

Entrance Antiphon

Turn your eyes, O God, our shield;
and look on the face of your anointed one;
one day within your courts
is better than a thousand elsewhere.

Ps 83: 10-11

Collect

O God, who have prepared for those who love you
good things which no eye can see,
fill our hearts, we pray, with the warmth of your love,
so that, loving you in all things and above all things,
we may attain your promises,
which surpass every human desire.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

First reading

Jeremiah 38:4-6,8-10

The king's leading men spoke to the king. 'Let Jeremiah be put to death: he is unquestionably disheartening the remaining soldiers in the city, and all the people too, by talking like this. The fellow does not have the welfare of this people at heart so much as its ruin.' 'He is in your hands as you know,' King Zedekiah answered 'for the king is powerless against you.' So they took Jeremiah and threw him into the well of Prince Malchiah in the Court of the Guard, letting him down with ropes. There was no water in the well, only mud, and into the mud Jeremiah sank.

Ebed-melech came out from the palace and spoke to the king. 'My lord king,' he said 'these men have done a wicked thing by treating the prophet Jeremiah like this: they have thrown him into the well, where he will die.' At this the king gave Ebed-melech the Cushite the following order: 'Take three men with you from here and pull the prophet Jeremiah out of the well before he dies.'

Psalm

Psalm 39:2-4,18

Lord, come to my aid!

I waited, I waited for the Lord
and he stooped down to me;
he heard my cry. **R.**

He drew me from the deadly pit,
from the miry clay.
He set my feet upon a rock
and made my footsteps firm. **R.**

He put a new song into my mouth,
praise of our God.
Many shall see and fear
and shall trust in the Lord. **R.**

As for me, wretched and poor,
the Lord thinks of me.
You are my rescuer, my help,
O God, do not delay. **R.**

Second reading

Hebrews 12:1-4

With so many witnesses in a great cloud on every side of us, we too, then, should throw off everything that hinders us, especially the sin that clings so easily, and keep running steadily in the race we have started. Let us not lose sight of Jesus, who leads us in our faith and brings it to perfection: for the sake of the joy which was still in the

future, he endured the cross, disregarding the shameful of it, and from now on has taken his place at the right of God's throne. Think of the way he stood such opposition from sinners and then you will not give up for want of courage. In the fight against sin, you have not yet had to keep fighting to the point of death.

Gospel Acclamation

cf.Ac16:14

Alleluia, alleluia!
Open our heart, O Lord,
to accept the words of your Son.
Alleluia!

Gospel

Luke 12:49-53

Jesus said to his disciples: 'I have come to bring fire to the earth, and how I wish it were blazing already! There is a baptism I must still receive, and how great is my distress till it is over!

'Do you suppose that I am here to bring peace on earth? No, I tell you, but rather division. For from now on a household of five will be divided: three against two and two against three; the father divided against the son, son against father, mother against daughter, daughter against mother, mother-in-law against daughter-in-law, daughter-in-law against mother-in-law.'

Prayer over the Offerings

Receive our oblation, O Lord,
by which is brought about a glorious exchange,
that, by offering what you have given,
we may merit to receive your very self.
Through Christ our Lord.

Communion Antiphon

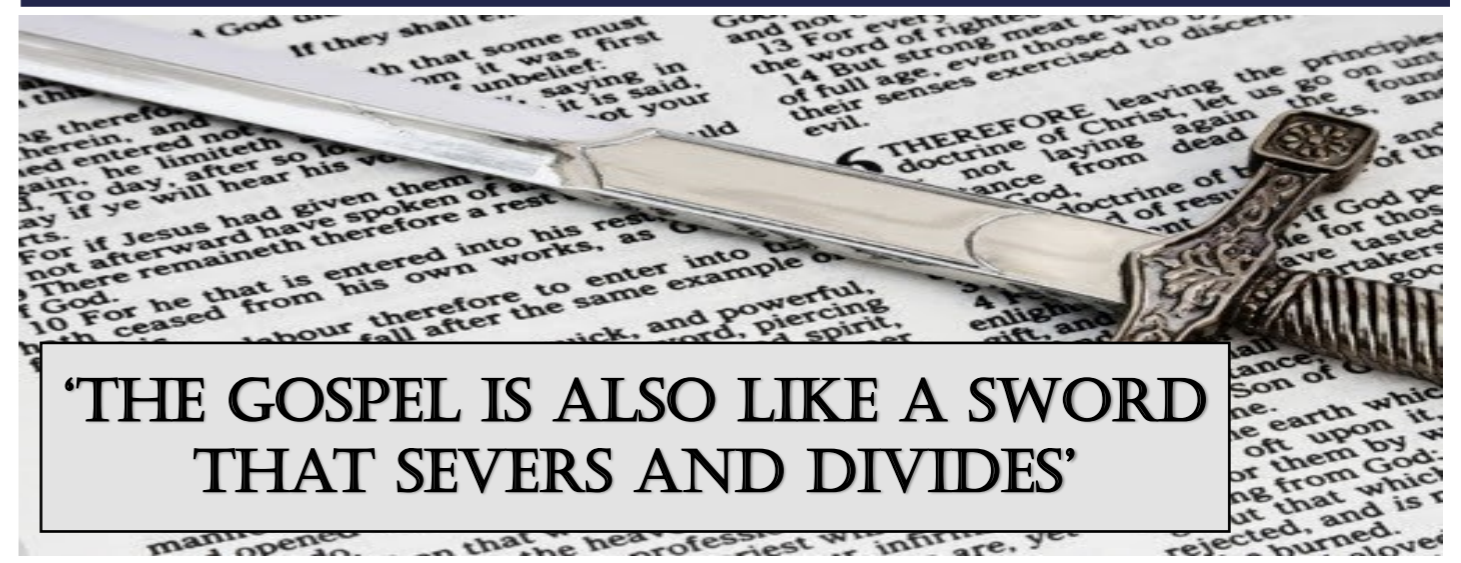
Ps 129: 7

With the Lord there is mercy;
in him is plentiful redemption.

Prayer after Communion

Made partakers of Christ through these Sacraments,
we humbly implore your mercy, Lord,
that, conformed to his image on earth,
we may merit also to be his coheirs in heaven.
Who lives and reigns for ever and ever.

Sunday 11.15am Mass		
Entrance Hymn	110	Alleluia, sing to Jesus
Offertory	255	Fight the good fight
Communion		Christ be near at either had (choir)
Salve Regina		
Recessional		Organ voluntary



MEDITATION

"I have come to light a fire... to receive a baptism... to sow division". Although it is the see of unity, the gospel is also like a sword that severs and divides. When Luke wrote this paragraph, Christians were living through difficult times and tragic circumstances. Internal ruptures and external persecutions fostered confusion and conflict. Family members opposed each other, betrayed each other, turned each other in to the courts. This was all done in the name of the One who ultimately establishes peace on earth.

One of the paradoxes of Christianity is that it brings both war and peace. Jesus, who said, "I give you my peace", provokes torment and disturbance, for it is a fire he came to bring, not holy water. Charity will not always flourish in a saccharine climate where all conflicts are covered over. Adult life cannot develop without self-assertion That does not exclude respect for persons, with their limitations and need for privacy. Jesus does not allow us to evade the general law of human relationships.

True charity does not fear to face all the forms of darkness which oppress human society. The Church must sometimes be a catalyst for conflict in the world. In our day we are looking with a more critical eye at the compromises we have made with the established order. We are rediscovering the bitter taste of a gospel which calls all humanity to radical change.

Vienna International Religious Centre



Clergy & Staff

Administrator: Fr. Keith Herrera
01224 640 160
administrator@cathedral-abdn.org

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(Polish Chaplain) curate1@cathedral-abdn.org

Deacon: Deacon Tony Schmitz
deacon@cathedral-abdn.org

Visiting Priest: Fr Paul Igwegbe 7466 442 416
pigwegbe@gmail.com

Holy Family Sisters of Needy: holyfamilysrs@yahoo.co.uk
01224 970812

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youth@StAndrewX.org

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fiona.j.mitchell@hotmail.co.uk
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www.scottishcatholicsafeguarding.org.uk

Music Director: Shelagh Noden
music@cathedral-abdn.org

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Parish Office

Telephone: 01224 640 160

Manager: Robin Harding
manager@cathedral-abdn.org

Secretary: Cowan Watson
secretary@cathedral-abdn.org

Finance/Gift Aid: John Costello
finance@cathedral-abdn.org

Bulletin: bulletin@cathedral-abdn.org
Notices to be in by Tuesday evening

Hall Bookings: halls@cathedral-abdn.org
Call between 9am & 1pm only
Terms & Conditions see Parish website

Liturgical Ministries

Head Sacristan: Jacqueline Armstrong
jacquelinearmstr@hotmail.com

Readers: Fiona Mitchell
fiona.j.mitchell@hotmail.co.uk

Euch. Ministers: John MacKinnon 07926 628 941
johnmackinnon2602@hotmail.co.uk

Welcomers: Gordon Webster 01224 592 246
webster200@btinternet.com

Collectors: Diego Mejias Morffe 07960 325 046
dmejiasmorffe@gmail.com

Altar Servers: George Brand
geobra@msn.com

Flowers: Pixie Mather 01224 321 953

Notices

Adoration: Monday-Friday 7.30am-12.30pm

Confessions: Tuesdays 6pm
Saturdays 10.30am & 6pm

Morning Prayer: Monday - Friday 7.30am
Saturdays 9.40am

Evening Prayer: Thursdays 6.30pm

Night Prayer: Thursdays 8.30pm

Rosary: Saturdays 10.30pm

Housebound? John MacKinnon (See above)
To arrange communion visits

Coeliacs: Please speak to a member of the clergy
before Mass to arrange communion

Sunday Coffees: Aneta Sieminska 07415 321 792

Natural Family Planning (NFP) nfp@cathedral-abdn.org

Mass Times				
Date	Details	Service	Time	Mass Intentions
Sun 14th	20th Sunday in Ordinary Time	Mass Polish Mass Solemn Mass Polish Mass Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	Ronan Porter RIP Parish Intentions
Mon 15th	The Assumption of the Blessed Virgin Mary	Mass Mass	7.00am 12.30pm	Intentions of Obi and Mary Intentions of Amy Watson
Tue 16th	Saint Stephen of Hungary	Mass Mass	7.00am 7.00pm	Thanksgiving Samuel Manoj Austin Murray RIP
Wed 17th		Mass Mass	7.00am 12.30pm	Margaret Violet Clifford Paul & Ucheiyona Onyemalu
Thu 18th		Mass Mass	7.00am 7.00pm	Thanksgiving Reny Manoj Intentions of Aby Thomas
Fri 19th	Saint John Eudes, Priest	Mass Mass Mass	7.00am 12.30pm	Intentions of Alex McLaughlin Intentions of Cowan Watson
Sat 20th	Saint Bernard, Abbot, Doctor	Mass Vigil Mass	10.00am 7.00pm	Isabelle D'Souza Thanksgiving Obi and Mary
Sun 21st	21st Sunday in Ordinary Time	Mass Polish Mass Solemn Mass Polish Mass Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	Emmanuela & Kerechukwu Parish Intentions

Mass Intention Envelopes

At the back of the Church. Print details and post through Clergy House letter box. Recommended offering for each Mass is £5.

It may not always be possible for Mass to be celebrated on your preferred date or at the Cathedral itself. Sunday 11:15 Mass is normally reserved for the Administrator's or Bishop's Intentions for the Parish or Diocese

OFFERTORY: £1,511.00 POLISH: £745.33

SVdP


Box Collection:	£212.79		Our grateful thanks must go to all those people who support us.
Polish collection:	£44.13		
Anon Donation:	£400.00		
Food Spend:	£155.70		

Thank You all.

Youth


WORLD YOUTH DAY—MASS OF THANKSGIVING

The St Andrew Community and WYD young people invite all parishioners to the WYD Thanksgiving Mass and Tea. Please join us Tuesday 16 August 2016 for Mass at 7pm followed by the Tea which will include testimonies, slide shows and light refreshments.



ALTAR SERVERS

Altar server training will start again on Friday 26th August from 6pm to 7pm in the Cathedral



Happiness is Serving at the altar at St Mary's

CATHOLIC RELIGIOUS EDUCATION FOR PUPILS OF ABERDEEN CITY COUNCIL SECONDARY SCHOOLS


There is still time to register for Catholic Religious Education Classes 2016/17. Telephone or email Laura Thomson of Aberdeen City Council by e-mail :- LaThomson@aberdeencity.gov.uk or telephone 01224 523909. Classes are at Harlaw Academy 4pm to 5pm, S1 Monday, S2 Tuesday, S3 Wednesday, S4 Thursday, beginning week of August 22nd 2016.

PARISH VISITATIONS

The Holy Family Sisters of the Needy will be visiting parishioners over the next few months. If you would like a visit, please contact them on 07863 065 345

SCREENED MASS

Please use the hall, especially if your child becomes restless during Mass. Thank you.



Cathedral

An inspiring and practical series aimed at everyone to help you encounter the Holy Spirit and empower you to share your faith. The six sessions cover:

- The Father's Loving plan
- The Joy of the Gospel
- The Gift of the Spirit
- Unwrapping God's Gift
- Encountering God's Spirit
- Living in the Spirit

Tuesdays at 7.45 pm in Main Hall.




the marriage course formula
fantastic atmosphere romantic meal for two
practical talks couple discussion times
NO GROUP WORK!

If you'd like to set aside some time to invest in your marriage, to deepen or refresh your relationship, sign up for our Marriage Course beginning Wednesday 17th August from 6.30pm to 9.00pm in the Main Hall. A great opportunity for those couples who have been married for two years or more. All enquiries to Marta Wachucik, Marriage Course Coordinator, Mob: 07775437625, email: marriagecourse.st.mary@gmail.com or see the Cathedral website where you can sign up for the course directly.

APOSTLESHIP OF THE SEA

There will be a second collection next week for the Apostleship of the Sea which provides practical and spiritual support to seafarers visiting our ports and is wholly dependent on voluntary donations.

SACRAMENTAL PREPARATION CLASSES FOR CHILDREN NOT ATTENDING A CATHOLIC SCHOOL.

These classes are scheduled to begin after the October break, 2016. Please register your child online NOW at www.stmaryscathedralaberdeen.org



CATHEDRAL BOOKS & GIFT SHOP

BOOKS OF THE MONTH:

We meditate on the Immaculate Heart of our Blessed Mother and all the love that she has for us.

Our Lady Untier of Knots - £2.50
Loving Mary (what Pope Francis says) - £2.50
2 beautiful books to read

Large selection of children's books and bibles, new order just arrived.
Birthstone rosaries - large wall rosaries
Our Lady of Aberdeen medals and prayer cards in stock now, £1.50.
We have a small selection of holy water containers containing holy water from Lourdes.
Selection of lovely cards for all occasions.

The shop is open every day before and after Mass, Monday to Friday and Saturday till 1pm. Sunday all day. The shop is closed during Mass.

MEDICINE FOR VENEZUELA

Thanks to your generosity we have collected 10 boxes of medicine for Venezuela. We now need to 30 volunteers to help make an inventory of all the medicines before they can be sent. This will take place on Saturday 20th and Sunday 21st August from 2 to 5:30pm in the Cathedral Lower Hall. If you can help then please contact Diego on 077960325046 or dmejiasmorffe@gmail.com. (for those who can, laptop would be helpful).

DOORS OPEN DAY

The Cathedral will be taking part in 'Doors Open Day' this year which takes place on September 10. If you would like to be a 'Cathedral Welcomer' for the day please add your name beside the appropriate time slot on the rota sheet you will find at the back of the church. Thank you.

Deanery & Diocese

GODLY PLAY

Discovery day to learn about Godly Play, a children's liturgy program based on story telling. Saturday, 27th August at Queens Cross Church, Albyn place, Aberdeen from 10am till 4pm. Cost is £15 for the day incl. lunch.



To book: alex@godlyplayscotland.co.uk.

ST MARY'S MONASTERY KINNOULL, RETREAT

Our Journey to Wholeness: Embraced by Mercy
5 - 9 September 2016
Led by Fr Jim McManus C.Ss.R. and Miss Marie Hogg
For further information: Tel. 01738 624 075 or e-mail info@kinnoullmonastery.co.uk
See poster at the back of the church.

NATIONAL PILGRIMAGE TO CARFIN

Pilgrimage in the Jubilee Year of Mercy in honour of St Margaret, Patroness of Scotland. Sunday 7th September. See notice board for further details.

THE 2016 GIFFORD LECTURES

Struggle, Suffering and Hope: Explorations in Islamic and Christian traditions with Professor Mona Siddiqui. 20th to 29th September at University of Aberdeen. www.abdn.ac.uk/gifford/

MEDJUGORJE

Some people are planning to go to Medjugorje from 22 to 29 October 2016. Flights will depart from Aberdeen. Total cost for return flights, transfer coach, bed, breakfast and dinner is £650. Fr. Keith He will accompany the group as spiritual director. If you are interested in going, please contact Noeleen Dowling of Marian Pilgrimages. Tel. 0141-416-0048. Email address: noeleen@marian.ie



OGLIVIE CENTRE

The Ogilvie Centre, located in the Cathedral complex (Cathedral side entrance at 16 Huntly Street—Climb the staircase to your left and ring the Ogilvie buzzer) is now open Monday, Tuesday, Wednesday, and Friday 10:30-12:30. The library has books on the spiritual life, theology, and philosophy that can be checked out or read on site. It's a great resource which is freely available to all parishioners.
For further information contact Sr. Christiana, OP on 01343 547806 (Greyfriars Convent)

Weekly Calendar	
Mon	The Big Picture Main Hall from 11am - 12noon Contact: Sr Mary Joseph 01224 970812 Mother & Toddler Group For parents with young children. All ages welcome. Main Hall from 1pm-3 pm Contact: Yi-pei Chou chou.turvey@gmail.com Credo Community Meeting Polish charismatic prayer group. Main Hall at 7.30pm Contact: Fr Tomasz Klin SJ
Tue	Magnificat Prayer Group 7.30pm in the Main Hall after Mass. Contact: Paul Akagwu pakagwu@gmail.com St. Vincent de Paul Feeding the homeless Contact: Evelyn Murray
Wed	Light Exercise Class for all Lower Hall at 10:00am Contact: Laura Walker 0777 3 021 851 laura@laurawalkerlimited.co.uk Seniors Club Speakers, fun & fellowship Main Hall at 2 pm every 2 weeks Contact: Winnie on 01224 632 465. African Choir For Africans and anyone else. Upper Hall from 6 - 8.00pm Contact: Patricia Malikebu 07891 714 549
Thu	Healing of Memories Prayer for the healing of painful memories of the past to bring peace to the present. Clergy House at 2.30pm (by appointment) Contact: Deacon Tony Legion of Mary Members serve the Church as needed Lower Hall at 5.30pm Contact: Nogie Osula nogisula@yahoo.com Cenacolo Prayer Group Exposition & Rosary praying for healing of those with addictions Church after Mass Contact: Liam Sharkey 07774 931 996 liam.sharkey@fsmail.net Band Practice Contemporary music for Sunday 6pm Mass Upper Hall after Mass Contact: John Costaschuk john.costaschuk@googlemail.com
Fri	Altar Servers' Practice Church from 6.00 to 7.00pm Contact: Simon begbie_no1@hotmail.com Youth Groups For teenagers between 11 & 17 Upper Hall 7pm to 9pm Contact: St. Andrew's Community 07754 891 808 standrewscommunity@cathedral-abdn.org
Sat	Church Cleaning Church at 10.30am Contact: Joyce Webster 01224 319 154 Saturday Club Informal social gathering, includes prayer Main Hall from 4pm to 7pm Contact: Aneta Sieminska 07415 321 792 African Choir (As above) Upper Hall from 6 - 8.00pm
Sun	11:15 Choir Rehearsal Leading the music for 11.15 Sunday Mass Upper Hall 10.00am Contact: Shelagh Noden