

**Entrance Antiphon**  
He fed them with the finest wheat  
and satisfied them with honey from the rock.

**Collect**  
O God, who in this wonderful Sacrament  
have left us a memorial of your Passion,  
grant us, we pray,  
so to revere the sacred mysteries of your Body and Blood  
that we may always experience in ourselves  
the fruits of your redemption.  
Who live and reign with God the Father  
in the unity of the Holy Spirit,  
one God, for ever and ever.

**First reading**  
**Deuteronomy 8:2-3,14-16**  
Moses said to the people: ‘Remember how the Lord your God led you  
for forty years in the wilderness, to humble you, to test you and know  
your inmost heart – whether you would keep his commandments or  
not. He humbled you, he made you feel hunger, he fed you with manna  
which neither you nor your fathers had known, to make you under-  
stand that man does not live on bread alone but that man lives on eve-  
rything that comes from the mouth of the Lord.  
‘Do not become proud of heart. Do not forget the Lord your God  
who brought you out of the land of Egypt, out of the house of slavery:  
who guided you through this vast and dreadful wilderness, a land of  
fiery serpents, scorpions, thirst; who in this waterless place brought you  
water from the hardest rock; who in this wilderness fed you with man-  
na that your fathers had not known.’

**Responsorial Psalm**  
**Psalms 147:12-15,19-20**  
**O praise the Lord, Jerusalem!**  
O praise the Lord, Jerusalem!  
Zion, praise your God!  
He has strengthened the bars of your gates  
he has blessed the children within you. **R**  
He established peace on your borders,  
he feeds you with finest wheat.  
He sends out his word to the earth  
and swiftly runs his command. **R**  
He makes his word known to Jacob,  
to Israel his laws and decrees.  
He has not dealt thus with other nations;  
he has not taught them his decrees. **R**

**Second reading**  
**1 Corinthians 10:16-17**  
The blessing-cup that we bless is a communion with the blood of Christ,  
and the bread that we break is a communion with the body of Christ.  
The fact that there is only one loaf means that, though there are many  
of us, we form a single body because we all have a share in this one  
loaf.

**Gospel Acclamation**  
**Jn 6:51**  
Alleluia, alleluia!  
I am the living bread which has come down from heaven,  
says the Lord.  
Anyone who eats this bread will live for ever.  
Alleluia!

**Gospel**  
**John 6:51-58**  
Jesus said to the Jews:  
‘I am the living bread which has come down from heaven.  
Anyone who eats this bread will live for ever;  
and the bread that I shall give is my flesh,  
for the life of the world.’  
Then the Jews started arguing with one another: ‘How can this man  
give us his flesh to eat?’ they said. Jesus replied:  
‘I tell you most solemnly,  
if you do not eat the flesh of the Son of Man and drink his blood,  
you will not have life in you.  
Anyone who does eat my flesh and drink my blood  
has eternal life,  
and I shall raise him up on the last day.  
For my flesh is real food  
and my blood is real drink.  
He who eats my flesh and drinks my blood  
lives in me  
and I live in him.  
As I, who am sent by the living Father,  
myself draw life from the Father,  
so whoever eats me will draw life from me.  
This is the bread come down from heaven;  
not like the bread our ancestors ate:  
they are dead,  
but anyone who eats this bread will live for ever.’

**Prayer over the Offerings**  
Grant your Church, O Lord, we pray,  
the gifts of unity and peace,  
whose signs are to be seen in mystery  
in the offerings we here present.  
Through Christ our Lord.

**Communion Antiphon**  
**Jn 6: 57**  
Whoever eats my flesh and drinks my blood  
remains in me and I in him, says the Lord.

**Prayer after Communion**  
Grant, O Lord, we pray,  
that we may delight for all eternity  
in that share in your divine life,  
which is foreshadowed in the present age  
by our reception of your precious Body and Blood.

Sunday 11.15am Mass		
Entrance Hymn	376	I the Lord of sea and sky
Offertory	176	Blest are you
Communion	681	This is my body
	Choir	Do you know my Jesus
Recessional	110	Alleluia, sing to Jesus



St. Mary's Cathedral

20 Huntly Street, Aberdeen AB10 1SH

www.stmaryscathedralaberdeen.org



Corpus Christi

This celebration originated in the diocese of Liege (1246) on the basis of revelations of Juliana of Cornillon. It was accepted with such enthusiasm throughout Europe that in 1264 it was promulgated for the entire Latin Church. From the beginning the feast commemorated both the body and the blood of the Lord. This original unity has been restored in the post-Vatican II celebration.

Human beings are so essentially physical that even our language of the spirit derives from our bodies. To be a member of an organization requires that we be incorporated into that organization. Publications of societies are said to be organs of these groups. Jesus and his Church have a keen grasp of this reality in the celebrations we call sacraments. Sacraments address themselves to the Church which is Christ's Body and to individual members of that Body. The source and summit of all the Church's life is professed to be the celebration of the Eucharist where the Body of Christ partakes of what it is.

On this Sunday we celebrate our identity as Christ's Body. On this Sunday we profess our belief that the life-giving and life supporting blood which flows among us is Christ's very life. On this Sunday we direct our attention to the symbol which makes all other symbols possible.

The earthly language of bodies and blood fills the scriptures. But those same scriptures proclaim that the pouring forth of blood is unto the nourishment of God's people. Flesh, blood, bread and wine are the products of destructive processes which bring them to human tables as food to sustain a family. Christ immersed himself in those processes which brought him to the table of the human family as the one food and drink which changes the eater into eaten. In him we truly become what we eat and drink.

Vienna International Religious Centre





St Mary’s Cathedral - Aberdeen AB10 1SH

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Assistant Priest:	Fr. Ambrose Flavell OSB 07901 36 7557 <a href="mailto:ambrogio.gh@gmail.com">ambrogio.gh@gmail.com</a>	
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Shop Manager:	Barbara Mearns <a href="mailto:shop@cathedral-abdn.org">shop@cathedral-abdn.org</a>	
Bulletin:	<a href="mailto:bulletin@cathedral-abdn.org">bulletin@cathedral-abdn.org</a> Notices to be in by Tuesday evening	
Hall Bookings:	<a href="mailto:halls@cathedral-abdn.org">halls@cathedral-abdn.org</a> Call between 9am & 1pm only Terms & Conditions see Parish website	
Liturgical Ministries		
Head Sacristan:	Jacqueline Armstrong <a href="mailto:jacquelinearmstr@hotmail.com">jacquelinearmstr@hotmail.com</a>	
Readers:	Fiona Mitchell <a href="mailto:fiona.j.mitchell@hotmail.co.uk">fiona.j.mitchell@hotmail.co.uk</a>	
Euch. Ministers:	John MacKinnon 07926 628 941 <a href="mailto:johnmackinnon2602@hotmail.co.uk">johnmackinnon2602@hotmail.co.uk</a>	
Welcomers:	Gordon Webster 01224 592 246 <a href="mailto:webster200@btinternet.com">webster200@btinternet.com</a>	
Collectors:	Diego Mejias Morffe 07960 325 046 <a href="mailto:dmejiasmorffe@gmail.com">dmejiasmorffe@gmail.com</a>	
Altar Servers:	George Brand 01224 630 159 <a href="mailto:geobra@msn.com">geobra@msn.com</a>	
Flowers:	Pixie Mathers 07763064146 <a href="mailto:pixie2704@sky.com">pixie2704@sky.com</a>	
Notices		
Adoration:	Monday– Saturday	6.00am-12 midnight
Confessions:	Tuesdays	6pm
	Saturdays	10.30am & 6pm
Morning Prayer:	Monday - Friday	7.30am
Evening Prayer:	Thursdays	6.30pm
Night Prayer:	Thursdays	8.30pm
Rosary:	Fridays (Vocations)	1.30pm
	Saturdays (Priests)	10.30pm
Housebound?	John MacKinnon (See above) for visits	
Coeliacs:	Speak to clergy before Mass	
Sunday Coffees:	Ann Ryans	07545 615 198 <a href="mailto:annryans@aol.com">annryans@aol.com</a>
Natural Family Planning (NFP)	Margaret Hammond <a href="mailto:nfp@cathedral-abdn.org">nfp@cathedral-abdn.org</a>	

Mass Times				
Date	Details	Service	Time	Mass Intentions
Sun 18th	Solemnity of Corpus Christi	Mass Polish Mass Solemn Mass Polish Mass Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	Parish Intentions  First Holy Communions
Mon 19th		Mass	12.30pm	Chirstopher Browne Intentions (Heart, health & strength)
Tue 20th		Mass	7.00pm	Maria Sztokfisz RIP
Wed 21st		Mass	12.30pm	Recovery from operation
Thu 22nd		Mass	7.00pm	Clare’s intentions
Fri 23rd	Solemnity of the Most Sacred Heart of Jesus	Mass	12.30pm 7.00pm	Mieczyslaw Sicinski RIP
Sat 24th	Solemnity of the Nativity of Saint John the Baptist	Mass	10.00am 7.00pm	Holy souls in Purgatory
Sun 25th	12th Sunday in Ordinary Time	Mass Polish Mass Solemn Mass Polish Mass Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	Parish Intentions  For the Diocese
Mass Intention Envelopes				
These are available at the back of the Church. Print details and post through Clergy House letter box.		Cathedral itself. Recommended offering for each Mass is £5.		
It may not always be possible for Mass to be celebrated on your preferred date or at the		Sunday 11:15 Mass is normally reserved for the Administrator’s or Bishop’s Intentions for the Parish or Diocese.		

OFFERTORY: £ 3389.02 COMMUNICATIONS SUNDAY: £467.68



### Youth

**FAITH & FUN ON SATURDAYS**  
Youth group for P2’s to P7’s  
In the Main Hall from 12.30pm to 2pm every Saturday afternoon. For more details and to register online please

**SOLEMNITY OF THE SACRED HEART (23 June)** There will be a adoration all day and night from 6.00am Friday until 12 midnight on Saturday 24 June. We will pray the Litany to the Most Sacred Heart of Jesus on the hour and there will be music at 9.00 pm Friday. All welcome.

**REBOOT LIVE**  
Chris Stefanick, International Author and Speaker, coming to Glasgow on the 27th of June 7-10pm. Tickets £10 or £8.00 with concession. Interested? Contact St Andrew Community to book your seat on the bus.

**SVdP**  
Polish Collection: £48.20  
Box Collections: £168.62  
Total: £216.82  
Expenditure: Food £162.68  
Our grateful thanks to all who contribute to our work.

### Cathedral

**VENEZUELAN MEDICAL APPEAL**

If you would like to help us make an inventory of all the medical supplies we will be sending to Venezuela, please contact Diego on 07960 325 046 or email: [dmejiasmorffe@gmail.com](mailto:dmejiasmorffe@gmail.com). We will be carrying out the inventory in the Lower Hall on June 24 from 2.30pm to 6.00pm.

**YOUR PERSONAL HOLY HOUR**  
**Adorers needed for the following hours each week:**  
Tuesday 8am, 12pm  
Wednesday 2pm, 3pm  
Thursday 12pm, 5pm  
Friday 10am, 4pm  
Please sign up online at: [stmarysadoration.youcanbook.me](http://stmarysadoration.youcanbook.me) or contact St. Andrew Community: 07754891808

Please take me home

Cathedral
<b>CONGRATULATIONS</b> Congratulations to Felipe Luzar who was Baptised on Saturday 10 <sup>th</sup> of June. Please remember him in your prayers.
<b>CHILDREN AT 11.15 AM MASS</b> Children can get bored at Mass because they can’t see what is going on so we would like to encourage all children of primary school age to sit in the front left rows of the church with the Catechists. Hopefully, both you and them should find it easier to engage with Mass.
<b>SOUND DESK</b> We are looking for people who can commit to going on a rota to help on the sound desk during weekend Masses. This is a vital ministry as it helps everyone to hear what is going on clearly. The role isn’t technically demanding and instruction will be given. Contact: Fr Keith on <a href="mailto:administrator@cathedral-abdn.org">administrator@cathedral-abdn.org</a>
<b>PETER’S PENCE</b> There will be a second collection next week for Peter’s Pence, a fund which is used by the pope in his worldwide humanitarian efforts to help victims from natural disasters, wars, diseases and other catastrophic events etc.
<b>ST MARY’S CATHEDRAL FOOTBALL CLUB (SMFCFC)</b> 
Saint Mary's Cathedral Football Club (SMFCFC) are still looking for team members (age 17+), coaches and trainers. We are also appealing for help to buy training bibs and for individual or group sponsors for the team jersey. The sponsor's name will appear on the shirts or bibs. Donations can be left at the Cathedral office though, if you feel you can help in any way to develop the team, please contact Michael at: <a href="mailto:mife@globasure.net">mife@globasure.net</a> or 07482 646 411. The team train every Thursday at the Tillydrone Football Pitch, opposite Zoology building, Aberdeen University, AB24 2TZ.
<b>BOOK SHOP</b> A great selection of books now in the shop. Benedict XVI Last Testament in his own words Pope St John Paul—In God’s Hands—Spiritual Diaries Reason to Believe—Abortion—Marriage Annulment—Contraception and Chastity 25 tough questions on the Catholic faith 20 answers Divorce and Remarriage 20 answers Abortion, Divine Mercy Prayer book Divorce Explanations Living with Illness and Suffering Contraception and Chastity The Word of the Lord—Discovering Verbum Domini The Inspiration of Truth of Sacred Scripture—the Word that comes from God and Speak O God for the Salvation of the World Simple Prayer Book, Theology of the Body Opening hours of shop 1 hour after every Mass Remember to pick up your Herald and Observer.
<b>PRAYER MINISTRY</b> “Pray for each other so that you may be healed” (James 5:16) Trained prayer teams are now available the 11.15am and 6pm Masses to pray with anyone who would like to receive, not only the benefit of prayer, but of hearing and experiencing the prayer. This can be a moment of profound encounter with God.  Please note that the authorised prayer minsters have been selected by Fr Keith and pray in the sanctuary. For your own safety, do not go to others as they have no authorisation.

Sunday 18th June, 2017

Cathedral
<b>SAINTS HELPING US TODAY</b>  Begins Sunday 18th June at 7.30pm (after 6.00pm Mass) in the Cathedral Main Hall, a six-session course showing how the age-old wisdom and teachings of the Saints can be of great practical help today. Register online at the Cathedral website.
<b>CATHEDRAL CHOIR</b> The 11.15am choir is looking for new members, especially altos, tenors and basses. We sing a wide range of music from Gregorian chant to Graham Kendrick. Please do consider joining us. Speak to a choir member after Mass or email: <a href="mailto:music@cathedral-abdn.org">music@cathedral-abdn.org</a> 
<b>RING FOUND</b> If you lost a gold metal ring with a stone setting in the Cathedral on Saturday 27th May please get in touch with the office.
Deanery & Diocese
<b>CATHOLIC RELIGIOUS EDUCATION FOR PUPILS OF ABERDEEN CITY COUNCIL SECONDARY SCHOOLS</b> Aberdeen City Council is continuing its programme of Catholic Religious Education for pupils of its secondary schools in Session 2017-2018. Classes will begin in the week of Monday August 28th. Classes will meet from 4pm until 5pm. This year there is a choice of days and venues. Classes for First and Second Year pupils will meet in Harlaw Academy on Mondays and St Machar Academy on Wednesdays. Classes for Third and Fourth Year pupils will meet in Harlaw Academy on Tuesdays and in St Machar Academy on Thursdays. An individual pupil will be able to choose to attend on the day and at the venue which suits she or he best. For further details and to register please go to <a href="http://www.abernet.org/rcrc/">www.abernet.org/rcrc/</a> or telephone Mr Charlie Love on 01224 522287.
<b>PLUSCARDEN DIOCESAN PILGRIMAGE, SUNDAY 25TH JUNE</b> The knights of St Columba (KSC) are running a coach from Aberdeen for anyone wishing to attend. The cost is £15 for Adults, £40 for a Family (max 2 adults and 2 children), OAP’s and children (under 12 years) £12. Pick up’s at St Peter’s, Cathedral and St Josephs. For details see notice board. Further details from : Andy Duncan, tel. 01651 869128.
<b>BISHOP’S GOLDEN JUBILEE TROPHY</b> This year, with the agreement of the golfers, we will return to Duff House Royal Golf Club, Banff for the popular Diocesan Golf Outing on Friday 30 <sup>th</sup> June 2017. The cost will be £46 to include one round of golf and a two-course meal. We are in need of a Golf team that will represent the Parish. See notice board for further details or contact Joyce on <a href="mailto:joyce@rcd-abdn.org">joyce@rcd-abdn.org</a>
<b>MONASTIC EXPERIENCE WEEKEND</b> <i>An opportunity for young, Catholic men, aged 18-35, to discover at first hand what monastic life is about. Interested? Contact Fr Benedict Hardy OSB: <a href="mailto:novicemaster@pluscardenabbey.org">novicemaster@pluscardenabbey.org</a> or call: 01343 890 257</i>

Weekly Calendar	
Mon	<b>Mother &amp; Toddler Group</b> For parents with young children. All ages welcome. Main Hall from 1pm-3 pm Contact: Yi-pei Chou <a href="mailto:chou.turvey@gmail.com">chou.turvey@gmail.com</a>  <b>Credo Community Meeting</b> Polish charismatic prayer group. Main Hall at 7.30pm . Contact: Klaudiusz Mozolewski 07928323313
Tue	<b>Magnificat Prayer Group</b> 7.30pm in the Lower Hall after Mass. Contact: Paul Akagwu <a href="mailto:pakagwu@gmail.com">pakagwu@gmail.com</a>  <b>St. Vincent de Paul</b> Feeding the homeless Contact: Evelyn Murray  <b>Adult Confirmation Class &amp; RCIA</b> Cathedral House at 7.30pm Contact: Fr Keith
Wed	<b>Light Exercise Class for all</b> Main Hall at 10:00am Contact: Laura Walker 0777 3 021 851 <a href="mailto:laura@laurawalkerlimited.co.uk">laura@laurawalkerlimited.co.uk</a>  <b>Seniors Club</b> Speakers, fun & fellowship Main Hall at 2 pm every 2 weeks Contact: Jean on 01569 765 799  <b>Healing of Memories</b> Prayer for the healing of painful memories of the past to bring peace to the present. Clergy House at 2.30pm (by appointment) Contact: Deacon Tony  <b>Legion of Mary</b> Lower Hall from 6pm to 7.30pm Contact: Nogie Osula <a href="mailto:nogisula@yahoo.com">nogisula@yahoo.com</a>  <b>African Choir</b> For Africans and anyone else. Upper Hall from 6 - 8.00pm Contact: Patricia Malikebu 07891 714 549
Thu	<b>Cenacolo Prayer Group</b> Exposition & Rosary praying for healing of those with addictions Church after Mass Contact: Liam Sharkey 07774 931 996 <b>Band Practice</b> Contemporary music for Sunday 6pm Mass Upper Hall after Mass Contact: John Costaschuk <b>Cathedral Choir practice</b> 7pm in the Lower Hall
Fri	<b>Altar Servers’ Practice</b> Church from 6.00 to 7.00pm Contact: Simon begbie_no1@hotmail.com  <b>Youth Groups</b> For teenagers between 11 & 17 Upper Hall 7pm to 9pm Contact: St. Andrew’s Community
Sat	<b>Church Cleaning</b> Church at 10.30am Contact: Joyce Webster 01224 319 154  <b>Parenting Class</b> Clergy House after 10am Mass <b>K4J</b> (Kids for Jesus) Youth group for P2’s to P7’s in the Main Hall from 12.30pm to 2pm <b>Saturday Club</b> Informal social gathering, includes prayer Main Hall from 4pm to 7pm Contact: <b>African Choir</b> (As above) Upper Hall from 6 - 8.00pm
Sun	<b>Choir Rehearsal</b> Leading the music for 11:15 Sunday Mass Upper Hall 10.00am Contact: Shelagh Noden  <b>Alpha</b> Main Hall after 6.00pm