

Entrance Antiphon

Cf. Ps 80: 17

He fed them with the finest wheat  
and satisfied them with honey from the rock.

Collect

O God, who in this wonderful Sacrament  
have left us a memorial of your Passion,  
grant us, we pray,  
so to revere the sacred mysteries of your Body and Blood  
that we may always experience in ourselves  
the fruits of your redemption.  
Who live and reign with God the Father  
in the unity of the Holy Spirit,  
one God, for ever and ever.

First reading

Deuteronomy 8:2-3,14-16

Moses said to the people: ‘Remember how the Lord your God led you  
for forty years in the wilderness, to humble you, to test you and know  
your inmost heart – whether you would keep his commandments or  
not. He humbled you, he made you feel hunger, he fed you with manna  
which neither you nor your fathers had known, to make you understand  
that man does not live on bread alone but that man lives on everything  
that comes from the mouth of the Lord.  
‘Do not become proud of heart. Do not forget the Lord your God  
who brought you out of the land of Egypt, out of the house of slavery:  
who guided you through this vast and dreadful wilderness, a land of  
fiery serpents, scorpions, thirst; who in this waterless place brought you  
water from the hardest rock; who in this wilderness fed you with man-  
na that your fathers had not known.’

Psalm

Psalm 147:12-15,19-20

R: O praise the Lord, Jerusalem!

O praise the Lord, Jerusalem!  
Zion, praise your God!  
He has strengthened the bars of your gates  
he has blessed the children within you. *R.*

He established peace on your borders,  
he feeds you with finest wheat.  
He sends out his word to the earth  
and swiftly runs his command. *R.*

He makes his word known to Jacob,  
to Israel his laws and decrees.  
He has not dealt thus with other nations;  
he has not taught them his decrees. *R.*

Second reading

1 Corinthians 10:16-17

The blessing-cup that we bless is a communion with the blood of  
Christ, and the bread that we break is a communion with the body of  
Christ. The fact that there is only one loaf means that, though there are  
many of us, we form a single body because we all have a share in this  
one loaf.

Gospel Acclamation

Jn 6:51

Alleluia, alleluia!  
I am the living bread which has come down from heaven,  
says the Lord.  
Anyone who eats this bread will live for ever.  
Alleluia!

Gospel

John 6:51-58

Jesus said to the Jews:

‘I am the living bread which has come down from heaven. Anyone who  
eats this bread will live for ever;  
and the bread that I shall give is my flesh,  
for the life of the world.’  
Then the Jews started arguing with one another: ‘How can this man  
give us his flesh to eat?’ they said.  
Jesus replied:  
‘I tell you most solemnly,  
if you do not eat the flesh of the Son of Man and drink his blood,  
you will not have life in you.  
Anyone who does eat my flesh and drink my blood  
has eternal life,  
and I shall raise him up on the last day.  
For my flesh is real food  
and my blood is real drink.  
He who eats my flesh and drinks my blood  
lives in me  
and I live in him.  
As I, who am sent by the living Father,  
myself draw life from the Father,  
so whoever eats me will draw life from me.  
This is the bread come down from heaven;  
not like the bread our ancestors ate:  
they are dead,  
but anyone who eats this bread will live for ever.’

Prayer over the Offertory

Grant your Church, O Lord, we pray,  
the gifts of unity and peace,  
whose signs are to be seen in mystery  
in the offerings we here present.  
Through Christ our Lord.

Communion Antiphon

Jn 6: 57

Whoever eats my flesh and drinks my blood  
remains in me and I in him, says the Lord.


Prayer after Communion

Grant, O Lord, we pray,  
that we may delight for all eternity  
in that share in your divine life,  
which is foreshadowed in the present age  
by our reception of your precious Body and Blood.  
Who live and reign for ever and ever.

Sunday 11.15am Mass			
Introit		He fed them with the finest of wheat, alleluia; and with honey from the rock he satisfied them, alleluia, alleluia.	
Comm. Antiphon		He who eats my flesh and drinks my blood, abides in me, and I in him, says the Lord.	
Proc	110	Alleluia, sing to Jesus	
Off	418	Let all mortal flesh	
Com	509	Of the glorious body telling	
Com	863	Calm me, Lord	
Rec	257	Fill your hearts	


Sunday Bulletin

22nd June, 2014 • Corpus Christi • Year A • Week 4

St. Mary's Cathedral

20 Huntly Street, Aberdeen

[www.stmaryscathedralaberdeen.org](http://www.stmaryscathedralaberdeen.org)



# The Body and Blood of Christ

## MEDITATION

This celebration originated in the diocese of Liège (1246) on the basis of revelations of Juliana of Cornillon. It was accepted with such enthusiasm throughout Europe that in 1264 it was promulgated for the entire Latin Church. From the beginning the feast commemorated both the body and the blood of the Lord. This original unity has been restored in the post-Vatican II celebration.

Human beings are so essentially physical that even our language of the spirit derives from our body. To be a member of an organization requires that we be incorporated into that organization. Publications of societies are said to be organs of these groups. Jesus and his Church have a keen grasp of this reality in the celebrations we call sacraments. Sacraments address themselves to the Church which is Christ’s Body and to individual members of that Body. The source and summit of all the Church’s life is professed to be the celebration of the Eucharist where the Body of Christ partakes of what it is.

On this Sunday we celebrate our identity as Christ’s Body. On this Sunday we profess our belief that the life-giving and life supporting blood which flows among us is Christ’s very life. On this Sunday we direct our attention to the symbol which makes all other symbols possible.

Vienna International Religious Centre

Find us on Facebook

YouTube







### Clergy & Staff

**Administrator:** Fr. Keith Herrera  
(01224) 640 160  
[administrator@cathedral-abdn.org](mailto:administrator@cathedral-abdn.org)

**Assistant Priest:** Fr. Tomasz Klin  
(Polish Chaplain) (07402) 099 944  
[curate1@cathedral-abdn.org](mailto:curate1@cathedral-abdn.org)

**Deacon:** Deacon Tony Schmitz  
[deacon@cathedral-abdn.org](mailto:deacon@cathedral-abdn.org)

**Safeguarding:** Chris Jones  
(07974) 690 719  
[chrisjones442@hotmail.com](mailto:chrisjones442@hotmail.com)  
More information: Parish website or  
[www.scottishcatholicsafeguarding.org.uk](http://www.scottishcatholicsafeguarding.org.uk)

**Music Directors:** David & Liz Meiklejohn  
[music@cathedral-abdn.org](mailto:music@cathedral-abdn.org)

**Hall Manager:** Gabrielle Watson  
(07821) 896 639  
[halls@cathedral-abdn.org](mailto:halls@cathedral-abdn.org)  
Terms & Conditions: Parish website

**Parish Office**

**Telephone:** (01224) 640 160

**Secretary:** Cowan Watson  
[secretary@cathedral-abdn.org](mailto:secretary@cathedral-abdn.org)

**Gift Aid:** John Costello  
[finance@cathedral-abdn.org](mailto:finance@cathedral-abdn.org)

**Bulletin:** [bulletin@cathedral-abdn.org](mailto:bulletin@cathedral-abdn.org)  
Notices to be in by Tuesday evening

**Liturgical Ministries**

**Readers:** Fiona Mitchell  
[fiona.j.mitchell@hotmail.co.uk](mailto:fiona.j.mitchell@hotmail.co.uk)

**Euch. Ministers:** Trudy Coker (07896) 824 703  
[gcok6@aol.com](mailto:gcok6@aol.com)

**Stewards:** Gordon Webster (01224) 59 22 46  
[webster200@btinternet.com](mailto:webster200@btinternet.com)

**Altar Servers:** George Brand  
[geobra@msn.com](mailto:geobra@msn.com)

**Confessions**

**Tuesdays:** 6pm **Saturdays:** 10.30am & 6pm

**Prayer of the Church**

**Morning Prayer** **Evening Prayer** (Sung)

Monday - Friday: 7.30am Thursday: 6.30pm


Saturday: 9.40am

**Adoration of the Blessed Sacrament**  
Monday to Saturday —1 hour before Mass

**Communion for Sick and Housebound**  
Trudy Coker (See above)

**Family Planning Nature’s Way**  
Margaret Hammond (07891) 358 114 [mghammond13@yahoo.co.uk](mailto:mghammond13@yahoo.co.uk)

Mass Times				
Date	Details	Service	Time	Mass Intentions
Sun 22nd	Solemnity of Corpus Christi	Mass Mass-Polish Mass Mass-Polish Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	Monica Berni RIP  For the Diocese  For the Parish
Mon 23rd		Mass Mass	7.00am 12.30pm	Private Intention William Walsh
Tue 24th	Solemnity of the Birth of St John the Baptist	Mass Solemn Mass	7.00am 7.00pm	Family Intentions
Wed 25th		Mass Mass	7.00am 12.30pm	
Thu 26th		Mass Mass	7.00am 7.00pm	RT. Rev Andrew Tolan RIP
Fri 27th	Solemnity of the Sacred Heart of Jesus	Mass  Solemn Mass	7.00am 12.30pm 7.00pm	Damien Britto RIP
Sat 28th		Mass Mass	10.00am 7.00pm	Desmond Onyekwere
Sun 29th	Solemnity of Ss. Peter & Paul	Mass Mass-Polish Mass Mass-Polish Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	Catherine Scott RIP  Parish Intentions  Golden Jubilee
Mass Intention Envelopes			Mass Intentions.	
Found at the back of the Church. Add details and post through Clergy House letter box. (Please do not put into the Offertory basket.) Recommended offering for each Mass Requested is £5.			Please note that due to the number of intentions it may not be possible for Mass to be celebrated on your preferred date or at the Cathedral itself. Note also that the Sunday 11.15 am Mass is normally reserved for the Administrator's Intentions for the Parish.	
Offertory 15/06/14: £2,665.79			Polish: £883.00	



Coffee after Mass


**St Vincent de Paul**

June 14/15 £165.28

Donations £20.00

Food bill £151.51

Special thanks to Ike and Ezeogu for your kind donations. Grateful thanks also to all who contribute to our funds via the giving boxes on Sundays. We really appreciate all your help.



### Deanery & Diocese

**AFRICAN SUMMER FEST 2014**

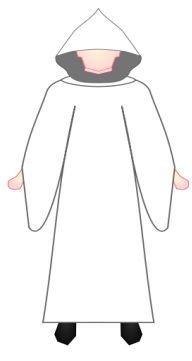
The African Community Aberdeen cordially invites you, your family and friends to the African Summer Fest 2014 which will be held at Balmedie Beach on Saturday 28<sup>th</sup> June from 12pm. All are welcome.

**MONASTIC EXPERIENCE WEEKEND**

The monks of Pluscarden Abbey offer a special opportunity to see at first hand what monastic life is about, from 7th to 10th Nov. There will be no charge for the weekend.

The invitation is extended to single young Catholic men who practise their faith, aged 18 - 35.

Contact :  
Fr. Benedict Hardy OSB:  
[novicemaster@pluscardenabbey.org](mailto:novicemaster@pluscardenabbey.org)  
Pluscarden Abbey, Elgin, Moray IV30 8UA  
(01343) 890 257.



**DIOCESAN PILGRIMAGE**

**Fatima Salamanca Avila**

**11 -18th October**

Organised by Pax Travel: [info@paxtravel.co.uk](mailto:info@paxtravel.co.uk)  
(020) 7485 3003

Limited spaces—book early.  
See poster on notice board for more details.

**FREE ORGAN RECITALS!**

Ronald Leith, the Cathedral’s acclaimed resident organist can be heard playing at the Cathedral most week days from 9:00am to 11:00 am.

### Cathedral News

**FUNDRAISING FOR MACIEK**

After each mass today, there will be an opportunity to support Maciek’s cancer Treatment by buying cakes, books, Handmade jewellery and many other items. All are very welcome to participate.



**PARISH HOLIDAY TIMETABLE**

The parish will be going to a holiday timetable in July. During that time there will be no:  
7am Masses, Thursday Evening Prayer or Saturday night Holy Hour

**CATHOLIC WOMEN’S ORGANISATION (C.W.O)**

The next meeting for the C.W.O. will be on Sunday 6th July after the 11.15am mass, in the Chapter Room. All women are welcome.

**BOOK SHOP SALE**

Great Bargains  
New CTS Titles:  
‘Discovering the New Testament’  
‘Discovering the Old Testament’  
Pope Francis, ‘The Sacraments’  
Pope Francis, ‘What is the Church?’  
‘Who is the Devil’

All these titles and more can be viewed on the CTS stand outside the Book Shop

**BOOK SHOP NEWS**

Volunteers needed for book shop  
Contact Deacon Tony Schmitz:  
[deacon@cathedral-abdn.org](mailto:deacon@cathedral-abdn.org)

**OPEN DAY**

£25 Lucky Square winner: Pat Lawrence (Number 72) Well Done!

**ALTAR ASSOCIATION**

A new group for young girls from the age of 12 who would like to help decorate and care for the altars and Lady Chapel. Contact Chigozie on (07456) 426 102

**PETER’S PENCE**

There will be a second collection on the weekend of June 28/29th for Peter’s Pence. The collection is intended for use by the Pope in his worldwide humanitarian efforts.

**PETER’S PENCE**

28th June from 8pm to 11pm at the Cathedral. A Vigil of Prayer and Evangelisation. Please come to pray or invite



**DIOCESAN PILGRIMAGE TO PLUSCARDEN ABBEY ON 29 JUNE**

10.45am Departs St Peter’s, Castle St. (opp. Blackfriars pub.)  
11.00am Departs Union St, across Huntly Street  
11.20am Departs St Joseph’s, Woodside

Cost is £22.00 per person, incl. high tea at Baxters of Fochabers, payable by 22nd June.  
Booking: Maureen Sindair (01224) 626 359 or [office@tiscali.co.uk](mailto:office@tiscali.co.uk)  
Indicate meal choice (see notice board) and where you wish to be picked up.



**NEW DAWN IN SCOTLAND**

Catholic Pilgrimage Conference  
7th– 11th July

Daily Mass - Reconciliation - Teaching - Healing -International & Local Speakers

For more information Contact: (01314) 476 153  
[www.newdawninScotland.com](http://www.newdawninScotland.com)



**ICON COMPETITION**

St Margaret’s Church, Lerwick will be dedicating a chapel to Our Lady of Czestochowa. Professional and amateur artists (aged 16+) are invited to make an Icon of Our Lady of Czestochowa. Winning entry will be placed within the chapel, with a prize of £500 for the artist. Closing date, Friday 15<sup>th</sup> August. See notice board for details.

### Youth

**JAM Youth Group** (12 -16)  
Sundays at 7.15 - 9pm  
Upper Room @ St Peter’s Church

**Young Adult Group** (18-35)  
Wednesdays at 7.00pm  
Upper Room @ St Peter’s Church

**St Patrick Youth Pilgrimage to Ireland**

For Teens aged 12-17  
**Aug 9th-17th 2014**

Details St Andrew’s Community at:  
[standrewscommunity@cathedral-abdn.org](mailto:standrewscommunity@cathedral-abdn.org)  
or phone (07754) 891 808

**Nazareth**

Check out the new diocesan youth website: <http://nazareth.dioceseofaberdeen.org>

Weekly Calendar	
Mon	<b>Credo Community Meeting</b> Polish charismatic prayer group. Main Hall at 7.30pm . Contact: Fr Tomasz Klin SJ
Tue	<b>Magnificat Prayer Group</b> Main Hall after Mass Contact: Paul Akagwu (07574) 103 852  <b>St. Vincent de Paul</b> Feeding the homeless Contact: Evelyn Murray  <b>RCIA</b> For those interested in learning more about the Faith. Clergy House after Mass Contact: Parish Office or Deacon Tony
Wed	<b>Light Exercise Class for all</b> Main Hall—10:00am Contact: Laura Walker (0777 3) 021 851 <a href="mailto:laura@laurawalkerlimited.co.uk">laura@laurawalkerlimited.co.uk</a>  <b>African Choir</b> For Africans and anyone else. Upper Hall from 6 - 8.00pm Contact: Kingsley Emeje (07956) 039 763
Thu	<b>Healing of Memories</b> Prayer for the healing of painful memories of the past so as to bring peace to the present. Clergy House at 2.30pm (by appointment) Contact: Deacon Tony  <b>Legion of Mary</b> Members serve the Church as needed Lower Hall at 5.30pm Contact: Jide Okwujiako <a href="mailto:jedarkor@yahoo.com">jedarkor@yahoo.com</a>  <b>Flower Arrangers</b> Contact: Pixie Mather (01224) 321 953  <b>Cenacolo Prayer Group</b> Exposition & Rosary praying for healing of those with addictions. Church after Mass Contact: Liam Sharkey (07774) 931 996 <a href="mailto:liam.sharkey@fsmail.net">liam.sharkey@fsmail.net</a>  <b>6pm Music Group</b> Contemporary music for the Sunday 6pm Mass Upper Hall after Mass Contact: Margaret Spence <a href="mailto:mag.m.spencer@btinternet.com">mag.m.spencer@btinternet.com</a>
Fri	<b>Our Lady of Aberdeen Prayer Group</b> Gentle prayer & praise Chapter Room from 1.30 - 2.30pm Contact: Teresa Coyne (07901) 851 526
Sat	<b>Church Cleaning</b> Church at 10.30am Contact: Joyce Webster (01224) 319 154  <b>African Choir</b> As above Upper Hall from 6 - 8.00pm  <b>Holy Hour</b> Adoration ending with Night Prayer Church from 8—9.00pm
Sun	<b>11:15 Choir</b> Leading the music for 11:15 Sunday Mass Upper Hall at 10 am Contact: David & Liz Meiklejohn

www.stmaryscathedralaberdeen.org

www.stmaryscathedralaberdeen.org