

Entrance Antiphon Cf. Ps 95: 1,6

O sing a new song to the Lord;  
sing to the Lord, all the earth.  
In his presence are majesty  
and splendour,  
strength and honour  
in his holy place

Collect

Almighty ever-living God,  
direct our actions according  
to your good pleasure,  
that in the name of your beloved Son  
we may abound in good works.  
Through our Lord Jesus Christ,  
your Son,  
who lives and reigns with you  
in the unity of the Holy Spirit,  
one God, for ever and ever.

First reading Jonah 3:1-5,10

The word of the Lord was addressed to Jonah: ‘Up!’ he said  
‘Go to Nineveh, the great city, and preach to them as I told you  
to.’ Jonah set out and went to Nineveh in obedience to the  
word of the Lord. Now Nineveh was a city great beyond com-  
pare: it took three days to cross it. Jonah went on into the city,  
making a day’s journey. He preached in these words, ‘Only for-  
ty days more and Nineveh is going to be destroyed.’ And the  
people of Nineveh believed in God; they proclaimed a fast and  
put on sackcloth, from the greatest to the least.

God saw their efforts to renounce their evil behaviour. And  
God relented: he did not inflict on them the disaster which he  
had threatened.

Responsorial Psalm Psalm 24(25):4-6,7b-9

*Lord, make me know your ways.*

Lord, make me know your ways.  
Lord, teach me your paths.  
Make me walk in your truth, and teach me:  
for you are God my saviour. **R**

Remember your mercy, Lord,  
and the love you have shown from of old.  
In your love remember me.  
because of your goodness, O Lord. **R**

The Lord is good and upright.  
He shows the path to those who stray,  
He guides the humble in the right path,  
He teaches his way to the poor. **R**

Second Reading 1 Corinthians 7:29-31

Brothers: our time is growing short. Those who have wives  
should live as though they had none, and those who mourn  
should live as though they had nothing to mourn for; those  
who are enjoying life should live as though there were nothing  
to laugh about; those whose life is buying things should live as  
though they had nothing of their own; and those who have to  
deal with the world should not become engrossed in it. I say  
this because the world as we know it is passing away.

Gospel Alleluia Mk:15

Alleluia, alleluia!  
The kingdom of God is close at hand:  
believe the Good News.  
Alleluia!

Gospel Mark 1:14-20

*I will make you fishers of men*

After John had been arrested, Jesus went into Galilee. There  
he proclaimed the Good News from God. ‘The time has come’  
he said ‘and the kingdom of God is close at hand. Repent, and  
believe the Good News.’

As he was walking along by the Sea of Galilee he saw Simon  
and his brother Andrew casting a net in the lake – for they  
were fishermen. And Jesus said to them, ‘Follow me and I will  
make you into fishers of men.’ And at once they left their nets  
and followed him.

Going on a little further, he saw James son of Zebedee and  
his brother John; they too were in their boat, mending their  
nets. He called them at once and, leaving their father Zebedee  
in the boat with the men he employed, they went after him.

Communion Antiphon Cf. Ps 33:6

Look towards the Lord and be radiant,  
Let your faces not be abashed.

Prayer after Communion

Grant, we pray, almighty God,  
that, received the grace  
by which you bring us to new life,  
and may always glory in your gift.  
Through Christ our Lord.

Sunday 11.15am Mass		
Entrance Hymn	361	Immortal Invisible
Offertory	Choir	Lead me, Lord
Communion	397	Jesus my Lord
Marian antiphon	128	Alma Redemptoris Mater
Recessional	416	Lead us, Heavenly Father, lead us

# Sunday Bulletin

21st January 2018 • 3rd Sunday in Ordinary Time • Year B



## St. Mary's Cathedral

20 Huntly Street, Aberdeen AB10 1SH

[www.stmaryscathedralaberdeen.org](http://www.stmaryscathedralaberdeen.org)

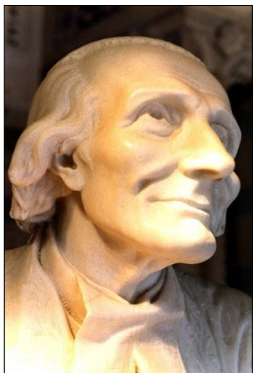


### Adoration changes people and parishes



#### ‘I LOOK AT HIM AND HE LOOKS AT ME’

St. Jean-Marie Vianney, the Curé of Ars once asked one of his parishioners who  
spent hours in adoration of the Blessed Sacrament, “My good father, what do you  
say to our Lord in those long visits you pay Him every day?” “I say nothing to Him,”  
was the man’s moving reply; “I look at Him and He looks at me.”

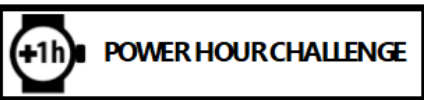


St. Jean-Marie Vianney

Take the "Power Hour Challenge": spend an hour talking and listening to our Lord in  
the Adoration Chapel once a week for the next month and see for yourself. Even 10  
or 15 minutes with Him can help make a trying day that much easier to bear!

HE CHANGES  
DOUBT INTO

HOPE



*“In the chapel I am free of all those things that busy my mind and  
hands. There is no laundry, no internet, no dusting, no shopping  
lists...there is simply an hour of quiet, an hour to commune and  
listen.”*

*“After a visit to the Chapel, I feel renewed peace and tranquility in  
my mind and heart. There is something special and sacred praying  
before the Blessed Sacrament!”*

*“After going to adoration, I visited my friend and she remarked  
that my face was glowing! I knew I was more serene, but a verse  
from the Bible came to me about Moses' face being illuminated  
after he had seen the Lord!”*

Adoration takes place in the Adoration Chapel (The door to the Chapel is beside the Patron’s Altar) from  
6am to 12 midnight. If you wish to join the adoration rota please email: [adoration@cathedral-abdn.org](mailto:adoration@cathedral-abdn.org)  
or you can book online at: <https://stmarysadoration.youcanbook.me>





St Mary’s Cathedral - Aberdeen AB10 1SH

Clergy & Religious		
Administrator:	Fr. Keith Herrera 01224 640 160 <a href="mailto:administrator@cathedral-abdn.org">administrator@cathedral-abdn.org</a>	
Assistant Priest:	Fr. Janusz Wilczynski SAC (Polish Chaplain) <a href="mailto:curate1@cathedral-abdn.org">curate1@cathedral-abdn.org</a>	
Assistant Priest:	Fr Peter Amoah <a href="mailto:abrampamensah@yahoo.com">abrampamensah@yahoo.com</a>	
Deacon:	Deacon Tony Schmitz <a href="mailto:deacon@cathedral-abdn.org">deacon@cathedral-abdn.org</a>	
Holy Family Sisters of Needy:	Sr Mary Joseph 01224 970 812 or 07863 065 345 <a href="mailto:holyfamiliesrs@yahoo.co.uk">holyfamiliesrs@yahoo.co.uk</a>	
St Andrew Community:	07754 891 808 <a href="mailto:standrewscommunity@cathedral-abdn.org">standrewscommunity@cathedral-abdn.org</a> Community Safeguarding: Charlene <a href="mailto:youth@StAndrewX.org">youth@StAndrewX.org</a>	
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Shop Manager:	Barbara Mearns <a href="mailto:shop@cathedral-abdn.org">shop@cathedral-abdn.org</a>	
Bulletin:	<a href="mailto:bulletin@cathedral-abdn.org">bulletin@cathedral-abdn.org</a> Notices to be in by Tuesday evening	
Hall Bookings:	<a href="mailto:halls@cathedral-abdn.org">halls@cathedral-abdn.org</a> Call between 9am & 1pm only Terms & Conditions see Parish website	
Liturgical Ministries		
Head Sacristan:	Jacqueline Armstrong <a href="mailto:jacquelinearmstr@hotmail.com">jacquelinearmstr@hotmail.com</a>	
Readers:	Fiona Mitchell <a href="mailto:fiona.j.mitchell@hotmail.co.uk">fiona.j.mitchell@hotmail.co.uk</a>	
Euch. Ministers:	John MacKinnon 07926 628 941 <a href="mailto:johnmackinnon2602@hotmail.co.uk">johnmackinnon2602@hotmail.co.uk</a>	
Stewards:	Diego Mejias Morffe 07960 325 046 <a href="mailto:dmejiasmorffe@gmail.com">dmejiasmorffe@gmail.com</a>	
Altar Servers:	George Brand 01224 630 159 <a href="mailto:geobra@msn.com">geobra@msn.com</a>	
Flowers:	Pixie Mathers 07763064146 <a href="mailto:pixie2704@sky.com">pixie2704@sky.com</a>	
Notices		
Adoration:	Monday - Saturday	6.00am-12 midnight
Confessions:	Tuesdays	6.00pm
	Saturdays	10.30am & 6.00pm
Morning Prayer:	Monday - Friday	6.30am
Rosary:	Saturdays (Priests)	10.30am
Housebound?	John MacKinnon (See above) for visits	
Coeliacs:	Speak to clergy before Mass	
Sunday Coffees:	Ann Ryans 07545 615 198 <a href="mailto:annryans@aol.com">annryans@aol.com</a>	
Natural Family Planning (NFP)	Margaret Hammond <a href="mailto:nfp@cathedral-abdn.org">nfp@cathedral-abdn.org</a>	

Mass Times				
Date	Details	Service	Time	Mass Intentions
Sun 21st	3rd Sunday in Ordinary Time	Mass Polish Mass Solemn Mass Polish Mass Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	Dieseru Family Intentions
Mon 22nd	Memorial of St Vincent	Mass Mass	7.00am 12:30am 7:00pm	Marie Edgar RIP
Tue 23rd		Mass Mass	7.00am 7.00pm	
Wed 24th	Memorial of St Francis de Sales	Mass Mass	7.00am 12.30pm	
Thu 25th	Conversion of St Paul the Apostle	Mass Mass	7.00am 7.00pm	Special Intentions
Fri 26th	Memorial of Sts Timothy & Titus	Mass Mass	7.00am 12.30pm	The Stalley Family
Sat 27th		Mass Vigil Mass	10.00am 7.00pm	Bronte Kutke-Viciene RIP
Sun 28th	4th Sunday in Ordinary Time	Mass Polish Mass Solemn Mass Polish Mass Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	

Mass Intention Envelopes	
These are available at the back of the Church. Print details and post through Clergy House letter box. It may not always be possible for Mass to be celebrated on your preferred date or at the	Cathedral itself. Recommended offering for each Mass is £5.  Sunday 11:15 Mass is normally reserved for the Administrator’s or Bishop’s Intentions for the Parish or Diocese.

OFFERTORY: £5,011.00	POLISH: £1,021.69
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### Youth

**LIFE TEEN**

Both Lifeteen (S3-S6) and Edge (P7-S2) youth groups  
Next meeting is on Friday 19th January  
Lower and Main Halls, respectively.  
Time is 7.00-9.00 pm.

**EDGE**

### FAITH & FUN ON SATURDAYS

Youth group for P2’s to P7’s  
In the Main Hall from 12.30pm to 2.00pm  
every Saturday afternoon.  
For more details and to register online please see our website.

**K4J KIDS 4 JESUS**

### SVdP

Polish Collections .....£46.73  
Box Collections.....£108.88  
TOTAL.....£155.61

Spend on food.....£309.52  
Many thanks to all for your contributions.

### Cathedral

**CHILDREN’S MONTHLY MASS**  
The Sunday 11.15am Mass will be a childrens’ Mass.

**JUSTICE & PEACE**  
♦ There will be a second collection on the 21st January funds for Justice and Peace.  
♦ A Group Meeting will be held at 7.00pm on 1st Feb in the Clergy House.

**SUNDAY PRAYER MINISTRY**  
After 11.15am & 6.00pm Masses at the Patrons Altar. If you require prayer for yourself, a family member, or friend, please feel free to make yourself known to the team.

**CAROL CONCERT**  
A Traditional Polish Carol Concert (singing in Polish & English) will be held at the Cathedral on Sunday 21st January at 4.00pm.

**SENIORS CLUB**  
**Wednesday 24th January 2018**, we are having A Bring And Buy Sale. Lots of Goodies For Sale. All Welcome

Please take me home

St Mary’s Deanery Station Masses 2018			
Confession: 6pm-7pm Stations of the Cross: 6.30pm-7pm Mass: 7pm Refreshments: 8pm-9pm			
DATE	LOCATION	MAIN CELEBRANT	PREACHER
16 Feb	St Mary’s RC Cathedral (Huntly Str.)	Bishop	Bishop Hugh
23 Feb	St Peter’s RC Church (Justice Str.)	Bishop	Fr. Peter
2 March	Trinity Church, Westhill ( Westhill Dr. AB32 6FY	Dean	Fr Gabor
9 March	Holy Family RC Church (117 Deveron Rd)	V. Dean	Fr Keith
16 March	Our Lady of Aberdeen RC Church (70 Cairngorm Cresc.)	Dean	Fr Patrick
23 March	Kings College Chapel (High Street)	Bishop	Fr George

### SACRAMENTAL PREPARATION CLASSES

Sacramental Preparation Classes for children at non-Catholic schools will begin in January, 2018. Children must make their First Reconciliation before making their First Communion. If your child is 7 years old or more then please register him/her online for the appropriate Sacrament at :-  
[www.stmaryscathedralaberdeen.org](http://www.stmaryscathedralaberdeen.org)  
or contact Ruth Paterson on 01224 593069  
Email: [ruthpaterson@hotmail.com](mailto:ruthpaterson@hotmail.com)

### ENGLISH / SPANISH PRACTICE

Improve your Spanish by speaking to a native Spanish speaker.  
Contact Karla at: [udag\\_g4v@hotmail.com](mailto:udag_g4v@hotmail.com)

### The Marriage Course

The Marriage Course is a unique and practical seven-week course, which will start on **Wednesday 28th February, and end on 25th March**, taking a break during Easter.  
  
Each week the course starts with a chance for couples to have a romantic candlelit supper in a relaxing atmosphere.  
  
This is followed by a short talk on a specific subject, interspersed with film clips of couples sharing their own experiences and street interviews with people from around the world.  
  
This course is open to all married couples and covers many of the most challenging areas of marriage.

### Cathedral Bookshop

**VOLUNTEERS REQUIRED**  
A selection of days and times available..  
**To apply please pick up an application form from the shop or from Barbara Mearns, Shop Manager.**

**Books to start reading this month are as follows** (all wonderful reading advised by Fr Keith):

- Why we are Catholic - our reason for faith - what Catholics really believe.
- Surprised by the truth 1 2 and 3.
- Rome sweet home
- Honey from the rock
- Crossing the Tiber.
- Catholicism for dummies 3<sup>rd</sup> edition
- All from St.Pauls London

Our book sale is still going strong until end of month. Remember to pick up your papers and magazines.  
We have a selection of containers for holy water. Living faith is in and we have copies for children. - check it out please - £1.  
Lovely crosses and rosaries for sale from Rome and Jerusalem at varying prices.

Sunday 21st January, 2018

### Maintenance to Mission

Wednesdays 7.00 - 8.00pm  
Clergy House  
We are hoping to move to a new phase in the life of the Cathedral. We are inviting anyone who is interested in seeing the parish move from a maintenance parish to a mission orientated parish to join us in reading Fr James Mallon’s book, *Divine Renovation: Bringing your parish from Maintenance to Mission*  
We shall be reading through the book together and discussing its contents. Please buy a copy of the book and then join us for the meetings in the Clergy House.

### CANON BILL ANDERSON REQUIEM MASS

A Requiem Mass for Canon Bill Anderson will be celebrated at 11.00am on Tuesday 30th January.

### Deanery & Diocese

**YOUTH LOURDES PILGRIMAGE**  
**6-11th October 2018**  
This is for young Catholics aged 15-25 who wish to take their faith to the next level.  
Organised by the Dominican Sisters of St Cecilia  
Cost £300. Details from the Sisters:  
Contact: [op@rcda.scot](mailto:op@rcda.scot)

### YOUTH MINISTRY GATHERING

For current youth workers and those interested in starting a youth group in a Roman Catholic parish.  
**26th January 2018 at Kilroy Castle, Muir of Ord, Inverness and 27th January 2018 at St Mary’s Cathedral, Aberdeen**  
Contact Sr. Anna Christi, OP at [ogilvie@rcda.scot](mailto:ogilvie@rcda.scot)

### HEADTEACHER VACANCIES IN ABERDEEN CITY

Aberdeen City Council has advertised the vacant post of Headteacher at Holy Family School with a **closing date of February 11th**.  
  
The vacant post of Headteacher of St Joseph’s School will be advertised in the near future.  
  
These are very important posts in continuing the success of Catholic education in the city.  
  
Details of the Holy Family post along with the application form can be found on the Aberdeen City Council website and on MyJobScotland.  
  
Details of the St Joseph’s post will appear on these two sites in the near future.

Weekly Calendar	
Mon	<b>Mother &amp; Toddler Group</b> For parents with young children. All ages welcome. Main Hall from 13.30-15.30pm Contact: Yi-pei Chou 0745 5379 479  <b>Credo Community Meeting</b> Polish charismatic prayer group. Main Hall at 7.30pm . Contact: Damian Gloc 07939418178
Tue	<b>Magnificat Prayer Group</b> 7.30pm in the Lower Hall after Mass. Contact: Stella Maria Onuoha 0744 9951 415 <a href="mailto:nnesin@yahoo.com">nnesin@yahoo.com</a>  <b>St. Vincent de Paul</b> Feeding the homeless Contact: Evelyn Murray <a href="mailto:murray.evelyn@sky.com">murray.evelyn@sky.com</a>  <b>Rite of Christian Initiation of Adults (RCIA)</b> Cathedral House at 7.30pm Contact: Fr Keith
Wed	<b>Light Exercise Class for all</b> Main Hall at 10:00am Contact: Laura Walker 0777 3 021 851 <a href="mailto:laura@laurawalkerlimited.co.uk">laura@laurawalkerlimited.co.uk</a>  <b>Beloved Disciples</b> Bible study and growing in faith Clergy House Dining Room after 12:30 Mass. Contact: Kevin O’Carroll <a href="mailto:kevin.ocarroll@live.com">kevin.ocarroll@live.com</a>  <b>Seniors Club</b> Speakers, fun & fellowship Main Hall at 2.00 pm every 2 weeks Contact: Jean on 01569 765 799  <b>Healing of Memories</b> Prayer for the healing of painful memories of the past to bring peace to the present. Clergy House at 2.30pm (by appointment) Contact: Deacon Tony
Thu	<b>Legion of Mary</b> Lower Hall from 6pm to 7.30pm Contact: Nogie Osula <a href="mailto:nogisula@yahoo.com">nogisula@yahoo.com</a>  <b>African Choir</b> For Africans and anyone else. Upper Hall from 6.00- 8.00pm Contact: Patricia Malikebu 07891 714 549
Fri	<b>Cenacolo Prayer Group</b> Exposition & Rosary praying for healing of those with addictions Church after Mass Contact: Liam Sharkey 07774 931 996  <b>Band Practice</b> Contemporary music for Sunday 6pm Mass Upper Hall after Mass Contact: John Costaschuk  <b>Cathedral Choir practice</b> 7.00pm in the Ogilvie Centre
Sat	<b>Altar Servers’ Practice</b> Church from 6.00 to 7.00pm Contact: Simon <a href="mailto:bebbie_no1@hotmail.com">bebbie_no1@hotmail.com</a>  <b>Youth Groups</b> For teenagers between 11 & 17 Hall 7.00pm to 9.00pm Contact: St. Andrew’s Community
Sun	<b>Church Cleaning</b> Church at 10.30am  <b>K4J</b> (Kids for Jesus) Youth group for P2’s to P7’s in the Main Hall from 12.30pm to 2.00pm  <b>African Choir</b> (As above) Upper Hall from 6.00 - 8.00pm
	<b>Choir Rehearsal</b> Leading the music for 11:15 Sunday Mass Upper Hall 10.00am Contact: Shelagh Noden