

**Entrance Antiphon**

Ps 83: 10-11

Turn your eyes, O God, our shield;  
and look on the face of your anointed one;  
one day within your courts  
is better than a thousand elsewhere.

**Collect**

O God, who have prepared for those who love you  
good things which no eye can see,  
fill our hearts, we pray, with the warmth of your love,  
so that, loving you in all things and above all things,  
we may attain your promises,  
which surpass every human desire.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.

**First reading**

Isaiah 56:1,6-7

Thus says the Lord: Have a care for justice, act with integrity,  
for soon my salvation will come and my integrity be manifest.

Foreigners who have attached themselves to the Lord to  
serve him and to love his name and be his servants – all  
who observe the sabbath, not profaning it, and cling to my  
covenant – these I will bring to my holy mountain. I will  
make them joyful in my house of prayer. Their holocausts  
and their sacrifices will be accepted on my altar, for my  
house will be called a house of prayer for all the peoples.

**Responsorial Psalm**

Psalm 66(67):2-3,5-6,8

*R. Let the peoples praise you, O God; let all the peoples  
praise you.*

O God, be gracious and bless us  
and let your face shed its light upon us.  
So will your ways be known upon earth  
and all nations learn your saving help. *R.*

Let the nations be glad and exult  
for you rule the world with justice.  
With fairness you rule the peoples,  
you guide the nations on earth. *R.*

Let the peoples praise you, O God;  
let all the peoples praise you.  
May God still give us his blessing  
till the ends of the earth revere him. *R.*

**Second reading**

Romans 11:13-15,29-32

Let me tell you pagans this: I have been sent to the pagans  
as their apostle, and I am proud of being sent, but the pur-  
pose of it is to make my own people envious of you, and in  
this way save some of them. Since their rejection meant  
the reconciliation of the world, do you know what their ad-  
mission will mean? Nothing less than a resurrection from  
the dead! God never takes back his gifts or revokes his  
choice.

Just as you changed from being disobedient to God, and  
now enjoy mercy because of their disobedience, so those  
who are disobedient now – and only because of the mercy  
shown to you – will also enjoy mercy eventually. God has  
imprisoned all men in their own disobedience only to show  
mercy to all mankind.

**Gospel Acclamation**

Jn10:27

Alleluia, alleluia!  
The sheep that belong to me listen to my voice,  
says the Lord,  
I know them and they follow me.  
Alleluia!

**Gospel**

Matthew 15:21-28

Jesus left Gennesaret and withdrew to the region of Tyre  
and Sidon. Then out came a Canaanite woman from that  
district and started shouting, ‘Sir, Son of David, take pity on  
me. My daughter is tormented by a devil.’ But he answered  
her not a word. And his disciples went and pleaded with  
him. ‘Give her what she wants,’ they said ‘because she is  
shouting after us.’ He said in reply, ‘I was sent only to the  
lost sheep of the House of Israel.’ But the woman had come  
up and was kneeling at his feet. ‘Lord,’ she said ‘help me.’  
He replied, ‘It is not fair to take the children’s food and  
throw it to the house-dogs.’ She retorted, ‘Ah yes, sir; but  
even house-dogs can eat the scraps that fall from their  
master’s table.’ Then Jesus answered her, ‘Woman, you  
have great faith. Let your wish be granted.’ And from that  
moment her daughter was well again.

**Prayer over the Offerings**

Receive our oblation, O Lord,  
by which is brought about a glorious exchange,  
that, by offering what you have given,  
we may merit to receive your very self.  
Through Christ our Lord.

**Communion Antiphon**

Ps 129: 7

With the Lord there is mercy;  
in him is plentiful redemption.

**Prayer after Communion**

Made partakers of Christ through these Sacraments,  
we humbly implore your mercy, Lord,  
that, conformed to his image on earth,  
we may merit also to be his coheirs in heaven.  
Who lives and reigns for ever and ever.

Sunday 11.15am Mass		
Entrance Hymn	381	I will enter His gates
Offertory	Choir	Ezi Chukwu nara aja anyi (Dear God, accept our gift)
Communion	658	The Lord hears the cry of the poor
	Choir	In love with Jesus
Marian antiphon	597	Salve, Regina
Recessional	103	All creatures of our God and King

# Sunday Bulletin

20th August 2017

• 20th Sunday in Ordinary Time •

Year A



## St. Mary's Cathedral

20 Huntly Street, Aberdeen AB10 1SH

[www.stmaryscathedralaberdeen.org](http://www.stmaryscathedralaberdeen.org)





### Meditation

Jesus withdraws to the Gentile districts of Tyre and Sidon to get away from the adversaries who taunt him for breaking the Jewish rituals of purification. Here he will redefine the limits of clean and unclean. Through the supplication of a Canaanite woman, he will deal with the question of salvation for the Gentiles.

Strangely enough, Jesus remains silent as if he shared the arrogant particularism of the Jews toward these "dogs of the Gentiles". He seems to hesitate and when he decides to answer the woman, he does so in shocking terms. He wishes to do the will of God who desires that the lost sheep of Israel be gathered together. Only then, from the base of this renewed people, will

he welcome the Gentiles, in accordance with their belief into the great family of Abraham. What is this woman's problem? She does not believe that she has any right to demand the bread of divine friendship reserved primarily for the Jews. All she can ask for are crumbs. But she asks with such faith and humility that she will receive the fullness of salvation for which she hopes. In the welcome Jesus gives this foreigner, the Christians of the first century saw a prophetic model for their own attitude toward the Gentile believers. They had to go beyond the limits of an elitist religion, one based on race alone, in order to preach a universal salvation grounded in faith.

Can we transcend the frontiers of our prejudices? Many whom we consider alien in fact teach us the meaning of faith.

Vienna International Religious Centre





St Mary’s Cathedral - Aberdeen AB10 1SH

Clergy & Religious		
Administrator:	Fr. Keith Herrera 01224 640 160 <a href="mailto:administrator@cathedral-abdn.org">administrator@cathedral-abdn.org</a>	
Assistant Priest:	Fr. Janusz Wilczynski SAC (Polish Chaplain) <a href="mailto:curate1@cathedral-abdn.org">curate1@cathedral-abdn.org</a>	
Assistant Priest:	Fr. Ambrose Flavell OSB 07901 36 7557 <a href="mailto:ambrogio.gh@gmail.com">ambrogio.gh@gmail.com</a>	
Deacon:	Deacon Tony Schmitz <a href="mailto:deacon@cathedral-abdn.org">deacon@cathedral-abdn.org</a>	
Holy Family Sisters of Needy:	07863 065 345 01224 970812 <a href="mailto:holyfamiliesrs@yahoo.co.uk">holyfamiliesrs@yahoo.co.uk</a>	
St Andrew Community:	07754 891 808 <a href="mailto:standrewscommunity@cathedral-abdn.org">standrewscommunity@cathedral-abdn.org</a> Community Safeguarding: Charlene <a href="mailto:youth@StAndrewX.org">youth@StAndrewX.org</a>	
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Cathedral Safeguarding:	Fiona Mitchell 07905 265194 <a href="mailto:fiona.j.mitchell@hotmail.co.uk">fiona.j.mitchell@hotmail.co.uk</a> More information: Parish website or <a href="http://www.scottishcatholicsafeguarding.org.uk">www.scottishcatholicsafeguarding.org.uk</a>	
Music Director:	Shelagh Noden <a href="mailto:music@cathedral-abdn.org">music@cathedral-abdn.org</a>	
Shop Manager:	Barbara Mearns <a href="mailto:shop@cathedral-abdn.org">shop@cathedral-abdn.org</a>	
Bulletin:	<a href="mailto:bulletin@cathedral-abdn.org">bulletin@cathedral-abdn.org</a> Notices to be in by Tuesday evening	
Hall Bookings:	<a href="mailto:halls@cathedral-abdn.org">halls@cathedral-abdn.org</a> Call between 9am & 1pm only Terms & Conditions see Parish website	
Liturgical Ministries		
Head Sacristan:	Jacqueline Armstrong <a href="mailto:jacquelinearmstr@hotmail.com">jacquelinearmstr@hotmail.com</a>	
Readers:	Fiona Mitchell <a href="mailto:fiona.j.mitchell@hotmail.co.uk">fiona.j.mitchell@hotmail.co.uk</a>	
Euch. Ministers:	John MacKinnon 07926 628 941 <a href="mailto:johnmackinnon2602@hotmail.co.uk">johnmackinnon2602@hotmail.co.uk</a>	
Welcomers:	Gordon Webster 01224 592 246 <a href="mailto:webster200@btinternet.com">webster200@btinternet.com</a>	
Collectors:	Diego Mejias Morffe 07960 325 046 <a href="mailto:dmejiasmorffe@gmail.com">dmejiasmorffe@gmail.com</a>	
Altar Servers:	George Brand 01224 630 159 <a href="mailto:geobra@msn.com">geobra@msn.com</a>	
Flowers:	Pixie Mathers 07763064146 <a href="mailto:pixie2704@sky.com">pixie2704@sky.com</a>	
Notices		
Adoration:	Monday– Saturday	6.00am-12 midnight
Confessions:	Tuesdays	6pm
	Saturdays	10.30am & 6pm
Morning Prayer:	Monday - Friday	7.30am
Evening Prayer:	Thursdays	6.30pm
Night Prayer:	Thursdays	8.30pm
Rosary:	Fridays (Vocations)	1.30pm
	Saturdays (Priests)	10.30pm
Housebound?	John MacKinnon (See above) for visits	
Coeliacs:	Speak to clergy before Mass	
Sunday Coffees:	Ann Ryans	07545 615 198 <a href="mailto:annryans@aol.com">annryans@aol.com</a>
Natural Family Planning (NFP)	Margaret Hammond <a href="mailto:nfp@cathedral-abdn.org">nfp@cathedral-abdn.org</a>	

Mass Times				
Date	Details	Service	Time	Mass Intentions
Sun 20th	20th Sunday in Ordinary Time	Mass	8.00am	Parish Intentions
		Polish Mass	9.30am	
		Mass	11.15am	For the Diocese
		Polish Mass	3.00pm	
		Mass	6.00pm	William Stewart&Benefactors
Mon 21st		Mass	12.30pm	Joseph Walsh RIP
Tue 22nd		Mass	7.00pm	Milagrine Fernandes RIP
Wed 23rd		Mass	12.30pm	Joseph Walsh RIP
Thu 24th	Saint Bartholomew, Apostle	Mass	7.00pm	Alexander & Helen Forbes
Fri 25th			Mass	12.30pm
Sat 26th		Mass	10.00am 7.00pm	Daisy Philip RIP Joseph Gnanarajah RIP
Sun 27th	21st Sunday in Ordinary Time	Mass	8.00am	Health and Education Thgvn
		Polish Mass	9.30am	
		Mass	11.15am	
		Polish Mass	3.00pm	
		Mass	6.00pm	Parish Intentions
Mass Intention Envelopes				
These are available at the back of the Church. Print details and post through Clergy House letter box.			Cathedral itself. Recommended offering for each Mass is £5.	
It may not always be possible for Mass to be celebrated on your preferred date or at the			Sunday 11:15 Mass is normally reserved for the Administrator's or Bishop's Intentions for the Parish or Diocese.	

OFFERTORY: £2640.94



### Youth

**FAITH & FUN ON SATURDAYS**  
Youth group for P2’s to P7’s  
In the Main Hall from  
12.30pm to 2pm every  
Saturday afternoon. For  
more details and to register  
online please see our website.

### Cathedral

**ACCESS TO CATHEDRAL NEXT SUNDAY**  
Due to the ‘Simplyhealth Great Aberdeen Run’ on Sunday 27th August please be aware that due to road closures there will only be pedestrian access to the Cathedral for the greater part of the day. See website for road closures map and parking availability in the City.

**SUNDAY PRAYER MINISTRY**  
Sunday Prayer Ministry has resumed; after 11.15am/6.00pm Mass, to the side of the Patrons Altar. If you require prayer for yourself, a family member, or friend, please feel free to make yourself known to the team.

SVdP	
Income	
Polish Collection	£101.42
Box Collection	£150.57
Total	£251.99
Spend on food	£224.62
Our grateful thanks to everyone who generously helps us in our work.	

### Cathedral

**CATENIAN ROSARY GROUP**  
The group is now focusing on sending white plastic rosaries to prisoners where there is an urgent need. Rosaries , especially white plastic rosaries can be sent to Michael Blackburn, 164 Green Park Rd., Halifax HX3 0SP. Any queries ‘phone 01422 352559 or email: michael@jjbr.co.uk

**BELOVED DISCIPLES**  
Pope Francis calls us to discover the Joy of Discipleship. Find out more about your faith in a supportive and friendly environment. Gain the tools needed to be an effective disciple. The Group has gained many insights from the various courses we have followed so far. We are now about to begin studying the Gospel of Matthew (this year the Church takes its Gospel readings from Matthew). We would love you to join us on Wednesdays in the Cathedral House after 12:30 Mass. Please come along! You will be made very welcome! Kevin O’Carroll

**ALTAR SERVERS’ TRAINING**  
Training starts again on Friday 25th August from 6.00pm to 7.00pm. Attendance is mandatory for all Servers.

**CHILDREN’S MONTHLY MASS**  
On the first Sunday of each month the 11.15 am Mass will be set aside as a Children’s Mass.

Please take me home

### Cathedral

**CHOIR PRACTICE**  
Practice for the 11;15 choir will resume on Thursday evening this week (17th) in the music office, up the stairs at the side entrance to the Cathedral at 7pm. New members are very welcome. If you are interested but can’t attend contact [music@cathedral-abdn.org](mailto:music@cathedral-abdn.org)

a simple solution to world hunger

**MARY’S MEALS**  
There will be a second collection today for Mary’s Meals who do fantastic work in providing chronically hungry children with one meal every school day, encouraging education that can lift them out of poverty in later life.

**Welcome Christopher!**  
A warm welcome to Christopher Doig, one of our diocesan seminarians studying in Rome, who will be serving in our parish until 14th September.

**CONFIRMATION CLASSES 2017 (P7-S4)**  
These classes begin on Friday, 15th September so Registration begins now. Please sign up online through the Cathedral website: [www.stmaryscathedralaberdeen.org](http://www.stmaryscathedralaberdeen.org)  
The Confirmation Classes for this session will begin with a Parents’ Meeting at 5.30pm followed by class from 6.00-7.00pm then Youth Group from 7.00-9pm. Attendance at both Classes and Youth Group is mandatory. Please register on line ASAP Any queries to:- [ruthpaterson@hotmail.com](mailto:ruthpaterson@hotmail.com)

**SPUC SCOTLAND**  
A SPUC Petition is available at the back of the church to oppose the campaign to extend abortion. Please sign the petition to help mobilise opposition to this threat to future generations of children.

**BOOK SHOP**  
A great selection of books now in the shop.  
Benedict XVI Last Testament in his own words  
Pope St John Paul—In God’s Hands—Spiritual Diaries  
Reason to Believe—Abortion—Marriage Annulment—Contraception and Chastity  
Living with Illness and Suffering  
Contraception and Chastity  
The Word of the Lord —Discovering Verbum Domini  
The Inspiration of Truth of Sacred Scripture—the Word that comes from God and Speak  
O God for the Salvation of the World  
Simple Prayer Book, Theology of the Body  
Opening hours of shop 1 hour after every Mass  
Remember to pick up your Herald and Observer.

**PARISH REGISTER UPDATE**  
As from next week, we shall be updating our parish registers. Initially, all we shall be asking you is if you are still a parishioner at the Cathedral. This will be done as follows:  
1. Fr Keith will e-mail those for whom we have e-mail addresses.  
2. Our volunteers will phone those for whom we do not have e-mail.  
3. A letter will be sent to those for whom we have neither e-mail no phone numbers.  
Once we know who is still a parishioner then we shall be in touch again to update your information. Thank you for your help with this. Fr Keith.

**SOUND DESK**  
We are looking for people who can commit to going on a rota to help on the sound desk during weekend Masses. This is a vital ministry as it helps everyone to hear what is going on clearly. The role isn’t technically demanding and instruction will be given. Contact: Fr Keith on [administrator@cathedral-abdn.org](mailto:administrator@cathedral-abdn.org)

Sunday 20th August, 2017

### Cathedral

**CATENIAN EVENT**  
Aberdeen Catenians are having a President’s Day event on Saturday 26th August from 12.00 noon.  
Venue: Bishop’s House, 14 Chanorny, Old Aberdeen. Families are especially welcome to join in the fun.

### Deanery & Diocese

**UPLIFTING WALKS**  
You are invited to join Uplifting Walks on Saturday 12th August as we explore the local Buckie area, a varied coastal walk passing through harbours and beautiful coastline with possible wildlife sightings. The walk will end with optional Vigil Mass at St Peter’s Church, Buckie. 4, 8 or 12 mile options. Everyone welcome! To register, and for further info, visit: [upliftingwalks.wordpress.com](http://upliftingwalks.wordpress.com) or email Sabrina: [sabrina@rediscovered.me](mailto:sabrina@rediscovered.me)

**Grube Violin Concert 2017**  
Professor Michael Grube’s Violin Recital on Monday 21st August 2017 between 7.00pm to 8.15pm at Pluscarden Abbey. Tickets, only available at the door, £10.

**National Pilgrimage to Carfin 2017**  
In honour of our Lady of Fatima to consecrate our country to the Immaculate Heart of Mary. Sunday 3rd September at 3.00pm. Principal Celebrant: Archbishop Philip Tartaglia and Homilist: Bishop Brian McGee. A bus will be leaving from the Cathedral, Huntly Street at 10.00am. To book your seat please contact the Cathedral office. Cost will be £12.00 per person.

**CELEBRATE SCOTLAND**  
A Catholic family conference for all ages. Lively worship, good teaching and good company in a vibrant faith-filled atmosphere; includes mime and drama and Sunday family Mass. Celebrate is designed for families. It has streams to accommodate all ages of children and youth to help them grow in their faith in a relevant and joy filled way.  
This year’s theme is “Seek first his Kingdom”, running in St Ninian’s High School, Giffnock, East Renfrewshire from Saturday 2nd till Sunday 3rd September. For more details and to book see website [www.celebrateconference.org](http://www.celebrateconference.org) or phone Ged Farrell on 07793 370910. An Early bird discount is available if booked before 31st July.

**CATHOLIC RELIGIOUS EDUCATION FOR PUPILS OF ABERDEEN CITY COUNCIL SECONDARY SCHOOLS**  
Aberdeen City Council is continuing its programme of Catholic Religious Education for pupils of its secondary schools in Session 2017-2018. Classes will begin in the week of Monday August 28th. Classes will meet from 4pm until 5pm. This year there is a choice of days and venues. Classes for First and Second Year pupils will meet in Harlaw Academy on Mondays and St Machar Academy on Wednesdays. Classes for Third and Fourth Year pupils will meet in Harlaw Academy on Tuesdays and in St Machar Academy on Thursdays. An individual pupil will be able to choose to attend on the day and at the venue which suits she or he best. For further details and to register please go to [www.abernet.org/rcree/](http://www.abernet.org/rcree/) or telephone Mr Charlie Love on 01224 522287.

**NATIVITY OF MOTHER MARY FEAST CELEBRATION**  
The Konkani speaking community celebrates the Nativity of Mother Mary feast on 9th September at 6.00pm at St. Francis of Assisi Church Mannofield, followed by showering of flowers and fellowship meal. If you would like to join and for more information, please contact Juliana D’costa on 01224905725 or 07919123510. Thanks.

**MONASTIC EXPERIENCE WEEKEND**  
*An opportunity for young, Catholic men, aged 18-35, to discover at first hand what monastic life is about. Interested? From Friday 18th to Monday 21st August. Contact Fr Benedict Hardy OSB: [novicemaster@pluscardenabbey.org](mailto:novicemaster@pluscardenabbey.org) or 01343 890 257*

Weekly Calendar	
Mon	<b>Mother &amp; Toddler Group</b> For parents with young children. All ages welcome. Main Hall from 1pm-3 pm Contact: Yi-pei Chou <a href="mailto:chou.turvey@gmail.com">chou.turvey@gmail.com</a>  <b>Credo Community Meeting</b> Polish charismatic prayer group. Main Hall at 7.30pm . Contact: Klaudiusz Mozolewski 07928323313
Tue	<b>Magnificat Prayer Group</b> 7.30pm in the Lower Hall after Mass. Contact: Stella Maria Onuoha 0744 9951 415 <a href="mailto:nesin@yahoo.com">nesin@yahoo.com</a>  <b>St. Vincent de Paul</b> Feeding the homeless Contact: Evelyn Murray  <b>Adult Confirmation Class &amp; RCIA</b> Cathedral House at 7.30pm Contact: Fr Keith
Wed	<b>Light Exercise Class for all</b> Main Hall at 10:00am Contact: Laura Walker 0777 3 021 851 <a href="mailto:laura@laurawalkerlimited.co.uk">laura@laurawalkerlimited.co.uk</a>  <b>Seniors Club</b> Speakers, fun & fellowship Main Hall at 2 pm every 2 weeks Contact: Jean on 01569 765 799  <b>Healing of Memories</b> Prayer for the healing of painful memories of the past to bring peace to the present. Clergy House at 2.30pm (by appointment) Contact: Deacon Tony  <b>Legion of Mary</b> Lower Hall from 6pm to 7.30pm Contact: Nogie Osula <a href="mailto:nogisula@yahoo.com">nogisula@yahoo.com</a>  <b>African Choir</b> For Africans and anyone else. Upper Hall from 6 - 8.00pm Contact: Patricia Malikebu 07891 714 549
Thu	<b>Cenacolo Prayer Group</b> Exposition & Rosary praying for healing of those with addictions Church after Mass Contact: Liam Sharkey 07774 931 996 <b>Band Practice</b> Contemporary music for Sunday 6pm Mass Upper Hall after Mass Contact: John Costaschuk <b>Cathedral Choir practice</b> 7pm in the Lower Hall
Fri	<b>Altar Servers’ Practice</b> Church from 6.00 to 7.00pm Contact: Simon begbie_no1@hotmail.com  <b>Youth Groups</b> For teenagers between 11 & 17 Upper Hall 7pm to 9pm Contact: St. Andrew’s Community
Sat	<b>Church Cleaning</b> Church at 10.30am Contact: Joyce Webster 01224 319 154  <b>Parenting Class</b> Clergy House after 10am Mass <b>K4J</b> (Kids for Jesus) Youth group for P2’s to P7’s in the Main Hall from 12.30pm to 2pm <b>Saturday Club</b> Informal social gathering, includes prayer Main Hall from 4pm to 7pm Contact: <b>African Choir</b> (As above) Upper Hall from 6 - 8.00pm
Sun	<b>Choir Rehearsal</b> Leading the music for 11:15 Sunday Mass Upper Hall 10.00am Contact: Shelagh Noden  <b>Alpha</b> Main Hall after 6.00pm