

Entrance Antiphon

The Lord became my protector.
He brought me out to a place of freedom;
he saved me because he delighted in me.

Cf. Ps 17: 19-20

Collect

Grant us, O Lord, we pray,
that the course of our world
may be directed by your peaceful rule
and that your Church may rejoice,
untroubled in her devotion.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

First reading

Isaiah 49:14-15

Zion was saying, 'The Lord has abandoned me,
the Lord has forgotten me.'
Does a woman forget her baby at the breast,
or fail to cherish the son of her womb?
Yet even if these forget,
I will never forget you.

Responsorial Psalm

Psalm 61:2-3,6-9

In God alone is my soul at rest.

In God alone is my soul at rest;
my help comes from him.
He alone is my rock, my stronghold,
my fortress: I stand firm. **R.**

In God alone be at rest, my soul;
for my hope comes from him.
He alone is my rock, my stronghold,
my fortress: I stand firm. **R.**

In God is my safety and glory,
the rock of my strength.
Take refuge in God, all you people.
Trust him at all times.
Pour out your hearts before him. **R.**

Second reading

1 Corinthians 4:1-5

People must think of us as Christ's servants, stewards entrusted with the mysteries of God. What is expected of stewards is that each one should be found worthy of his trust. Not that it makes the slightest difference to me whether you, or indeed any human tribunal, find me worthy or not. I will not even pass judgement on myself. True, my conscience does not reproach me at all, but that does not prove that I am acquitted: the Lord alone is my judge. There must be no passing of premature judgement. Leave that until the Lord comes; he will light up all that is hidden in the dark and reveal the secret intentions of men's hearts. Then will be the time for each one to have whatever praise he deserves, from God.

Gospel Acclamation

Jn17:17

Alleluia, alleluia!
Your word is truth, O Lord:
consecrate us in the truth.
Alleluia!

Gospel

Matthew 6:24-34

Jesus said to his disciples: 'No one can be the slave of two masters: he will either hate the first and love the second, or treat the first with respect and the second with scorn. You cannot be the slave both of God and of money.

'That is why I am telling you not to worry about your life and what you are to eat, nor about your body and how you are to clothe it. Surely life means more than food, and the body more than clothing! Look at the birds in the sky. They do not sow or reap or gather into barns; yet your heavenly Father feeds them. Are you not worth much more than they are? Can any of you, for all his worrying, add one single cubit to his span of life? And why worry about clothing? Think of the flowers growing in the fields; they never have to work or spin; yet I assure you that not even Solomon in all his regalia was robed like one of these. Now if that is how God clothes the grass in the field which is there today and thrown into the furnace tomorrow, will he not much more look after you, you men of little faith? So do not worry; do not say, "What are we to eat? What are we to drink? How are we to be clothed?" It is the pagans who set their hearts on all these things. Your heavenly Father knows you need them all. Set your hearts on his kingdom first, and on his righteousness, and all these other things will be given you as well. So do not worry about tomorrow: tomorrow will take care of itself. Each day has enough trouble of its own.'

Communion Antiphon

Cf. Ps 12: 6

I will sing to the Lord who has been bountiful with me,
sing psalms to the name of the Lord Most High.

Prayer after Communion

Nourished by your saving gifts,
we beseech your mercy, Lord,
that by this same Sacrament
with which you feed us in the present age,
you may make us partakers of life eternal.
Through Christ our Lord.

Sunday 11.15am Mass		
Entrance Hymn	604	Seek ye first
Offertory		Instrumental
Communion	418	Let all moral flesh keep silence
Antiphon	150	Ave Regina Caelorum
Recessional	110	Alleluia, sing to Jesus



St. Mary's Cathedral

20 Huntly Street, Aberdeen AB10 1SH

www.stmaryscathedralaberdeen.org



MEDITATION

To understand today's gospel, we must remember the first beatitude, "How happy are the poor in spirit" (Mt 5:3). If the kingdom is near at hand, and already mysteriously present with Jesus, then it is of prime importance to opt for God without compromise, to serve him with a single heart, and to give ourselves to him with total confidence in his plan of salvation.

No one can serve two masters. No one can serve both God and money! Any reality which exerts an insidious and brutal mastery over our lives is an idol. Money is often such an idol. Its domination threatens all people and things. The desire to possess it leads nations and families into conflict and into sacrificing the weak. Even those who give themselves wholeheartedly to the worship of a freeing God find themselves enmeshed in the demands of mammon.

Just as a woman caresses her child, God wraps us in gentle care. We are invited to submit all our anxieties to God's providence. Money is often the final barrier which hinders that trust. Yet it is still impossible to



rid ourselves of money. The problem is how to use it without becoming its slave.

Money is a tool with which we work to cooperate with God in completing creation. We are called to live with confidence at the edge of an insecure universe and exchange thousands of life's anxious cares for the central focus of working for the kingdom.

Vienna International Religious Centre



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 Notices to be in by Tuesday evening
Hall Bookings: halls@cathedral-abdn.org
 Call between 9am & 1pm only
 Terms & Conditions see Parish website

Liturgical Ministries
Head Sacristan: Jacqueline Armstrong
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Notices
Adoration: Monday– Saturday 6.00am-12midnight
Confessions: Tuesdays 6pm
 Saturdays 10.30am & 6pm
Morning Prayer: Monday - Friday 7.30am
 Saturdays 9.40am
Evening Prayer: Thursdays 6.30pm
Night Prayer: Thursdays 8.30pm
Rosary: Fridays (Vocations) 1.30pm
 Saturdays (Priests) 10.30pm
Housebound? John MacKinnon (See above)
 To arrange communion visits
Coeliacs: Please speak to a member of the clergy before Mass to arrange communion
Sunday Coffees: Ann Ryans 07545 615 198
annryans@aol.com
Natural Family Planning (NFP) Margaret Hammond
nfp@cathedral-abdn.org

Mass Times				
Date	Details	Service	Time	Mass Intentions
Sun 26th	8th Sunday in Ordinary Time	Mass	8.00am	Marlene Mitchell RIP
		Polish Mass	9.30am	
		Solemn Mass	11.15am	
		Polish Mass	3.00pm	Parish Intentions
		Mass	6.00pm	
Mon 27th		Mass	7.00am	Denis McIntosh RIP
		Mass	12.30pm	S. RIP
Tue 28th		Mass	7.00am	Helena Witko (Vitko) RIP
		Mass	7.00pm	Fergus (Birthday)
Wed 1st	Ash Wednesday	Mass	7.00am	Vandelle Latiolais Domingos Puto RIP
		Mass	12.30pm	
		Mass	7.00pm	
Thu 2nd		Mass	7.00am	Cencida Moren
		Mass	7.00pm	
Fri 3rd		Mass	7.00am	
		Mass	12.30pm	
		Station Mass	7.00pm	
Sat 4th	Commemoration of Saint Casimir	Mass	10.00am	
		Mass	7.00pm	
Sun 5th	1st Sunday of Lent	Mass	8.00am	Intentions of Diocese
		Polish Mass	9.30am	
		Solemn Mass	11.15am	
		Polish Mass	3.00pm	
		Mass	6.00pm	

Mass Intention Envelopes
 These are available at the back of the Church. Print details and post through Clergy House letter box.
 Cathedral itself. Recommended offering for each Mass is £5.
 Sunday 11:15 Mass is normally reserved for the Administrator's or Bishop's Intentions for the Parish or Diocese.
 It may not always be possible for Mass to be celebrated on your preferred date or at the

OFFERTORY: £1531.39 Polish: £1084.69 Polish Gift Aid: £206.65 Renovation Coll. £979.08



Youth

FAITH & FUN ON SATURDAYS
 Youth group for P2's to P7's
 In the Main Hall from 12.30pm to 2pm every Saturday afternoon. For more details and to register online please see our website.



Fridays 7pm to 9pm
 Upper Hall
 A youth group for teens aged 11-13
 Contact: St. Andrew's Community



Fridays 7pm to 9pm
 Upper Hall
 A youth group for teens aged 14-17
 Contact: St. Andrew's Community

SVDP Polish Collection: £63.60
 Box Collections: £130.75
 Spend: £638.90
 Our grateful thanks to all our supporters..

Cathedral

FIRST FRIDAY DEVOTIONS
 Starting with Mass at 6.30pm followed by 40hrs Adoration.
 Devotions: 3-5 Mar, 14-16 Apr, 5-7 May, 2-4 June, 7-9 July (Solemnity of Our Lady of Aberdeen)

ADORATION: MON-SAT 6AM UNTIL 12 MIDNIGHT
 (8am-9pm Opened Church) Mon-Sat Hours
 To book your Holy Hour go to:
<https://stmarysadoration.youcanbook.me/>
The following hours are still needed:
Mon: 1pm, 2pm, 4pm. **Tue:** 8am, 10am, 8pm, **Wed:** 8am, 10am, 2pm **Thu:** 3pm, 5pm, 11pm* **Sat:** 9am. We need an Extraordinary Minister of the Holy Eucharist to repose for these hours.

LOOKING FOR A GREAT GIFT FOR YOUR TEEN?
 Look no further! St. Andrew's Youth Pilgrimage will be to Fatima Portugal for the 100 year anniversary! Spaces limited! Contact the St Andrew Community.

VENEZUELAN MEDICAL APPEAL
 After a very successful appeal last year we have launched a new appeal for your unused medicines (must be within the 'use by' date).

Cathedral

BELOVED DISCIPLES GROUP
 Why not join the Beloved Disciples Group this Wednesday after Mass in the Cathedral House when they will be looking at the Passion Narrative in the Gospel.

ASH WEDNESDAY
 This Wednesday is Ash Wednesday and, like Good Friday, is a fast day. The Lenten fast consists of one full meatless meal during the day, preferably at noon, with the allowance of a collation (small meal) in the evening. Liquids are allowed at any time and there is a dispensation for children and teenagers, for the sick, for the elderly and for pregnant women.

THIS YEAR'S DEANERY STATION MASSES WILL BE CELEBRATED ON FRIDAYS AT 7PM DURING LENT PRECEDED BY STATIONS OF THE CROSS AT 6.30PM.

3rd March*	St Mary's Cathedral, City Centre AB10 1SH
10th March	Our Lady of Aberdeen, Kincorth AB12 5BR
17th March	Sacred Heart, Torry AB11 8ED
24th March	St Columba's, Bridge of Don AB22 8RR
31st March	St Francis', Mannofield AB15 7PR
7th April	St Joseph's, Woodside AB24 4AQ

*The Cathedral Station Mass includes the Rite of Election when those seeking baptism or reception into the Catholic Church at Easter are publicly declared to be of the Elect.

STATIONS OF THE CROSS BOOKLET
 The Altar Servers, led by Simon Winstanley, have produced a Stations of the Cross booklet which will be on sale after the Station Masses. All funds raised will be used for altar server's training and Cathedral repairs and restoration projects.

SEVEN DEADLY SINS AND SEVEN LIVELY VIRTUES
 Join us on the journey from sin to sanctity on Wednesday evenings at 7.30pm through Lent, beginning 8th March as Bishop Robert Barron leads us through Dante Alighieri's classic Divine Comedy to a conversation about the seven deadly sins and seven lively virtues.

HEALING SERVICE
 The next Healing Service will be at the Cathedral on Thursday 2nd March 2017, after the 7pm Mass. Prayer teams to meet in the Cathedral house at 6.30pm.

BUDDING FLOWER ARRANGERS!
 Dear Parishioners, I am currently assisting Pixie Mather with the arranging of the Cathedral flowers. If you love flowers and would like to help, please get in touch: foryccka@gmail.com.

FLOWER DONATIONS
 While we truly appreciate all the flower donations left at the Lady Altar, please note, that flowers are not permitted during Lent, i.e. no flowers until Easter Saturday.
 Thank you for your co-operation.

SECOND COLLECTION
 Next Sunday we will have our monthly second collection for the Building Fund.

SCREENED MASS
 Please use the hall, especially if your child becomes restless during Mass. Thank you.

CATECHUMENATE
 The following will be accepted into the Order of Catechumens at the 11.15am Mass, prior to being received into full communion with the Church at Easter: Lauren May Robertson, Lynsey M'corquodale, Colin Mackay and Chisomje Ukoha.

PRIESTHOOD
 Thinking about Diocesan Priesthood in 2017? For more information please contact Fr. Keith Herrera: administrator@cathedral-abdn.org Tel:01224 640 160.

Deanery & Diocese

LENTEN/EASTER RETREAT
 Weekly talks on the theme "Drink from the wells of the Church". Delivered (via DVDs) by Fr Raniero Cantalamessa O.F.M. Cap., Preacher to the Papal Household and the only person in the history of the Church to have occupied the office under three consecutive Popes. A man with an outstanding teaching ministry and a deep love for the Holy Spirit. Starts Tuesday 28th Feb (running for 7 weeks) after 7.00pm Mass.



GOLDEN JUBILEE CATHOLIC CHARISMATIC RENEWAL NATIONAL CONFERENCE - MARCH 3RD TO 5TH
 Internationally renowned speakers from Britain, Ireland and the USA, talks, workshops, lively praise and worship, Mass and Confessions, healing service and ministry. To be held in Cathcart Trinity Church and the Couper Institute. For more information or to register for the event, go to www.ccrscotland.com or contact Ged Farrell on gwfarrall@btinternet.com

THE NEWMAN ASSOCIATION ABERDEEN CIRCLE
 Alasdair Roberts, a well-known Church historian, will give an illustrated presentation on the activities of the "Heather Priests" who risked their lives to bring the Sacraments to the faithful in penal times. Monday 6th March at 7.30pm, in the Bishop's House, Queen's Cross, Aberdeen. Anyone is most welcome to attend. Tea/coffee/biscuits will be served. We ask a minimum, donation of £1.50 to cover expenses. Contact Eileen Grant by email at eclareg@btinternet.com

UNIVERSITY OF ABERDEEN Christ's College Lectures 2017
 'Remembering Whose We Are: Theological Reflections on Dementia, Faith and Personhood'
 To be held on Thursday 30th March 2017 @ 6pm by Rev Professor John Swinton. (free entry)

PLUSCARDEN INVITATION
 The Abbot and Monks of Pluscarden invite young people (aged 18-30) to celebrate the Liturgy with them from Wednesday of Holy Week until Easter (April 12-17). Our guests will stay in the Abbey Guesthouses. Those taking part will be able to gain deeper insight into the Christian life, monastic life and the Abbey. There is no charge for staying. If anyone, however, wishes to make a donation, that will be received. If you are interested in joining the Pluscarden Community for this celebration of Easter, please contact Br Thomas Cole OSB by email at guesmaster@pluscardenabbey.org or through our online form: www.pluscardenabbey.org

WHAT ARE YOU DOING FOR LENT THIS YEAR?
 From March 1 through April 9, you're invited to join other Christians for 40 Days for Life—40 days of prayer and fasting for an end to abortion. You're also invited to stand and peacefully pray during a 40-day vigil in the public right-of-way outside Aberdeen Maternity Hospital, Cornhill Road, Aberdeen, and also to help spread the word about this important community outreach. If you'd like more information – and especially if you'd like to volunteer to help, please contact: Jo Murphy, jomurphy54@yahoo.co.uk 07557237606 Website- 40daysforlife.com (Aberdeen)

Weekly Calendar

Mon	Mother & Toddler Group For parents with young children. All ages welcome. Main Hall from 1pm-3 pm Contact: Yi-pei Chou chou.turvey@gmail.com Credo Community Meeting Polish charismatic prayer group. Main Hall at 7.30pm . Contact: Klaudiusz Mozolewski 07928323313
Tue	Magnificat Prayer Group 7.30pm in the Lower Hall after Mass. Contact: Paul Akagwu pakagwu@gmail.com St. Vincent de Paul Feeding the homeless Contact: Evelyn Murray Adult Confirmation Class & RCIA Cathedral House at 7.30pm
Wed	Light Exercise Class for all Main Hall at 10:00am Contact: Laura Walker 0777 3 021 851 laura@laurawalkerlimited.co.uk Seniors Club Speakers, fun & fellowship Main Hall at 2 pm every 2 weeks Contact: Jean on 01569 765 799 Healing of Memories Prayer for the healing of painful memories of the past to bring peace to the present. Clergy House at 2.30pm (by appointment) Contact: Deacon Tony Legion of Mary Lower Hall from 6pm to 7.30pm Contact: Nogie Osula nogisula@yahoo.com African Choir For Africans and anyone else. Upper Hall from 6 - 8.00pm Contact: Patricia Malikebu 07891 714 549
Thu	Seniors Club Speakers, fun & fellowship Main Hall at 2 pm every 2 weeks Contact: Jean on 01569 765 799 Healing of Memories Prayer for the healing of painful memories of the past to bring peace to the present. Clergy House at 2.30pm (by appointment) Contact: Deacon Tony Legion of Mary Lower Hall from 6pm to 7.30pm Contact: Nogie Osula nogisula@yahoo.com African Choir For Africans and anyone else. Upper Hall from 6 - 8.00pm Contact: Patricia Malikebu 07891 714 549
Fri	Parenting Class From 4pm to 5pm in the Clergy House Altar Servers' Practice Church from 6.00 to 7.00pm Contact: Simon begbie_no1@hotmail.com Youth Groups For teenagers between 11 & 17 Upper Hall 7pm to 9pm Contact: St. Andrew's Community
Sat	Church Cleaning Church at 10.30am Contact: Joyce Webster 01224 319 154 K4J (Kids for Jesus) Youth group for P2's to P7's in the Main Hall from 12.30pm to 2pm Saturday Club Informal social gathering, includes prayer Main Hall from 4pm to 7pm Contact: African Choir (As above) Upper Hall from 6 - 8.00pm
Sun	Choir Rehearsal Leading the music for 11:15 Sunday Mass Upper Hall 10.15am Contact: Shelagh Noden Envision—Young Adults Group Meets after 6.00pm Mass in Main Hall