

Entrance Antiphon
O people of Sion, behold,
the Lord will come to save the nations,
and the Lord will make the glory
of his voice heard
in the joy of your heart.

First reading **Isaiah 40:1-5,9-11**

“Console my people, console them”
says your God.
‘Speak to the heart of Jerusalem
and call to her
that her time of service is ended,
that her sin is atoned for,
that she has received from the hand of the Lord
double punishment for all her crimes.’
A voice cries, ‘Prepare in the wilderness
a way for the Lord.
Make a straight highway for our God
across the desert.
Let every valley be filled in,
every mountain and hill be laid low.
Let every cliff become a plain,
and the ridges a valley;
then the glory of the Lord shall be revealed
and all mankind shall see it;
for the mouth of the Lord has spoken.’
Go up on a high mountain,
joyful messenger to Zion.
Shout with a loud voice,
joyful messenger to Jerusalem.
Shout without fear,
say to the towns of Judah,
‘Here is your God.’
Here is the Lord coming with power,
his arm subduing all things to him.
The prize of his victory is with him,
his trophies all go before him.
He is like a shepherd feeding his flock,
gathering lambs in his arms,
holding them against his breast
and leading to their rest the mother ewes.

Responsorial Psalm **Psalm 84(85):9-14(Advent)**

Let us see, O Lord, your mercy, and give us your saving help.

I will hear what the Lord God has to say,
a voice that speaks of peace,
peace for his people.
His help is near for those who fear him
and his glory will dwell in our land.

Mercy and faithfulness have met;
justice and peace have embraced.
Faithfulness shall spring from the earth
and justice look down from heaven.

The Lord will make us prosper
and our earth shall yield its fruit.
Justice shall march before him
and peace shall follow his steps.

Second Reading **2 Peter 3:8-14**

There is one thing, my friends, that you must never forget: that with the Lord, ‘a day’ can mean a thousand years, and a thousand years is like a day. The Lord is not being slow to carry out his promises, as anybody else might be called slow; but he is being patient with you all, wanting nobody to be lost and everybody to be brought to change his ways. The Day of the Lord will come like a thief, and then with a roar the sky will vanish, the elements will catch fire and fall apart, the earth and all that it contains will be burnt up.
Since everything is coming to an end like this, you should be living holy and saintly lives while you wait and long for the Day of God to come, when the sky will dissolve in flames and the elements melt in the heat. What we are waiting for is what he promised: the new heavens and new earth, the place where righteousness will be at home. So then, my friends, while you are waiting, do your best to live lives without spot or stain so that he will find you at peace.

Gospel Acclamation
Lk3:4,6

Alleluia, alleluia!
Prepare a way for the Lord,
make his paths straight,
and all mankind shall see the salvation of God.
Alleluia!

Gospel **Mark 1:1-8**

The beginning of the Good News about Jesus Christ, the Son of God. It is written in the book of the prophet Isaiah:

Look, I am going to send my messenger before you;
he will prepare your way.
A voice cries in the wilderness:
Prepare a way for the Lord,
make his paths straight.

and so it was that John the Baptist appeared in the wilderness, proclaiming a baptism of repentance for the forgiveness of sins. All Judaea and all the people of Jerusalem made their way to him, and as they were baptised by him in the river Jordan they confessed their sins. John wore a garment of camel-skin, and he lived on locusts and wild honey. In the course of his preaching he said, ‘Someone is following me, someone who is more powerful than I am, and I am not fit to kneel down and undo the strap of his sandals. I have baptised you with water, but he will baptise you with the Holy Spirit.’

Communion Antiphon **Ba 5:5;4.36**

Jerusalem arise and stand upon the heights,
And behold the joy which comes to you from God.

Sunday 11.15am Mass		
Entrance Hymn	316	Hark a herald voice is calling
Offertory	Choir	O Word of uncreated light
Communion	897	Wait for the Lord
Marian antiphon	128	Alma Redemptoris Mater
Recessional	541	On Jordan’s bank

Sunday Bulletin

10th December 2017 • 2nd Sunday of Advent • Year B



St. Mary's Cathedral

20 Huntly Street, Aberdeen AB10 1SH

www.stmaryscathedralaberdeen.org



What am I suppose to do during Eucharistic Adoration?

If you sign up to be an "adorer" you can schedule yourself for one or more hours per week to pray before the very presence of Our Lord, exposed in the monstrance. It means that you can have some time alone with Jesus to recite your favourite prayers, read the bible, pray a rosary or do whatever type of prayerful devotion that suits you before Our Lord. You can just sit and say nothing simply keeping Him company, just as you would with a dear friend. The important thing is to realize that you need time to experience God's personal care for you alone.

There are basically four kinds of prayer most appropriate in the presence of the Eucharist, namely adoration and praise, thanksgiving, repentance and intercession. While your adoration experience will be unique to you, here are some suggestions for what to do during your Holy Hour:

- Pray the Psalms or the Liturgy of the Hours.
- Recite the "Jesus Prayer".
- Meditate using Scripture.
- Read the life of a saint and pray with him or her.
- Pour out your heart to Christ and adore him.
- Ask for forgiveness and intercede for others.
- Pray the Rosary.
- Sit quietly and just "be" in the presence of God.

How does Eucharistic Adoration relate to my life?

Everything you do can be rooted in Christ through spending time with him in Eucharistic Adoration. Pope John Paul II wrote *“The Eucharist is the source and summit of the Christian life.”* Eucharistic Adoration nourishes us, inspires us, and gives us the strength and grace to make Christ relevant, whether at our job, in our schoolwork, our leisure time, our relationships or our service to those who are in need. By spending time with Jesus in Adoration, we are made more mindful of Him and His presence with us through our day.

“We have ups and downs and sickness and suffering. That is part of the cross. Anyone who imitates Him to the full must share in His passion also. That is why we need prayer, that is why we need the Bread of Life, that is why we have Adoration” **St. Teresa of Calcutta**

“I will not allow myself to be so absorbed in the whirlwind of work as to forget about God. I will spend all my free moments at the feet of the Master hidden in the Blessed Sacrament.”
St. Faustina Kowlaska



Clergy & Religious

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Music Director: Shelagh Noden
music@cathedral-abdn.org
Shop Manager: Barbara Mearns
shop@cathedral-abdn.org
Bulletin: bulletin@cathedral-abdn.org
Notices to be in by Tuesday evening
Hall Bookings: halls@cathedral-abdn.org
Call between 9am & 1pm only
Terms & Conditions see Parish website

Liturgical Ministries

Head Sacristan: Jacqueline Armstrong
jacquelinearmstr@hotmail.com
Readers: Fiona Mitchell
fiona.j.mitchell@hotmail.co.uk
Euch. Ministers: John MacKinnon 07926 628 941
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Welcomers: Gordon Webster 01224 592 246
webster200@btinternet.com
Collectors: Diego Mejias Morffe 07960 325 046
dmejiasmorffe@gmail.com
Altar Servers: George Brand 01224 630 159
geobra@msn.com
Flowers: Pixie Mathers 07763064146
pixie2704@sky.com

Notices

Adoration:	Monday - Saturday	6.00am-12 midnight
Confessions:	Tuesdays	6pm
	Saturdays	10.30am & 6pm
Morning Prayer:	Monday - Friday	6.30am
	Saturdays	9.30am
Evening Prayer:	Thursdays	6.30pm
Night Prayer:	Thursdays	8.30pm
Rosary:	Fridays (Vocations)	1.30pm
	Saturdays (Priests)	10.30am
Housebound? Coeliacs:	John MacKinnon (See above) for visits	
Sunday Coffees:	Ann Ryans 07545 615 198 annryans@aol.com	
Natural Family Planning (NFP)	Margaret Hammond nfp@cathedral-abdn.org	

Mass Times

Date	Details	Service	Time	Mass Intentions
Sun 10th	2nd Sunday of Advent	Mass Polish Mass Solemn Mass Polish Mass Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	Thanksgiving Private Intention
Mon 11th		Mass Mass	7.00am 12.30pm	Thanksgiving Khor Thanksgiving John's Family
Tue 12th		Mass Mass	7.00am 7.00pm	Laura Grant Rip Augustine G. Vestil RIP
Wed 13th		Mass Mass	7.00am 12.30pm	Bernard Featherstone
Thu 14th		Mass Mass	7.00am 7.00pm	William Stuart and benefactors
Fri 15th		Mass Mass	7.00am 12.30pm	Fr. Bill Anderson & brother John
Sat 16th		Mass Vigil Mass	10.00am 7.00pm	Thanksgiving M Chukely & Family Alexander and Helen Forbes
Sun 17th	3rd Sunday of Advent	Mass Polish Mass Solemn Mass Polish Mass Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	

Mass Intention Envelopes

These are available at the back of the Church. Print details and post through Clergy House letter box.
It may not always be possible for Mass to be celebrated on your preferred date or at the

Cathedral itself. Recommended offering for each Mass is £5.
Sunday 11:15 Mass is normally reserved for the Administrator’s or Bishop’s Intentions for the Parish or Diocese.

OFFERTORY: £3,249,78 BUILDING FUND: £895.66

Fair Trade tea, coffee & home-baking after Mass

Youth

LIFE TEEN

Please note that:
Lifeteen (S3-S6) and
Edge (P7-S2) youth groups
meet on Fridays in the Lower and Main Halls, respectively. Time is 7-9 pm.

FAITH & FUN ON SATURDAYS
Youth group for P2’s to P7’s
In the Main Hall from 12.30pm to 2pm every Saturday afternoon.
For more details and to register online please see our website.

ABERDEEN DIOCESAN CHOIR
Rehearsals on Tuesdays at 7.30pm in the Upper Hall, St Mary’s Cathedral. New members are most welcome (especially tenors and basses!) Further information available on ADC website and Facebook.

Cathedral

Congratulations to Natalia Ejsmont who was Baptised on the 2nd of December. Please remember her in your prayers.

BAKE SALE- 10TH DEC
There will be a Bake Sale this week to raise money for our youth activities.

CHRISTMAS DECORATIONS
There will be a retiring collection at the end of the Saturday Vigil Mass (16 December) and of every Mass on Sunday (17 December), to help with providing flowers for Christmas. Please give what you can. NOTE: If anyone wishes to give a donation any day of the week for Christmas flowers for the church, please put your money into the slot (on the right, as you enter) marked “FLOWERS”. Thank you for your help.

SUNDAY PRAYER MINISTRY
After 11.15am & 6.00pm Masses Patrons Altar If you require prayer for yourself, a family member, or friend, please feel free to make yourself known to the team.

Income SVdP

Polish Collection	£ 41.30
Box Collection	£110.69
Donation	£50.00
Total Income	£201.99
Spent on Food	£146.64

Thanks to everyone for all their help.

Please take me home

Cathedral

ORGAN MUSIC FOR ADVENT

Forget the Christmas shopping for a while. Each Friday in Advent, starting on the 8th December, there will be a short programme of Advent-themed music at 1:30pm, after the 12:30 Mass in the cathedral. Admission is free. Tea, coffee and sandwiches are available afterwards in the hall.

FUNDRAISING MEETING
Thursday 14th December, 8pm - Clergy House
The parish is running short of funds and we would like to do some fundraising that is both fun and effective. If you feel you can help us with this then please come to a meeting at 8pm in the Clergy House.

SERVICE OF READINGS AND CAROLS

Monday 11th December, 2017 at 6.30pm in St Mary’s Cathedral with Aberdeen Diocesan Choir, African Choir and children from St Joseph’s, Holy Family and St Peter’s primary schools.

SENIORS CLUB
Christmas Lunch at the Ashvale (for members only).
Wednesday 13th December at 12 noon.

SACRAMENTAL PREPARATION CLASSES
Sacramental Preparation Classes for children at non-Catholic schools will begin in January, 2018. Children must make their First Reconciliation before making their First Communion. If your child is 7 years old or more then please register him/her online for the appropriate Sacrament at :- www.stmaryscathedralaberdeen.org or contact Ruth Paterson on 01224 593068
Email: ruthpaterson@hotmail.com

BOOK SHOP
New arrivals : The colour pieta — will you help me English Divine Mercy— St. Faustina passport to heaven
Holy souls handbook of devotion — I am Philomena Handbook of devotion – St Michael prince of Angels
St. Pio I will wait at the gates of heaven
St Anthony handbook of devotion
St. Theresa the little way
St. Francis handbook of devotion
Surrender novena Jesus you take over
Our Lady untier of knots novena prayer
Holy cloak in honour of St. Joseph— protect my home.
Holy hour with merciful Jesus
Life offering - healing prayers for the sick- - you are not alone-the wonders of me-
St. Faustina way of the cross - nothing is impossible with God.
The secret of La Salette revealed

CAR PARKING AT THE CATHEDRAL
Please be advised that parking is not permitted in any of the car parks to the rear of the Cathedral.

CHILDREN AT 11.15 AM MASS
Children can get bored at Mass because they can’t see what is going on. We would like to encourage children of primary school age to sit in the front left rows of the church with the Catechists.

Deanery & Diocese

CELEBRATE THE GIFT OF HOPE THIS ADVENT
In El Salvador SCIAF is working with people with disabilities to help them fight for their rights, lift themselves out of poverty and become champions in their communities. Join us and help change lives. Find out how here: www.sciaf.org.uk

HCPT CAROLS
HCPT Carols by Candlelight on Sunday 10th December 3-4.30pm, includes hot drinks and mince pies. Donations at door to help HCPT bring children with dis-abilities /dis-advantaged to Lourdes next Easter.

SYRIAN NEW SCOTS DONATION REQUEST
In preparation of some new families arriving in December and in order to help Somebody Cares who will be looking after the families, the following donation request list has been drawn-up:
♦ 1 x two seater sofa.
♦ 2 x TV (preferably with USB or HDMI inputs .
♦ Kitchenware: big pots, big plates, trays, utensils.
♦ Food blender / chopper.
♦ Small amount of bric a brac to brighten up homes.
♦ Cushions and throws.
♦ Cosy set of hats, scarfs and gloves for 4 adults, 3 teens and 2 older primary school children.
Sheona Bell, Senior Refugee Support Officer
Communities, Housing & Infrastructure
Business Hub 1, Lower Ground Floor West
Marischal College, AB10 1AB, Tel: 01224 523934
Email; SheBell@aberdeencity.gov.uk

PILGRIMAGE TO POLAND
Join Rt Rev. Hugh Gilbert OSB on pilgrimage to Poland 9th - 16th July 2018. Flights to Krakow direct from Edinburgh airport. Staying in the Pilgrim Hotel Campanile Krakow. Cost £560 pp based on half board accommodation excluding flight tickets.
For further information, please contact Joyce Webster: Diocesan Office 01224 319154

Sunday 10th December, 2017

Weekly Calendar

Mon **Mother & Toddler Group**
For parents with young children. All ages welcome. Main Hall from 13.30-15.30pm
Contact: Yi-pei Chou 0745 5479 479
Credo Community Meeting
Polish charismatic prayer group. Main Hall at 7.30pm .
Contact: Klaudiusz Mozolewski 07928323313

Tue **Magnificat Prayer Group**
7.30pm in the Lower Hall after Mass.
Contact: Stella Maria Onuoha 0744 9951 415 nnesin@yahoo.com
St. Vincent de Paul
Feeding the homeless
Contact: Evelyn Murray murray.evelyn@sky.com
Rite of Christian Initiation of Adults (RCIA)
Cathedral House at 7.30pm
Contact: Fr Keith

Wed **Light Exercise Class for all**
Main Hall at 10:00am
Contact: Laura Walker 0777 3 021 851
laura@laurawalkerlimited.co.uk
Beloved Disciples
Bible study and growing in faith
Clergy House Dining Room
After 12:30 Mass
Contact: Kevin O’Carroll
Seniors Club
Speakers, fun & fellowship
Main Hall at 2 pm every 2 weeks
Contact: Jean on 01569 765 799
Healing of Memories
Prayer for the healing of painful memories of the past to bring peace to the present.
Clergy House at 2.30pm (by appointment)
Contact: Deacon Tony
Legion of Mary
Lower Hall from 6pm to 7.30pm
Contact: Nogie Osula nogisula@yahoo.com
African Choir
For Africans and anyone else.
Upper Hall from 6 - 8.00pm
Contact: Patricia Malikebu 07891 714 549

Thu **Cenacolo Prayer Group**
Exposition & Rosary praying for healing of those with addictions
Church after Mass
Contact: Liam Sharkey 07774 931 996
Band Practice
Contemporary music for Sunday 6pm Mass
Upper Hall after Mass
Contact: John Costaschuk
Cathedral Choir practice
7pm in the Ogilve Centre

Fri **Altar Servers’ Practice**
Church from 6.00 to 7.00pm
Contact: Simon begbie_no1@hotmail.com
Youth Groups
For teenagers between 11 & 17
Halls 7pm to 9pm
Contact: St. Andrew’s Community

Sat **Church Cleaning**
Church at 10.30am
Contact: Joyce Webster 01224 319 154
K4J (Kids for Jesus)
Youth group for P2’s to P7’s in the Main Hall from 12.30pm to 2pm
African Choir (As above)
Upper Hall from 6 - 8.00pm

Sun **Choir Rehearsal**
Leading the music for 11:15 Sunday Mass
Upper Hall 10.00am
Contact: Shelagh Noden
Alpha
Main Hall after 7.30

Maintenance to Mission

Wednesday 13th December 7 - 8pm
Clergy House

We are hoping to move to a new phase in the life of the Cathedral. We are inviting anyone who is interested in seeing the parish move from a maintenance parish to a mission orientated parish to join us in reading Fr James Mallon’s book, *Divine Renovation: Bringing your parish from Maintenance to Mission*
We shall be reading through the book together and discussing its contents. Please buy a copy of the book and then join us for the meetings in the Clergy House.

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