

Entrance Antiphon  
Cf. Ps 73: 20, 19, 22, 23

Look to your covenant, O Lord,  
and forget not the life of your poor ones for ever.  
Arise, O God, and defend your cause,  
and forget not the cries of those who seek you.

First reading  
Wisdom 18:6-9

That night had been foretold to our ancestors, so that,  
once they saw what kind of oaths they had put their trust in,  
they would joyfully take courage.  
This was the expectation of your people,  
the saving of the virtuous and the ruin of their enemies;  
for by the same act with which you took vengeance on our foes  
you made us glorious by calling us to you.  
The devout children of worthy men offered sacrifice in secret  
and this divine pact they struck with one accord:  
that the saints would share the same blessings and dangers alike;  
and forthwith they had begun to chant the hymns of the fathers.

Psalm  
Psalm 32:1,12,18-20,22  
Happy are the people the Lord has chosen as his own.

Ring out your joy to the Lord, O you just;  
for praise is fitting for loyal hearts.  
They are happy, whose God is the Lord,  
the people he has chosen as his own. R.

The Lord looks on those who revere him,  
on those who hope in his love,  
to rescue their souls from death,  
to keep them alive in famine. R.

Our soul is waiting for the Lord.  
The Lord is our help and our shield.  
May your love be upon us, O Lord,  
as we place all our hope in you. R.

Second reading  
Hebrews 11:1-2,8-19

Only faith can guarantee the blessings that we hope for, or prove the  
existence of the realities that at present remain unseen. It was for faith  
that our ancestors were commended.  
It was by faith that Abraham obeyed the call to set out for a country  
that was the inheritance given to him and his descendants, and that he  
set out without knowing where he was going. By faith he arrived, as a  
foreigner, in the Promised Land, and lived there as if in a strange  
country, with Isaac and Jacob, who were heirs with him of the same  
promise. They lived there in tents while he looked forward to a city  
founded, designed and built by God.  
It was equally by faith that Sarah, in spite of being past the age, was  
made able to conceive, because she believed that he who had made the  
promise would be faithful to it. Because of this, there came from one  
man, and one who was already as good as dead himself, more  
descendants than could be counted, as many as the stars of heaven or  
the grains of sand on the seashore.  
All these died in faith, before receiving any of the things that had  
been promised, but they saw them in the far distance and welcomed  
them, recognising that they were only strangers and nomads on earth.  
People who use such terms about themselves make it quite plain that  
they are in search of their real homeland. They can hardly have meant  
the country they came from, since they had the opportunity to go back  
to it; but in fact they were longing for a better homeland, their heavenly  
homeland. That is why God is not ashamed to be called their God, since  
he has founded the city for them.  
It was by faith that Abraham, when put to the test, offered up Isaac.

He offered to sacrifice his only son even though the promises had been  
made to him and he had been told: It is through Isaac that your name  
will be carried on. He was confident that God had the power even to  
raise the dead; and so, figuratively speaking, he was given back Isaac  
from the dead.

Gospel Acclamation  
Mt11:25

Alleluia, alleluia!  
Blessed are you, Father,  
Lord of heaven and earth,  
for revealing the mysteries of the kingdom  
to mere children.  
Alleluia!

Gospel  
Luke 12:32-48

Jesus said to his disciples: ‘There is no need to be afraid, little flock, for it  
has pleased your Father to give you the kingdom.  
‘Sell your possessions and give alms. Get yourselves purses that do  
not wear out, treasure that will not fail you, in heaven where no thief  
can reach it and no moth destroy it. For where your treasure is, there  
will your heart be also.  
‘See that you are dressed for action and have your lamps lit. Be like  
men waiting for their master to return from the wedding feast, ready to  
open the door as soon as he comes and knocks. Happy those servants  
whom the master finds awake when he comes. I tell you solemnly, he  
will put on an apron, sit them down at table and wait on them. It may be  
in the second watch he comes, or in the third, but happy those servants  
if he finds them ready. You may be quite sure of this, that if the house-  
holder had known at what hour the burglar would come, he would not  
have let anyone break through the wall of his house. You too must stand  
ready, because the Son of Man is coming at an hour you do not expect.’  
Peter said, ‘Lord, do you mean this parable for us, or for everyone?’  
The Lord replied, ‘What sort of steward, then, is faithful and wise enough  
for the master to place him over his household to give them their allow-  
ance of food at the proper time? Happy that servant if his master’s  
arrival finds him at this employment. I tell you truly, he will place him  
over everything he owns. But as for the servant who says to himself, “My  
master is taking his time coming,” and sets about beating the  
menservants and the maids, and eating and drinking and getting drunk,  
his master will come on a day he does not expect and at an hour he does  
not know. The master will cut him off and send him to the same fate as  
the unfaithful.  
The servant who knows what his master wants, but has not even  
started to carry out those wishes, will receive very many strokes of the  
lash. The one who did not know, but deserves to be beaten for what he  
has done, will receive fewer strokes. When a man has had a great deal  
given him, a great deal will be demanded of him; when a man has had a  
great deal given him on trust, even more will be expected of him.’

Communion Antiphon  
Ps 147: 12, 14

O Jerusalem, glorify the Lord,  
who gives you your fill of finest wheat.

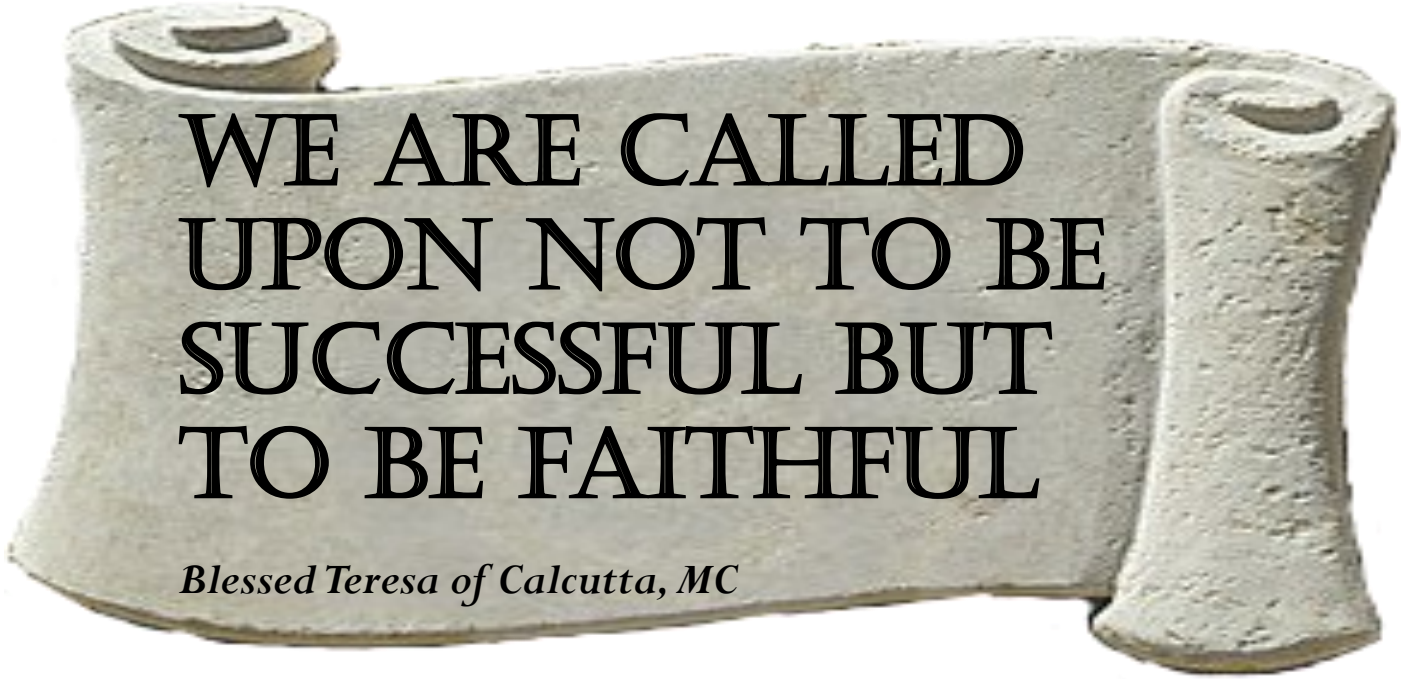
Sunday 11.15am Mass		
Entrance Hymn	586	Praise we our God with joy
Offertory	168	Be thou my vision
Communion	635	Sweet Sacrament Divine
After Blessing and Dismissal	597	We are now singing Salve Regina at the end of Mass. This is one of the four Marian antiphons sung throughout the year, and the well known prayer 'Hail Holy Queen, Mother of mercy' is a translation of it. You can listen to it, with the words and music at: <a href="https://www.youtube.com/watch?v=1B91RUv2li8">https://www.youtube.com/watch?v=1B91RUv2li8</a>



# St. Mary's Cathedral

20 Huntly Street, Aberdeen

[www.stmaryscathedralaberdeen.org](http://www.stmaryscathedralaberdeen.org)



## MEDITATION

Several generations of Christians lived with the conviction that Christ would come back in the middle of the great paschal night. That night symbolizes the long vigil which the Church keeps by the light of the scriptures. The early Church believed that he would not delay. But the course of history soon showed that the vigil would be long. Luke insists that we must wait for the parousia and that we do not know when it will come. The Master will come like a thief; he will surprise everyone. We run the risk that his unforeseeable return will find us unprepared. The vigil is not an empty time during which fidelity can be relaxed. For us, Christians of the twenty-first century, the importance rather than the imminence of the Lord's return must continue to dominate our lives. In the trying obscurity of faith, even when the darkness of unbelief seems to spread over the earth and the "little flock" to diminish before our very eyes, we must keep vigil actively and without fear. The Master will return, put on an apron, seat us at table, and serve us.

Vienna International Religious Centre






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<b>Finance/Gift Aid:</b>	John Costello <a href="mailto:finance@cathedral-abdn.org">finance@cathedral-abdn.org</a>
<b>Bulletin:</b>	<a href="mailto:bulletin@cathedral-abdn.org">bulletin@cathedral-abdn.org</a> Notices to be in by Tuesday evening
<b>Hall Bookings:</b>	<a href="mailto:halls@cathedral-abdn.org">halls@cathedral-abdn.org</a> Call between 9am & 1pm only Terms & Conditions see Parish website
Liturgical Ministries	
<b>Head Sacristan:</b>	Jacqueline Armstrong <a href="mailto:jacquelinearmstr@hotmail.com">jacquelinearmstr@hotmail.com</a>
<b>Readers:</b>	Fiona Mitchell <a href="mailto:fiona.j.mitchell@hotmail.co.uk">fiona.j.mitchell@hotmail.co.uk</a>
<b>Euch. Ministers:</b>	John MacKinnon 07926 628 941 <a href="mailto:johnmackinnon2602@hotmail.co.uk">johnmackinnon2602@hotmail.co.uk</a>
<b>Welcomers:</b>	Gordon Webster 01224 592 246 <a href="mailto:webster200@btinternet.com">webster200@btinternet.com</a>
<b>Collectors:</b>	Diego Mejias Morffe 07960 325 046 <a href="mailto:dmejiasmorffe@gmail.com">dmejiasmorffe@gmail.com</a>
<b>Altar Servers:</b>	George Brand <a href="mailto:geobra@msn.com">geobra@msn.com</a>
<b>Flowers:</b>	Pixie Mather 01224 321 953
Notices	
<b>Adoration:</b>	Monday-Friday 7.30am-12.30pm
<b>Confessions:</b>	Tuesdays 6pm Saturdays 10.30am & 6pm
<b>Morning Prayer:</b>	Monday - Friday 7.30am Saturdays 9.40am
<b>Evening Prayer:</b>	Thursdays 6.30pm
<b>Night Prayer:</b>	Thursdays 8.30pm
<b>Rosary:</b>	Saturdays 10.30pm
<b>Housebound?</b>	John MacKinnon (See above) To arrange communion visits
<b>Coeliacs:</b>	Please speak to a member of the clergy before Mass to arrange communion
<b>Sunday Coffees:</b>	Aneta Sieminska 07415 321 792
<b>Natural Family Planning (NFP)</b>	Margaret Hammond <a href="mailto:nfp@cathedral-abdn.org">nfp@cathedral-abdn.org</a>


Mass Times				
Date	Details	Service	Time	Mass Intentions
Sun 7th	19th Sunday of the Year	Mass Polish Mass Solemn Mass Polish Mass Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	Private Intentions
Mon 8th		Mass Mass	7.00am 12.30pm	Parish Intentions
Tue 9th	Feast of St Teresa Benedicta of the Cross	Mass Mass	7.00am 7.00pm	Sylvie Amossou RIP Alfredo Ponce RIP
Wed 10th	Feast of St Lawrence	Mass Mass	7.00am 12.30pm	School Success & Good Health Intentions of Evelyn Murray
Thu 11th		Mass Mass	7.00am 7.00pm	Thanksgiving Acon Family Intentions of Gabrielle Watson
Fri 12th		Mass Mass	7.00am 12.30pm	Thanksgiving Acon Family Intentions of Jackie Armstrong
Sat 13th		Mass Vigil Mass	7.00am 10.00am 7.00pm	Mama Ifeiiinwa Umeadi RIP Int. of John Paul Chukwuemeka
Sun 14th	20th Sunday of the Year	Mass Polish Mass Solemn Mass Polish Mass Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	William Hammond RIP Aldo Palopac RIP
				Ronan Porter RIP
				Parish Intentions

Mass Intention Envelopes	
At the back of the Church. Print details and post through Clergy House letter box.	Recommended offering for each Mass is £5.
It may not always be possible for Mass to be celebrated on your preferred date or at the Cathedral itself.	Sunday 11:15 Mass is normally reserved for the Administrator's or Bishop's Intentions for the Parish or Diocese


OFFERTORY: £1,099.20	POLISH: £895.16	SCIAF AFRICA APPEAL: £1,521.50
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SVdP		Our grateful thanks must go to all those people who support us.
Box Collection: £89.86		
Polish collection: £99.33		
Anon Donation: £500.00		
Thank You all.		

Youth

	Volunteers Wanted
The next Bake Sale will be held on Sunday 14th August with all proceeds going to help fund church youth activities.	Volunteers (with PVG) will be required from September onwards to look after Syrian refugee children while their parents attend English language classes.
	If interested please email Rev Hugh Wallace at: <a href="mailto:HWallace@churchofscotland.org.uk">HWallace@churchofscotland.org.uk</a>

CATHOLIC RELIGIOUS EDUCATION FOR PUPILS OF ABERDEEN CITY COUNCIL SECONDARY SCHOOL S	PARISH VISITATIONS
There is still time to register for Catholic Religious Education Classes 2016/17.	The Holy Family Sisters of the Needy will be visiting parishioners over the next few months. If you would like a visit, please contact them on 07863 065 345
Telephone or email Laura Thomson of Aberdeen City Council by e-mail :- <a href="mailto:LaThomson@aberdeencity.gov.uk">LaThomson@aberdeencity.gov.uk</a> or telephone 01224 523909 .	
Classes are at Harlaw Academy 4pm to 5pm, S1 Monday, S2 Tuesday, S3 Wednesday, S4 Thursday, beginning week of August 22nd 2016.	

SCREENED MASS	
Please use the hall, especially if your child becomes restless during Mass. Thank you.	

[www.stmaryscathedralaberdeen.org](http://www.stmaryscathedralaberdeen.org)

Cathedral	
An inspiring and practical series aimed at everyone to help you encounter the Holy Spirit and empower you to share your faith. The six sessions cover: <ul style="list-style-type: none"><li>The Father’s Loving plan</li><li>The Joy of the Gospel</li><li>The Gift of the Spirit</li><li>Unwrapping God’s Gift</li><li>Encountering God’s Spirit</li><li>Living in the Spirit</li></ul> Tuesdays at 7.45 pm in Main Hall.	
	
	
If you’d like to set aside some time to invest in your marriage, to deepen or refresh your relationship, sign up for our Marriage Course beginning Wednesday 17th August from 6.30pm to 9.00pm in the Main Hall. A great opportunity for those couples who have been married for two years or more. All enquiries to <a href="mailto:marriagecourse.st.mary@gmail.com">marriagecourse.st.mary@gmail.com</a> or see the Cathedral website where you can sign up for the course directly.	
JUMP INTO STORYTELLING	
Ever felt your storytelling lacked oomph? Come and be inspired by brilliant storyteller Renita Boyle as she shows us how to bring a story alive. Leave with loads of practical tips on how to engage and enthral your audience. FREE to all. Wednesday September 7th, 7pm—9pm Sheddocksley Baptist Church, Eday Walk, AB15 6LN	
SACRAMENTAL PREPARATION CLASSES FOR CHILDREN NOT ATTENDING A CATHOLIC SCHOOL. These classes are scheduled to begin after the October break, 2016. Please register your child online NOW at <a href="http://www.stmaryscathedralaberdeen.org">www.stmaryscathedralaberdeen.org</a>	
CATHEDRAL BOOKS & GIFT SHOP	
BOOKS OF THE MONTH: We meditate on the Immaculate Heart of our Blessed Mother and all the love that she has for us.  Our Lady Untier of Knots - £2.50 Loving Mary (what Pope Francis says) - £2.50 2 beautiful books to read	
Large selection of children’s books and bibles, new order just arrived. Birthstone rosaries - large wall rosaries Our Lady of Aberdeen medals and prayer cards in stock now, £1.50. We have a small selection of holy water containers containing holy water from Lourdes. Selection of lovely cards for all occasions.	
The shop is open every day before and after Mass, Monday to Friday and Saturday till 1pm. Sunday all day. The shop is closed during Mass.	
WELCOME	
We warmly welcome to the Cathedral Fr Mostein Tengani from Malawi who will be staying in the Diocese until 2nd October.	
EUCHARISTIC ADORATION	
Beginning Monday 8th August adoration of the Blessed Sacrament will take place from 7.30am to 12.30pm. If you would like to make a commitment to ‘watch’ during a particular time in the morning please advise the St Andrew Community so your name may be added to the rota.	
Deanery & Diocese	
EDINBURGH FRINGE FESTIVAL	
This is a brand new one-woman play, dramatizing the life, of Edinburgh’s beloved Venerable Margaret Sinclair (1900-1925). Written by Stephen Callaghan. Venue: St Patrick’s Church, Cowgate, Edinburgh. Dates: August 6-12 at 7.45pm and August 9 and 11 at 3pm. Tickets: £6 waged and £5 unwaged/concess.	
GODLY PLAY	
Discovery day to learn about Godly Play, a children's liturgy program based on story telling. Saturday, 27th August at Queens Cross Church, Albion place, Aberdeen from 10am till 4pm. Cost is £15 for the day incl. lunch. To book: <a href="mailto:alex@godlyplayscotland.co.uk">alex@godlyplayscotland.co.uk</a> .	
ST MARY’S MONASTERY KINNOULL, RETREAT	
Our Journey to Wholeness: Embraced by Mercy 5 - 9 September 2016 Led by Fr Jim McManus C.Ss.R. and Miss Marie Hogg For further information: Tel. 01738 624 075 or e-mail <a href="mailto:info@kinnoullmonastery.co.uk">info@kinnoullmonastery.co.uk</a> See poster at the back of the church.	
NATIONAL PILGRIMAGE TO CARFIN	
Pilgrimage in the Jubilee Year of Mercy in honour of St Margaret, Patroness of Scotland. Sunday 7th September. See notice board for further details.	
THE 2016 GIFFORD LECTURES	
Struggle, Suffering and Hope: Explorations in Islamic and Christian traditions with Professor Mona Siddiqui. 20th to 29th September at University of Aberdeen . <a href="http://www.abdn.ac.uk/gifford/">www.abdn.ac.uk/gifford/</a>	
MEDJUGORJE	
Some people are planning to go to Medjugorje from 22 to 29 October 2016. Flights will depart from Aberdeen. Total cost for return flights, transfer coach, bed, breakfast and dinner is £650. Fr. Keith Herrera will accompany the group as spiritual director. If you are interested in going, please contact Noeleen Dowling of Marian Pilgrimages. Tel. 0141-416-0048. Email address: <a href="mailto:noeleen@marian.ie">noeleen@marian.ie</a>	
OGILVIE CENTRE	
The Ogilvie Centre, located in the Cathedral complex (Cathedral side entrance at 16 Huntly Street—Climb the staircase to your left and ring the Ogilvie buzzer) is now open Monday, Tuesday, Wednesday, and Friday 10:30-12:30. The library has books on the spiritual life, theology, and philosophy that can be checked out or read on site. It's a great resource which is freely available to all parishioners. For further information contact Sr. Christiana, OP on 01343 547806 (Greyfriars Convent)	

Weekly Calendar	
Mon	<b>The Big Picture</b> Main Hall from 11am - 12noon Contact: Sr Mary Joseph 01224 970812 <b>Mother &amp; Toddler Group</b> For parents with young children. All ages welcome. Main Hall from 1pm-3 pm Contact: Yi-pei Chou <a href="mailto:hcu.turvey@gmail.com">hou.turvey@gmail.com</a> <b>Credo Community Meeting</b> Polish charismatic prayer group. Main Hall at 7.30pm . Contact: Fr Tomasz Klin SJ
Tue	<b>Magnificat Prayer Group</b> 7.30pm in the Main Hall after Mass. Contact: Paul Akagwu <a href="mailto:pakagwu@gmail.com">pakagwu@gmail.com</a> <b>St. Vincent de Paul</b> Feeding the homeless Contact: Evelyn Murray
Wed	<b>Light Exercise Class for all</b> Lower Hall at 10:00am Contact: Laura Walker 0777 3 021 851 <a href="mailto:laura@laurawalkerlimited.co.uk">laura@laurawalkerlimited.co.uk</a> <b>Seniors Club</b> Speakers, fun & fellowship Main Hall at 2 pm every 2 weeks Contact: Winnie on 01224 632 465. <b>African Choir</b> For Africans and anyone else. Upper Hall from 6 - 8.00pm Contact: Patricia Malikebu 07891 714 549
Thu	<b>Healing of Memories</b> Prayer for the healing of painful memories of the past to bring peace to the present. Clergy House at 2.30pm (by appointment) Contact: Deacon Tony <b>Legion of Mary</b> Members serve the Church as needed Lower Hall at 5.30pm Contact: Nogie Osula <a href="mailto:nogisula@yahoo.com">nogisula@yahoo.com</a> <b>Cenacolo Prayer Group</b> Exposition & Rosary praying for healing of those with addictions Church after Mass Contact: Liam Sharkey 07774 931 996 <a href="mailto:liam.sharkey@fsmail.net">liam.sharkey@fsmail.net</a> <b>Band Practice</b> Contemporary music for Sunday 6pm Mass Upper Hall after Mass Contact: John Costaschuk <a href="mailto:john.costaschuk@gmail.com">john.costaschuk@gmail.com</a>
Fri	<b>Altar Servers’ Practice</b> Church from 6.00 to 7.00pm Contact: Simon <a href="mailto:bebbie_no1@hotmail.com">bebbie_no1@hotmail.com</a> <b>Youth Groups</b> For teenagers between 11 & 17 Upper Hall 7pm to 9pm Contact: St. Andrew’s Community 07754 891 808 <a href="mailto:standrewscommunity@cathedral-abdn.org">standrewscommunity@cathedral-abdn.org</a>
Sat	<b>Church Cleaning</b> Church at 10.30am Contact: Joyce Webster 01224 319 154 <b>Saturday Club</b> Informal social gathering, includes prayer Main Hall from 4pm to 7pm Contact: Aneta Sieminska 07415 321 792 <b>African Choir</b> (As above) Upper Hall from 6 - 8.00pm
Sun	<b>11:15 Choir Rehearsal</b> Leading the music for 11.15 Sunday Mass Upper Hall 10.00am Contact: Shelagh Noden