-abdn.org

Mass Times

Date	Details	Service	Time	Mass Intentions
Sun 24th	17th Sunday of the Year	Mass Polish Mass Solemn Mass Polish Mass Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	Gilbert Emela RIP Intentions of the Diocese Parish Intentions
Mon 25th	Saint James, Apostle	Mass	12.30pm	George Rennie RIP
Tue 26th	Ss. Joachim & Anne, parents of the Blessed Virgin Mary	Mass	7.00pm	William Stuart & Benefactors
Wed 27th		Mass	12.30pm	Milagros Gagar RIP
Thu 28th		Mass	7.00am	Prayer for vocation to order of preachers William Stuart & Benefactors
Fri 29th	Saint Martha	Mass	12.30pm	Aghnel Gagar RIP
Sat 30th		Mass Vigil Mass	10.00am 7.00pm	Pat Coyne RIP Private Intention
Sun 31st	18th Sunday of the Year	Mass Polish Mass Solemn Mass Polish Mass Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	Parish Intentions Intentions of the Diocese Daniel Lyla's return to health

Mass Intention Envelopes

At the back of the Church. Print details and post through Clergy House letter box.

Recommended offering for each Mass is £5.

It may not always be possible for Mass to be celebrated on your preferred date or at the Cathedral itself.

Sunday 11:15 Mass is normally reserved for the Administrator's or Bishop's Intentions for the Parish or Diocese

OFFERTORY: £1,214.10

POLISH: £785.89

SVdP

Box Collection: £123.25

Polish collection: £ 24.17

Exp. Food: £324.61



All donations of clothes should be of wearable quality and any food donations should be in factory sealed packaging.

Thank You for your generosity.

Youth

WELL DONE AND THANK YOU!

Last Sunday at the Bake Sale we raised £900.00 for Church Youth activities. Thanks to all your generosity and prayer support we have now reached our target of £50,000.00 which means that 140 young people in the Diocese will have the opportunity to go to World Youth Day this year.

Bless you all.

The St Andrew Community

CATHOLIC RELIGIOUS EDUCATION FOR PUPILS OF ABERDEEN CITY COUNCIL SECONDARY SCHOOL S

There is still time to register for Catholic Religious Education Classes 2016/17. Telephone or email Laura Thomson of Aberdeen City Council by e-mail :- LaThomson@aberdeencity.gov.uk or telephone 01224 523909 .

Classes are at Harlaw Academy 4pm to 5pm, S1 Monday, S2 Tuesday, S3 Wednesday, S4 Thursday, beginning week of August 22nd 2016.

PARISH VISITATIONS

The Holy Family Sisters of the Needy will be visiting parishioners over the next few months. If you would like a visit, please contact them on 07863 065 345 or holyfamilysrs@yahoo.co.uk.

SCREENED MASS

Please use the hall, especially if your child becomes restless during Mass.



SUMMER KIDS CHOIR

Fun rehearsals for primary school age children at St. Peter's Catholic Church from Friday 8th, 15th, 22nd, 29th July & 5th August at 3.00pm and Recital by the kids group on Wednesday 10th August . For further details contact: georgina.lahaye@stpetersaberdeen.org.uk

Cathedral

THE GIFT

An inspiring and practical series aimed at everyone to help you encounter the Holy Spirit and empower you to share your faith.

The six sessions cover:

- The Father's Loving plan
- The Joy of the Gospel
- The Gift of the Spirit
- Unwrapping God's Gift
- Encountering God's Spirit
- Living in the Spirit

Begins Tuesday 26th July at 7.45 pm in Main Hall.

Special Collection

There will be a Special Collection today for ACN, an organisation which supports Catholics and other Christians where they are persecuted, oppressed or in pastoral need.

Congratulations to Charlotte Mary Kelly who was baptised last Sunday. Also to Micola Michal Dworak, Michelle Ajufoh, James Chidiebere Emmanuel, Joseph Anthony and Samuel Paul Sheehan who were baptised on 9th July. Please, remember them in your prayers.

SUMMER MASS TIMES

During the month of July there will be no 7am Mass and no Evening or Morning Prayer.

Also in July /August Adoration will discontinue except for the hour before Mass.

SUNDAY CAFÉ

The Sunday Café will be closed during July and August. However, we would still like to provide tea and coffee after Sunday Masses and if you would like to help please let us know.

THE WEDNESDAY EXERCISE CLASS

The Wednesday exercise class is taking a summer break but will resume on 10th August.

TRAINED CATECHIST REQUIRED TO HELP WITH THE RECONCILIATION CLASS.

The class will run after the October break 2016 until May, 2017 every Friday from 4.00 till 5.00pm. Please contact Ruth Paterson (01224) 593 069 or ruthpaterson@hotmail.com

ACCOMMODATION

Abigail Jareño Gómez, a young Psychology Professor from the University of Madrid, is planning on visiting Aberdeen this summer from the 8th August to the 4th September and would like to stay with a local family to soak up the culture. If you have a room available please contact Abigail at liajareno@hotmail.com

SACRAMENTAL PREPARATION CLASSES FOR CHILDREN NOT ATTENDING A CATHOLIC SCHOOL.

These classes are scheduled to begin after the October break, 2016.

Please register your child online NOW at www.stmaryscathedralaberdeen.org

CATHEDRAL BOOKS & GIFT SHOP

BOOKS OF THE MONTH:: A Little Way of Healing

A spirit led approach to the healing of memories. This is a deeply inspiring book by T. Pauline Edwards, £12.50.

Will You Help Me?

Handbook of devotion to the Divine Mercy, £4

Catholic Observer and Catholic Herald newspapers on sale every week . God bless and happy reading.



the marriage course

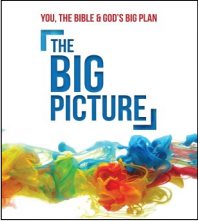
If you'd like to set aside some time to invest in your marriage, to deepen or refresh your relationship, sign up for our Marriage Course beginning Wednesday 17th August from 6.30pm to 9.00pm in the Main Hall. A great opportunity for those couples who have been married for two years or more. All enquiries to marriagecourse.st.mary@gmail.com or see the Cathedral website where you can sign up for the course directly.

You can follow the progress of our WYD pilgrims on the St Andrew Community blog at: www.standrewx.org or use the link from the Cathedral website.



THE BIG PICTURE SCRIPTURE COURSE

Mondays from 11am to 12noon in the Cathedral Clergy House Open to Everybody.



Deanery & Diocese

Volunteers Wanted

Volunteers (with PVG) will be required from September onwards to look after Syrian refugee children while their parents attend English language classes.

If interested please email Rev Hugh Wallace at: HWallace@churchofscotland.org.uk

MEDJUGORJE

Some people are planning to go to Medjugorje from 22 to 29 October 2016. Flights will depart from Aberdeen. Total cost for return flights, transfer coach, bed, breakfast and dinner is £650. Fr. Keith Herrera will accompany the group as spiritual director.

If you are interested in going, please contact Noeleen Dowling of Marian Pilgrimages. Tel. 0141-416-0048.

Email address: noeleen@marian.ie

OGILVIE CENTRE

The Ogilvie Centre, located in the Cathedral complex (Cathedral side entrance at 16 Huntly Street—Climb the staircase to your left and ring the Ogilvie buzzer) is now open Monday, Tuesday, Wednesday, and Friday 10:30-12:30. The library has books on the spiritual life, theology, and philosophy that can be checked out or read on site. It's a great resource which is freely available to all parishioners.

For further information contact Sr. Christiana, OP on 01343 547806 (Greyfriars Convent)

Weekly Calendar

Mon

The Big Picture

Main Hall from 11am - 12noon

Contact: Sr Mary Joseph 01224 970812

Mother & Toddler Group

For parents with young children. All ages welcome. Main Hall from 1pm-3 pm

Contact: Yi-pei Chou [hou.turvey@gmail.com](mailto:hcu.turvey@gmail.com)

Credo Community Meeting

Polish charismatic prayer group.

Main Hall at 7.30pm .

Contact: Fr Tomasz Klin SJ

Tue

Magnificat Prayer Group

7.30pm in the Main Hall after Mass.

Contact: Paul Akagwu [papakagwu@gmail.com](mailto:pakagwu@gmail.com)

St. Vincent de Paul

Feeding the homeless

Contact: Evelyn Murray

Wed

Light Exercise Class for all

Lower Hall at 10:00am

Contact: Laura Walker 0777 3 021 851

laura@laurawalkerlimited.co.uk

Seniors Club

Speakers, fun & fellowship

Main Hall at 2 pm every 2 weeks

Contact: Winnie on 01224 632 465.

African Choir

For Africans and anyone else.

Upper Hall from 6 - 8.00pm

Contact: Patricia Malikebu 07891 714 549

Thu

Healing of Memories

Prayer for the healing of painful memories of the past to bring peace to the present.

Clergy House at 2.30pm (by appointment)

Contact: Deacon Tony

Legion of Mary

Members serve the Church as needed

Lower Hall at 5.30pm

Contact: Nogie Osula nogisula@yahoo.com

Cenacolo Prayer Group

Exposition & Rosary praying for healing of those with addictions

Church after Mass

Contact: Liam Sharkey 07774 931 996

liam.sharkey@fsmail.net

Band Practice

Contemporary music for Sunday 6pm Mass

Upper Hall after Mass

Contact: John Costaschuk

john.costaschuk@gmail.com

Fri

Altar Servers' Practice

Church from 6.00 to 7.00pm

Contact: Simon bebbie_no1@hotmail.com

Youth Groups

For teenagers between 11 & 17

Upper Hall 7pm to 9pm

Contact: St. Andrew's Community

07754 891 808

standrewscommunity@cathedral-abdn.org

Sat

Church Cleaning

Church at 10.30am

Contact: Joyce Webster 01224 319 154

Saturday Club

Informal social gathering, includes prayer

Main Hall from 4pm to 7pm

Contact: Aneta Sieminska 07415 321 792

African Choir (As above)

Upper Hall from 6 - 8.00pm

Sun

11:15 Choir Rehearsal

Leading the music for 11.15 Sunday Mass

Upper Hall 10.00am

Contact: Shelagh Noden

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