

**Entrance Antiphon**  
**Ps 118: 137, 124**  
You are just, O Lord, and your judgement is right;  
treat your servant in accord with your merciful love.

**Collect**  
O God, by whom we are redeemed and receive adoption,  
look graciously upon your beloved sons and daughters,  
that those who believe in Christ  
may receive true freedom  
And an everlasting inheritance.  
through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.

**First Reading**  
**Wisdom 9:13-18**  
What man indeed can know the intentions of God?  
Who can divine the will of the Lord?  
The reasonings of mortals are unsure  
and our intentions unstable;  
for a perishable body presses down the soul,  
and this tent of clay weighs down the teeming mind.  
It is hard enough for us to work out what is on earth,  
laborious to know what lies within our reach;  
who, then, can discover what is in the heavens?  
As for your intention, who could have learnt it, had you not  
granted Wisdom and sent your holy spirit from above?  
Thus have the paths of those on earth been straightened  
and men been taught what pleases you,  
and saved, by Wisdom.

**Psalm**  
**Psalm 89:3-6, 12-14, 17**  
*O Lord, you have been our refuge, from one generation to the next.*

You turn men back to dust  
and say: ‘Go back, sons of men.’  
To your eyes a thousand years  
are like yesterday, come and gone,  
no more than a watch in the night. **R.**

You sweep men away like a dream,  
like grass which springs up in the morning.  
In the morning it springs up and flowers:  
by evening it withers and fades. **R.**

Make us know the shortness of our life  
that we may gain wisdom of heart.  
Lord, relent! Is your anger for ever?  
Show pity to your servants. **R.**

In the morning, fill us with your love;  
we shall exult and rejoice all our days.  
Let the favour of the Lord be upon us:  
give success to the work of our hands. **R.**

**Second Reading**  
**Philemon 1:9-10, 12-17**  
This is Paul writing, an old man now and, what is more,  
still a prisoner of Christ Jesus. I am appealing to you for a child  
of mine, whose father I became while wearing these  
chains: I mean Onesimus. I am sending him back to you, and  
with him – I could say – a part of my own self. I should have

liked to keep him with me; he could have been a substitute  
for you, to help me while I am in the chains that the Good  
News has brought me. However, I did not want to do anything  
without your consent; it would have been forcing your act of  
kindness, which should be spontaneous. I know you have  
been deprived of Onesimus for a time, but it was only so that  
you could have him back for ever, not as a slave any  
more, but something much better than a slave, a dear broth-  
er; especially dear to me, but how much more to you, as a  
blood-brother as well as a brother in the Lord. So if all that  
we have in common means anything to you, welcome him  
as you would me.

**Gospel Acclamation**  
**Jn 15:15**  
Alleluia, Alleluia!  
I call you friends, says the Lord,  
because I have made known to you  
everything I have learnt from my Father.  
Alleluia!

**Gospel**  
**Luke 14:25-33**  
Great crowds accompanied Jesus on his way and he turned  
and spoke to them. If any man comes to me without hating  
his father, mother, wife, children, brothers, sisters, yes and  
his own life too, he cannot be my disciple. Anyone who does  
not carry his cross and come after me cannot be my disciple.  
‘And indeed, which of you here, intending to build a tower,  
would not first sit down and work out the cost to see if he had  
enough to complete it? Otherwise, if he laid the foundation  
and then found himself unable to finish the work, the onlook-  
ers would all start making fun of him and saying, “ Here is a  
man who started to build and was unable to finish.” Or again,  
what king marching to war against another king would not  
first sit down and consider whether with ten thousand men  
he could stand up to the other who advanced against him  
with twenty thousand? If not, then while the other king was  
still a long way off, he would send envoys to sue for peace. So  
in the same way, none of you can be my disciple unless he  
gives up all his possessions.’

**Communion Antiphon**  
**Cf. Ps 41: 2-3**  
Like the deer that yearns for running streams,  
so my soul is yearning for you, My God;  
my soul is thirsting for God, the living God.

Sunday 11.15am Mass		
Entrance Hymn	333	Holy God, we praise thy name
Offertory	168	Be thou my vision
Communion 1	choir	There is a redeemer
	597	Salve Regina
Recessional		Organ voluntary

# Sunday Bulletin

4th September 2016 • 23rd Sunday in Ordinary Time • Year C




## St. Mary's Cathedral

20 Huntly Street, Aberdeen AB10 1SH

[www.stmaryscathedralaberdeen.org](http://www.stmaryscathedralaberdeen.org)







### MEDITATION

It is not an easy way of life that Jesus proposes to the “great crowd that was with him”. His words are not addressed to a select few, the professional religious people, but to all who would follow him. He calls for radical renunciations. We must prefer nothing to the love of Christ, not even the strongest bonds of affection. To be his disciples, we must take up our cross and renounce everything. Is this reasonable? We have become so reasonable that most of the time we no longer show any of that gospel audacity which marks the authentic disciple of Jesus. In a world where the conditions of life are dominated by the idols of materialism, Jesus’ call demands heroic response. We are led to rediscover, in the gospel, the high cost of grace. In the invitation to radical detachment, the issue is attachment to a person, Jesus. We become what we love. If we love money, we will become money. If we love Christ, we will become children of God.


*Vienna International Religious Centre*



Clergy & Staff	
<b>Administrator:</b>	Fr. Keith Herrera 01224 640 160 <a href="mailto:administrator@cathedral-abdn.org">administrator@cathedral-abdn.org</a>
<b>Assistant Priest:</b>	Fr. Tomasz Klin 07402 099 944 (Polish Chaplain) <a href="mailto:curate1@cathedral-abdn.org">curate1@cathedral-abdn.org</a>
<b>Deacon:</b>	Deacon Tony Schmitz <a href="mailto:deacon@cathedral-abdn.org">deacon@cathedral-abdn.org</a>
<b>Visiting Priest</b>	Fr Paul Igwegbe 07466 442 416 <a href="mailto:pigwegbe@gmail.com">pigwegbe@gmail.com</a>
<b>Holy Family Sisters of Needy:</b>	07863 065 345 <a href="mailto:holyfamiliesrs@yahoo.co.uk">holyfamiliesrs@yahoo.co.uk</a> 01224 970812
<b>St Andrew Community:</b>	07754 891 808 <a href="mailto:standrewscommunity@cathedral-abdn.org">standrewscommunity@cathedral-abdn.org</a> Community Safeguarding: Charlene <a href="mailto:youth@StAndrewX.org">youth@StAndrewX.org</a>
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<b>Music Director:</b>	Shelagh Noden <a href="mailto:music@cathedral-abdn.org">music@cathedral-abdn.org</a>
<b>Shop Manager:</b>	Barbara Mearns <a href="mailto:shop@cathedral-abdn.org">shop@cathedral-abdn.org</a>
Parish Office	
<b>Telephone:</b>	01224 640 160
<b>Manager:</b>	Robin Harding <a href="mailto:manager@cathedral-abdn.org">manager@cathedral-abdn.org</a>
<b>Secretary:</b>	Cowan Watson <a href="mailto:secretary@cathedral-abdn.org">secretary@cathedral-abdn.org</a>
<b>Finance/Gift Aid:</b>	John Costello <a href="mailto:finance@cathedral-abdn.org">finance@cathedral-abdn.org</a>
<b>Bulletin:</b>	<a href="mailto:bulletin@cathedral-abdn.org">bulletin@cathedral-abdn.org</a> Notices to be in by Tuesday evening
<b>Hall Bookings:</b>	<a href="mailto:halls@cathedral-abdn.org">halls@cathedral-abdn.org</a> Call between 9am & 1pm only Terms & Conditions see Parish website
Liturgical Ministries	
<b>Head Sacristan:</b>	Jacqueline Armstrong <a href="mailto:jacquelinearmstr@hotmail.com">jacquelinearmstr@hotmail.com</a>
<b>Readers:</b>	Fiona Mitchell <a href="mailto:fiona.j.mitchell@hotmail.co.uk">fiona.j.mitchell@hotmail.co.uk</a>
<b>Euch. Ministers:</b>	John MacKinnon 07926 628 941 <a href="mailto:johnmackinnon2602@hotmail.co.uk">johnmackinnon2602@hotmail.co.uk</a>
<b>Welcomers:</b>	Gordon Webster 01224 592 246 <a href="mailto:webster200@btinternet.com">webster200@btinternet.com</a>
<b>Collectors:</b>	Diego Mejias Morffe 07960 325 046 <a href="mailto:dmejiasmorffe@gmail.com">dmejiasmorffe@gmail.com</a>
<b>Altar Servers:</b>	George Brand <a href="mailto:geobra@msn.com">geobra@msn.com</a>
<b>Flowers:</b>	Pixie Mather 01224 321 953
Notices	
<b>Adoration:</b>	Monday-Friday 7.30am-12.30pm
<b>Confessions:</b>	Tuesdays 6pm Saturdays 10.30am & 6pm
<b>Morning Prayer:</b>	Monday - Friday 7.30am Saturdays 9.40am
<b>Evening Prayer:</b>	Thursdays 6.30pm
<b>Night Prayer:</b>	Thursdays 8.30pm
<b>Rosary:</b>	Saturdays 10.30pm
<b>Housebound?</b>	John MacKinnon (See above) To arrange communion visits
<b>Coeliacs:</b>	Please speak to a member of the clergy before Mass to arrange communion
<b>Sunday Coffees:</b>	Aneta Sieminska 07415 321 792
<b>Natural Family Planning (NFP)</b>	Margaret Hammond <a href="mailto:nfp@cathedral-abdn.org">nfp@cathedral-abdn.org</a>

Mass Times				
Date	Details	Service	Time	Mass Intentions
Sun 4th	23rd Sunday in Ordinary Time	Mass	8.00am	Thanksgiving John Paul Chukwuemeka
		Polish Mass	9.30am	Eileen and Family
		Solemn Mass	11.15am	
		Polish Mass	3.00pm	
		Mass	6.00pm	Thanksgiving for health/education
Mon 5th		Mass	7.00am	Joseph Snanakajam RIP
		Mass	12.30pm	Margaret & Henry Whitley
Tue 6th		Mass	7.00am	Thanksgiving V. Fernandes
		Mass	7.00pm	Mary Neenthu Kadaue RIP
Wed 7th		Mass	7.00am	Thanksgiving Obioma Ekewe healing
		Mass	12.30pm	Uchenna Onyemau RIP
Thu 8th	Feast of the Nativity of the Blessed Virgin Mary	Mass	7.00am	Thanksgiving Obioma Ekewe healing
		Mass	7.00pm	Juliana Longa
Fri 9th		Mass	7.00am	Thanksgiving Obioma Ekewe healing
		Mass	12.30pm	Ramon Hernandez
Sat 10th		Mass	10.00am	Arabella John RIP
	Vigil Mass	7.00pm	Fr. Michael Alo. Cunnane RIP	
Sun 11th	24th Sunday in Ordinary Time	Mass	8.00am	Parish Intentions
		Polish Mass	9.30am	
		Solemn Mass	11.15am	
		Polish Mass	3.00pm	
		Mass	6.00pm	
				Marriage of Barrister Mary Adebola
Mass Intention Envelopes				
At the back of the Church. Print details and post through Clergy House letter box.			Recommended offering for each Mass is £5.	
It may not always be possible for Mass to be celebrated on your preferred date or at the Cathedral itself.			Sunday 11:15 Mass is normally reserved for the Administrator's or Bishop's Intentions for the Parish or Diocese	
OFFERTORY: £1,361.64		POLISH: £908.20		POLISH GIFT AID: £183.50
SVdP			Our grateful thanks must go to all those people who support us.	
Box Collection: 272.35			Thank You.	
Food Spend: £207.08				
Youth				
SACRAMENTAL PREPARATION CLASSES FOR CHILDREN NOT ATTENDING A CATHOLIC SCHOOL.			ALTAR SERVERS	
These classes are scheduled to begin after the October break.			Altar server training takes place on Fridays from 6pm to 7pm in the Cathedral	
Please register your Child online NOW at <a href="http://www.stmaryscathedralaberdeen.org">www.stmaryscathedralaberdeen.org</a>				
ABERDEEN CITY COUNCIL CATHOLIC RELIGIOUS EDUCATION FOR SECONDARY SCHOOL PUPILS				
Aberdeen City Council is re-introducing weekly Catholic Religious Education for young people who are pupils of City Council Secondary Schools. Classes will be held in Harlaw Academy from 4pm until 5pm: First Year on Mondays, Second Year on Tuesdays, Third Year on Wednesdays and Fourth Year on Thursdays. Pupils will be provided with a snack and a soft drink before the beginning of each class, The courses will be based on 'This is Our Faith', approved by the Bishops of Scotland. The classes will be taught by an experienced, successful and fully qualified teacher of Religious and Moral Education. Classes will continue on Monday September 5th for First Year, Tuesday 6th for Second Year, Wednesday 7th for Third Year and Thursday 8th for Fourth Year. On those dates young people who have registered for membership of a class should go to the main reception at Harlaw Academy at 4pm. For further details and to register your child please contact Gary Giles of Aberdeen City Council by e-mail ( <a href="mailto:GGiles@aberdeencity.gov.uk">GGiles@aberdeencity.gov.uk</a> ) or telephone 01224 523914.				

Cathedral
<b>SICK AND RETIRED PRIESTS</b> There will be a second collection today to help support those who have served as our priests for decades and who have now retired due to age or ill-health.
<b>BAPTISM</b> Congratulations to Hanna Hein, Christiana and Christabel Arojoye who were baptised on the 27th August. Please remember them in your prayers
<b>IN THE LIGHT OF THE AFRICAN FOOD CRISIS PLEASE CONTINUE TO PRAY FOR THE PEOPLE OF AFRICA</b> Merciful Father, Open our eyes to the plight Of our sisters and brothers in Africa And teach us to share our daily bread With those who go hungry Amen ( <a href="http://www.sciaf.org.uk">www.sciaf.org.uk</a> )
<b>BOOKSHOP</b> Book of the Month: <b>DOCAT</b> The latest best selling title in the YOUCAT series for young people – looks at the Church’ social teaching. <b>Giving Meaning to Suffering</b> by Guido Davanzo £2.50 Meditating on the mystery of suffering in Christian life. <b>The Church Made Anew</b> — Congregation for the doctrine of the faith. £3.95 CTS Numerous ecclesial groups have arisen before and since Vatican II constituting a great source of renewal for the Church and as a providential answer to communicating the gospel in a new way to the whole world. Wonderful reading. Get your copy now! <b>Large selection of cards for every occasion as well as rosaries, candles etc.</b> Shop is open all day on Sat 10th for Cathedral Doors Open Day and we look forward to meeting many of you then. Farewell to our volunteer Nohora as she moves back to Columbia. We wish her every blessing and will keep her in our prayers. We now have a vacancy for a bookshop volunteer. Interested? Apply at the shop. Shop is open <b>before</b> and <b>after</b> every Mass
<b>DOORS OPEN DAY</b> The Cathedral will be taking part in ‘Doors Open Day’ this year which takes place on September 10. If you would like to be a ‘Cathedral Welcomer’ for the day please add your name beside the appropriate time slot on the rota sheet you will find at the back of the church. Thank you.
Deanery & Diocese
<b>UPLIFTING WALKS</b> Due to lack of interest in our Walking Pilgrimage and for those who are interested, but are away on holiday or are busy, I have decided to postpone this walk until October. I hope this will give those who are interested a chance to come along in October. The date will follow in due course. I’m sorry for any inconvenience caused. Contact: <a href="mailto:sabrina@rediscovered.me">sabrina@rediscovered.me</a> or website: <a href="http://upliftingwalks.wordpress.com">upliftingwalks.wordpress.com</a> .
<b>ST MARY’S MONASTERY KINNOULL, RETREAT</b> Our Journey to Wholeness: Embraced by Mercy 5 - 9 September 2016 Led by Fr Jim McManus C.Ss.R. and Miss Marie Hogg For further information: Tel. 01738 624 075 or e-mail <a href="mailto:info@kinnoullmonastery.co.uk">info@kinnoullmonastery.co.uk</a> See poster at the back of the church.

Deanery & Diocese		Weekly Calendar	
<p><b>NATIONAL PILGRIMAGE TO CARFIN</b></p> <p>Pilgrimage in the Jubilee Year of Mercy in honour of St Margaret, Patroness of Scotland. Sunday 7th September. See notice board for further details.</p>		<p><b>Mon Mother &amp; Toddler Group</b></p> <p>For parents with young children. All ages welcome. Main Hall from 1pm-3 pm Contact: Yi-pei Chou <a href="mailto:chou.turvey@gmail.com">chou.turvey@gmail.com</a></p> <p><b>Credo Community Meeting</b></p> <p>Polish charismatic prayer group. Main Hall at 7.30pm . Contact: Fr Tomasz Klin SJ</p>	
<p><b>ABERDEEN KONKANS</b></p> <p>Aberdeen Konkans celebrate the feast of the Nativity of Mother Mary on Saturday , 10th September at St Francis of Assisi Church, Mannofield. Mass at 6pm followed by showering of flowers and sharing of fellowship meal. If you would like to join the celebration please contact: Juliana D'Costa. Tel 07919123510 /01224905725.</p>		<p><b>Tue Magnificat Prayer Group</b></p> <p>7.30pm in the Main Hall after Mass. Contact: Paul Akagwu <a href="mailto:pakagwu@gmail.com">pakagwu@gmail.com</a></p> <p><b>St. Vincent de Paul</b></p> <p>Feeding the homeless Contact: Evelyn Murray</p> <p><b>Cathedral Choir practice</b></p> <p>6.30pm in the Upper Hall.</p>	
<p><b>40 DAYS FOR LIFE</b></p> <p>Do you sometimes feel almost helpless in the face of the advance of the Culture of Death? A major new prayer initiative is proposed. You are invited to Bishop's House on 14TH September at 7 pm for a presentation by Rose Docherty, Campaign Director, Glasgow, of 40 Days for Life. It would be really helpful if you could let Deacon Tony Schmitz know you will be coming. Please email him at <a href="mailto:tony.schmitz@gmail.com">tony.schmitz@gmail.com</a></p>		<p><b>Wed Light Exercise Class for all</b></p> <p>Lower Hall at 10:00am Contact: Laura Walker 0777 3 021 851 <a href="http://laura@laurawalkerlimited.co.uk">laura@laurawalkerlimited.co.uk</a></p> <p><b>Seniors Club</b></p> <p>Speakers, fun &amp; fellowship Main Hall at 2 pm every 2 weeks Contact: Winnie on 01224 632 465</p> <p><b>Legion of Mary</b></p> <p>Chapter Room from 6pm to 7.30pm Contact: Nogie Osula <a href="mailto:nogisula@yahoo.com">nogisula@yahoo.com</a></p> <p><b>The Marriage Course</b></p> <p>Main Hall from 6.30pm—9pm Contact: Marta Wachucik 07775437625</p> <p><b>African Choir</b></p> <p>For Africans and anyone else. Upper Hall from 6 - 8.00pm Contact: Patricia Malikebu 07891 714 549</p>	
<p><b>THE 2016 GIFFORD LECTURES</b></p> <p>Struggle, Suffering and Hope: Explorations in Islamic and Christian traditions with Professor Mona Siddiqui. 20th to 29th September at University of Aberdeen . <a href="http://www.abdn.ac.uk/gifford/">www.abdn.ac.uk/gifford/</a></p>		<p><b>Thu Healing of Memories</b></p> <p>Prayer for the healing of painful memories of the past to bring peace to the present. Clergy House at 2.30pm (by appointment) Contact: Deacon Tony</p> <p><b>Cenacolo Prayer Group</b></p> <p>Exposition &amp; Rosary praying for healing of those with addictions Church after Mass Contact: Liam Sharkey 07774 931 996 <a href="mailto:liam.sharkey@fsmail.net">liam.sharkey@fsmail.net</a></p> <p><b>Band Practice</b></p> <p>Contemporary music for Sunday 6pm Mass Upper Hall after Mass Contact: John Costaschuk <a href="mailto:john.costaschuk@googlemail.com">john.costaschuk@googlemail.com</a></p>	
<div></div> <p><b>INVITATION TO HEALING EVENT</b></p> <p>St Joseph's Primary School Hall 5 Queen's Road AB15 4XL</p> <p><b>Sat 10th &amp; Sun 11th Sept from 10am to 5pm</b></p> <p>With</p> <p>Fr Laurence Brassill OSA Mrs Pauline Edwards &amp; Team</p> <p><b>Opportunities for individual prayer</b></p> <p>Tea and coffee provided but please bring a packed lunch For further info. tel: 07904650633</p>		<p><b>Fri Altar Servers' Practice</b></p> <p>Church from 6.00 to 7.00pm Contact: Simon begbie_no1@hotmail.com</p> <p><b>Youth Groups</b></p> <p>For teenagers between 11 &amp; 17 Upper Hall 7pm to 9pm Contact: St. Andrew's Community 07754 891 808 <a href="mailto:standrewscommunity@cathedral-abdn.org">standrewscommunity@cathedral-abdn.org</a></p>	
<p><b>OGILVIE CENTRE</b></p> <p>The Ogilvie Centre, located in the Cathedral complex (Cathedral side entrance at 16 Huntly Street—Climb the staircase to your left and ring the Ogilvie buzzer) is now open Monday, Tuesday, Wednesday, and Friday 10:30-12:30. The library has books on the spiritual life, theology, and philosophy that can be checked out or read on site. It's a great resource which is freely available to all parishioners. For further information contact Sr. Christiana, OP on 01343 547806 (Greyfriars Convent)</p>		<p><b>Sat Church Cleaning</b></p> <p>Church at 10.30am Contact: Joyce Webster 01224 319 154</p> <p><b>Saturday Club</b></p> <p>Informal social gathering, includes prayer Main Hall from 4pm to 7pm Contact: Aneta Sieminska 07415 321 792</p> <p><b>African Choir</b> (As above) Upper Hall from 6 - 8.00pm</p>	
<p><b>HCPT (The Pilgrimage Trust)</b> <b>Group 118 Aberdeen</b></p> <p>- Newly re-established in Aberdeen this year we had a wonderful, happy &amp; successful pilgrimage holiday to Lourdes at Easter. We are now preparing for our next trip at Easter 2017. Applications for next year have to be submitted by the end of October. Do you know of a child who may benefit from this opportunity? We have places for children aged 10 to 18 who are disabled or disadvantaged in any way for the week long trip. Or are you over 18 and interested in volunteering as a helper with the group? For more information please contact Margaret Mackie on 01224 749718/ 07739140420 or Hilary Young on 07859901723.</p>		<p><b>Sun 11:15 Choir Rehearsal</b></p> <p>Leading the music for 11.15 Sunday Mass Upper Hall 10.15am Contact: Shelagh Noden</p>	