

Entrance Antiphon

Cf. Ps 85: 3, 5

Have mercy on me, O Lord, for I cry to you all the day long.
O Lord, you are good and forgiving,
full of mercy to all who call to you.

Collect

God of might, giver of every good gift,
put into our hearts the love of your name,
so that, by deepening our sense of reverence,
you may nurture in us what is good
and, by your watchful care,
keep safe what you have nurtured.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

First reading

Ecclesiasticus 3:19-21,30-31

My son, be gentle in carrying out your business,
and you will be better loved than a lavish giver.
The greater you are, the more you should behave humbly,
and then you will find favour with the Lord;
for great though the power of the Lord is,
he accepts the homage of the humble.
There is no cure for the proud man’s malady,
since an evil growth has taken root in him.
The heart of a sensible man will reflect on parables,
an attentive ear is the sage’s dream.

Psalm

Psalm 67:4-7,10-11

In your goodness, O God, you prepared a home for the poor.

The just shall rejoice at the presence of God,
they shall exult and dance for joy.
O sing to the Lord, make music to his name;
rejoice in the Lord, exult at his presence.

In your goodness, O God, you prepared a home for the poor.

Father of the orphan, defender of the widow,
such is God in his holy place.
God gives the lonely a home to live in;
he leads the prisoners forth into freedom:

In your goodness, O God, you prepared a home for the poor.

You poured down, O God, a generous rain:
when your people were starved you gave them new life.
It was there that your people found a home,
prepared in your goodness, O God, for the poor.

In your goodness, O God, you prepared a home for the poor.

Second reading

Hebrews 12:18-19,22-24

What you have come to is nothing known to the senses: not a blazing fire, or a gloom turning to total darkness, or a storm; or trumpeting thunder or the great voice speaking which made everyone that heard it beg that no more should be said to them. But what you have come to is Mount Zion and the city of the living God, the heavenly Jerusalem where the millions of angels have gathered for the festival, with the whole Church in which everyone is a ‘first-born son’ and a citizen of heaven. You have come to God himself, the supreme Judge, and been placed with spirits of the saints who have been made perfect; and to Jesus, the mediator who brings a new covenant and a blood for purification which pleads more insistently than Abel’s.

Gospel Acclamation

Jn14:23

Alleluia, alleluia!
If anyone loves me he will keep my word,
and my Father will love him,
and we shall come to him.
Alleluia!

Gospel

Luke 14:1,7-14

On a sabbath day Jesus had gone for a meal to the house of one of the leading Pharisees; and they watched him closely. He then told the guests a parable, because he had noticed how they picked the places of honour. He said this, ‘When someone invites you to a wedding feast, do not take your seat in the place of honour. A more distinguished person than you may have been invited, and the person who invited you both may come and say, “Give up your place to this man.” And then, to your embarrassment, you would have to go and take the lowest place. No; when you are a guest, make your way to the lowest place and sit there, so that, when your host comes, he may say, “My friend, move up higher.” In that way, everyone with you at the table will see you honoured. For everyone who exalts himself will be humbled, and the man who humbles himself will be exalted.’

Then he said to his host, ‘When you give a lunch or a dinner, do not ask your friends, brothers, relations or rich neighbours, for fear they repay your courtesy by inviting you in return. No; when you have a party, invite the poor, the crippled, the lame, the blind; that they cannot pay you back means that you are fortunate, because repayment will be made to you when the virtuous rise again.’

Prayer over the Offerings

May this sacred offering, O Lord,
confer on us always the blessing of salvation,
that what it celebrates in mystery
it may accomplish in power.
Through Christ our Lord.

Communion Antiphon

Ps 30: 20

How great is the goodness, Lord,
that you keep for those who fear you.

Prayer after Communion

Renewed by this bread from the heavenly table,
we beseech you, Lord,
that, being the food of charity,
it may confirm our hearts
and stir us to serve you in our neighbour.
Through Christ our Lord.

Sunday 11.15am Mass		
Entrance Hymn	461	Love Divine (tune Blaenwern)
Offertory	Choir	To you, Father, I lift up my soul
Communion 1	635	Sweet Sacrament Divine
Communion 2		
Salve Regina	597	
Recessional		Organ voluntary



St. Mary's Cathedral

20 Huntly Street. Aberdeen AB10 1SH

www.stmaryscathedralaberdeen.org



MEDITATION




At the banquet of life, we do not hesitate to elbow other people out of the way to get the best places. But Jesus shows us how different this is from the kingdom. To enter his reign we must be humble. Gospel humility is not a religious sadomasochism motivated by self-hatred or obsequiousness. Assertiveness and humility are not mutually exclusive. They both require that we be true to our dignity as image of God. Jesus who was in the form of God left the first place to take the last. That is why "God highly exalted him" (Ph 2:6-9). In a second meal image we find another warning against clever calculation. Our invitation list must include those who have no means to repay us. Christ, who is found in these least ones (Mt 25:31-46), will return the invitation in the banquet of the kingdom.




Vienna International Religious Centre



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Liturgical Ministries	
Head Sacristan:	Jacqueline Armstrong jacquelinearmstr@hotmail.com
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Collectors:	Diego Mejias Morffe 07960 325 046 dmejiasmorffe@gmail.com
Altar Servers:	George Brand geobra@msn.com
Flowers:	Pixie Mather 01224 321 953
Notices	
Adoration:	Monday-Friday 7.30am-12.30pm
Confessions:	Tuesdays 6pm Saturdays 10.30am & 6pm
Morning Prayer:	Monday - Friday 7.30am Saturdays 9.40am
Evening Prayer:	Thursdays 6.30pm
Night Prayer:	Thursdays 8.30pm
Rosary:	Saturdays 10.30pm
Housebound?	John MacKinnon (See above) To arrange communion visits
Coeliacs:	Please speak to a member of the clergy before Mass to arrange communion
Sunday Coffees:	Aneta Sieminska 07415 321 792
Natural Family Planning (NFP)	Margaret Hammond nfp@cathedral-abdn.org

Mass Times				
Date	Details	Service	Time	Mass Intentions
Sun 28th	22nd Sunday in Ordinary Time	Mass Polish Mass Solemn Mass Polish Mass Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	Intentions of Orim & Family Fergus Cooney RIP Parish Intentions
Mon 29th		Mass Mass	7.00am 12.30pm	Thanksgiving Mr&Mrs Fernades Adolphus Iro RIP
Tue 30th		Mass Mass	7.00am 7.00pm	Vera Ferrap RIP Peter & Irma Allan & family
Wed 31st		Mass Mass	7.00am 12.30pm	Lee Pascal Gonsalves RIP Intentions of Cowan Watson
Thu 1st		Mass Mass	7.00am 7.00pm	Aleyamma Mathew RIP Joseph Neenthua Kadaue RIP
Fri 2nd		Mass Mass	7.00am 12.30pm	Intentions of Patricia Monaghan Lita Lua & Family
Sat 3rd		Mass Vigil Mass	10.00am 7.00pm	Thanksgiving Sister Magdalena Intentions of Helen & Stanley
Sun 4th	23rd Sunday in Ordinary Time	Mass Polish Mass Solemn Mass Polish Mass Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	Thanksgiving J. P. Chukwuemeka Eileen and Family Thanksgiving health/education
Mass Intention Envelopes				
At the back of the Church. Print details and post through Clergy House letter box.		Recommended offering for each Mass is £5.		
It may not always be possible for Mass to be celebrated on your preferred date or at the Cathedral itself.		Sunday 11:15 Mass is normally reserved for the Administrator's or Bishop's Intentions for the Parish or Diocese		
OFFERTORY: £1,341.00 POLISH: £891.00 POLISH GIFT AID: £132.50 SECOND C.:				
SVdP Box Collection: 174.58 Polish collection: £24.64 Food Spend: £143.00 Socks and underwear £40.00		 Our grateful thanks must go to all those people who support us. Thank You all.		
Youth				
SACRAMENTAL PREPARATION CLASSES FOR CHILDREN NOT ATTENDING A CATHOLIC SCHOOL. These classes are scheduled to begin after the October break, 2016. Please register your Child online NOW at www.stmaryscathedralaberdeen.org 		ALTAR SERVERS Altar server training takes place on Fridays from 6pm to 7pm in the Cathedral 		
ABERDEEN CITY COUNCIL CATHOLIC RELIGIOUS EDUCATION FOR SECONDARY SCHOOL PUPILS Aberdeen City Council is re-introducing weekly Catholic Religious Education for young people who are pupils of City Council Secondary Schools. Classes will be held in Harlaw Academy from 4pm until 5pm: First Year on Mondays, Second Year on Tuesdays, Third Year on Wednesdays and Fourth Year on Thursdays. Pupils will be provided with a snack and a soft drink before the beginning of each class. The courses will be based on 'This is Our Faith', approved by the Bishops of Scotland. The classes will be taught by an experienced, successful and fully qualified teacher of Religious and Moral Education. Classes will begin on Monday August 22nd for First Year, Tuesday 23rd for Second Year, Wednesday 24th for Third Year and Thursday 25th for Fourth Year. On those dates young people who have registered for membership of a class should go to the main reception at Harlaw Academy at 4pm. For further details and to register your child please contact Gary Giles of Aberdeen City Council by e-mail (GGiles@aberdeencity.gov.uk) or telephone 01224 523914.				

Cathedral
SICK AND RETIRED PRIESTS There will be a second collection next Sunday to helps support those who have served as our priests for decades and who have now retired due to age or ill-health.
The next healing service will be held in the Cathedral on Thursday 1st September, after the 7pm Mass. Rosary, Praise and prayer. All welcome.
IN THE LIGHT OF THE AFRICAN FOOD CRISIS PLEASE CONTINUE TO PRAY FOR THE PEOPLE OF AFRICA Merciful Father, Open our eyes to the plight Of our sisters and brothers in Africa And teach us to share our daily brez With those who go hungry Amen (www.sciaf.org.uk) 
CATHEDRAL BOOKS & GIFT SHOP BOOKS OF THE MONTH: We meditate on the Immaculate Heart of our Blessed Mother and all the love that she has for us. Our Lady Untier of Knots - £2.50 Loving Mary (what Pope Francis says) - £2.50 2 beautiful books to read Large selection of children's books and bibles, new order just arrived. Birthstone rosaries - large wall rosaries Our Lady of Aberdeen medals and prayer cards in stock now, £1.50. We have a small selection of holy water containers containing holy water from Lourdes. Selection of lovely cards for all occasions. The shop is open every day before and after Mass, Monday to Friday and Saturday till 1pm. Sunday all day. The shop is closed during Mass.
DOORS OPEN DAY The Cathedral will be taking part in 'Doors Open Day' this year which takes place on September 10. If you would like to be a 'Cathedral Welcomer' for the day please add your name beside the appropriate time slot on the rota sheet you will find at the back of the church. Thank you.
Deanery & Diocese
Return to the heart of Mercy A day of Reconciliation and Healing at St Columba's, Bridge of Don, Saturday 3rd September starting with Holy Mass at 10am celebrated by Bishop Hugh. Bishop Hugh will be the main speaker. Teas, coffees, soup, bread and fruit will be provided. The event will end by 4.30pm.
UPLIFTING WALKS Saturday 3rd September from Fochabers to Buckie visiting some of the most historic Churches in Moray. Day will include church visits, personal prayer time and end with Vigil Mass in Buckie. Registration and further information from our website: upliftingwalks.wordpress.com or contact: sabrina@rediscovered.me
ST MARY'S MONASTERY KINNOULL, RETREAT Our Journey to Wholeness: Embraced by Mercy 5 - 9 September 2016 Led by Fr Jim McManus C.Ss.R. and Miss Marie Hogg For further information: Tel. 01738 624 075 or e-mail info@kinnoullmonastery.co.uk See poster at the back of the church.

Deanery & Diocese	Weekly Calendar
NATIONAL PILGRIMAGE TO CARFIN Pilgrimage in the Jubilee Year of Mercy in honour of St Margaret, Patroness of Scotland. Sunday 7th September. See notice board for further details.	Mother & Toddler Group For parents with young children. All ages welcome. Main Hall from 1pm-3 pm Contact: Yi-pei Chou chou.turvey@gmail.com Credo Community Meeting Polish charismatic prayer group. Main Hall at 7.30pm . Contact: Fr Tomasz Klin SJ
ABERDEEN KONKANS Aberdeen Konkans celebrate the feast of the Nativity of Mother Mary on Saturday , 10th September at St Francis of Assisi Church, Mannofield. Mass at 6pm followed by showering of flowers and sharing of fellowship meal. If you would like to join the celebration please contact Juliana D'Costa. Tel 07919123510 /01224905725.	Magnificat Prayer Group 7.30pm in the Main Hall after Mass. Contact: Paul Akagwu pakagwu@gmail.com St. Vincent de Paul Feeding the homeless Contact: Evelyn Murray
40 DAYS FOR LIFE Do you sometimes feel almost helpless in the face of the advance of the Culture of Death? A major new prayer initiative is proposed. You are invited to Bishop's House on 14TH September at 7 pm for a presentation by Rose Docherty, Campaign Director, Glasgow, of 40 Days for Life. It would be really helpful if you could let Deacon Tony Schmitz know you will be coming. Please email him at tony.schmitz@gmail.com	Light Exercise Class for all Lower Hall at 10:00am Contact: Laura Walker 0777 3 021 851 laura@laurawalkerlimited.co.uk Seniors Club Speakers, fun & fellowship Main Hall at 2 pm every 2 weeks Contact: Winnie on 01224 632 465 Legion of Mary Chapter Room from 6pm to 7.30pm Contact: Nogie Osula nogisula@yahoo.co.uk The Marriage Course Main Hall from 6.30pm—9pm Contact: Marta Wachucik 07775437625 African Choir For Africans and anyone else. Upper Hall from 6 - 8.00pm Contact: Patricia Malikebu 07891 714 549
 INVITATION TO HEALING EVENT St Joseph's Primary School Hall 5 Queen's Road AB15 4XL Sat 10th & Sun 11th Sept from 10am to 5pm With Fr Laurence Brassill OSA Mrs Pauline Edwards & Team Opportunities for individual prayer Tea and coffee provided but please bring a packed lunch For further info. tel: 07904650633 Or email: tony.schmitz@gmail.com	Healing of Memories Prayer for the healing of painful memories of the past to bring peace to the present. Clergy House at 2.30pm (by appointment) Contact: Deacon Tony Cenacolo Prayer Group Exposition & Rosary praying for healing of those with addictions Church after Mass Contact: Liam Sharkey 07774 931 996 liam.sharkey@fsmail.net Band Practice Contemporary music for Sunday 6pm Mass Upper Hall after Mass Contact: John Costaschuk john.costaschuk@googlemail.com
OGILVIE CENTRE The Ogilvie Centre, located in the Cathedral complex (Cathedral side entrance at 16 Huntly Street—Climb the staircase to your left and ring the Ogilvie buzzer) is now open Monday, Tuesday, Wednesday, and Friday 10:30-12:30. The library has books on the spiritual life, theology, and philosophy that can be checked out or read on site. It's a great resource which is freely available to all parishioners. For further information contact Sr. Christiana, OP on 01343 547806 (Greyfriars Convent)	Altar Servers' Practice Church from 6.00 to 7.00pm Contact: Simon begbie_no1@hotmail.com Youth Groups For teenagers between 11 & 17 Upper Hall 7pm to 9pm Contact: St. Andrew's Community 07754 891 808 standrewscommunity@cathedral-abdn.org
HCPT (The Pilgrimage Trust) Group 118 Aberdeen - Newly re-established in Aberdeen this year we had a wonderful, happy & successful pilgrimage holiday to Lourdes at Easter. We are now preparing for our next trip at Easter 2017. Applications for next year have to submitted by the end of October. Do you know of a child who may benefit from this opportunity? We have places for children aged 10 to 18 who are disabled or disadvantaged in any way for the week long trip. Or are you over 18 and interested in volunteering as a helper with the group? For more information please contact Margaret Mackie on 01224 749718/ 07739140420 or Hilary Young on 07859901723.	Church Cleaning Church at 10.30am Contact: Joyce Webster 01224 319 154 Saturday Club Informal social gathering, includes prayer Main Hall from 4pm to 7pm Contact: Aneta Sieminska 07415 321 792 African Choir (As above) Upper Hall from 6 - 8.00pm
	11:15 Choir Rehearsal Leading the music for 11.15 Sunday Mass Upper Hall 10.00am Contact: Shelagh Noden