

Readings at Mass - First Sunday of Lent - Year B

Entrance Antiphon Cf. Ps 90: 15-16

When he calls me,
I will answer;
I will deliver him and give him glory,
I will grant him length of days.

First Reading Genesis 9:8-15

God spoke to Noah and his sons, ‘See, I establish my Covenant with you, and with your descendants after you; also with every living creature to be found with you, birds, cattle and every wild beast with you: everything that came out of the ark, everything that lives on the earth. I establish my Covenant with you: no thing of flesh shall be swept away again by the waters of the flood. There shall be no flood to destroy the earth again.’

God said, ‘Here is the sign of the Covenant I make between myself and you and every living creature with you for all generations: I set my bow in the clouds and it shall be a sign of the Covenant between me and the earth. When I gather the clouds over the earth and the bow appears in the clouds, I will recall the Covenant between myself and you and every living creature of every kind. And so the waters shall never again become a flood to destroy all things of flesh.’

Responsorial Psalm Psalm 24: 4-9 R, Cf. v 10

Your ways, Lord, are faithfulness and love for those who keep your covenant.

Lord, make me know your ways.
Lord, teach me your paths.
Make me walk in your truth, and teach me:
for you are God my saviour. **R**

Remember your mercy, Lord,
and the love you have shown from of old.
In your love remember me.
because of your goodness, O Lord. **R**

The Lord is good and upright.
He shows the path to those who stray,
He guides the humble in the right path,
He teaches his way to the poor. **R**

Second Reading 1 Peter 3:18-22

Christ himself, innocent though he was, had died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life, and, in the spirit, he went to preach to the spirits in prison. Now it

was long ago, when Noah was still building that ark which saved only a small group of eight people ‘by water’, and when God was still waiting patiently, that these spirits refused to believe. That water is a type of the baptism which saves you now, and which is not the washing off of physical dirt but a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God’s right hand, now that he has made the angels and Dominations and Powers his subjects.

Gospel Acclamation Mt 4:4

Praise to you, O Christ, king of eternal glory!
Man does not live on bread alone,
but on every word that comes from the mouth of God.
Praise to you, O Christ, king of eternal glory!

Gospel Mark 1 : 12-15

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him.

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. ‘The time has come’ he said ‘and the kingdom of God is close at hand. Repent, and believe the Good News.’

Communion Antiphon Mt4:4

One does not live by bread alone,
But by every word that comes forth
From the mouth of God.

Prayer after Communion

Renewed now with heavenly bread,
By which faith is nourished,
Hope increased, and charity strengthened,
We pray, O Lord,
That we may learn to hunger for Christ,
The true and living Bread,
And strive to live by every word
Which proceeds from your mouth.
Through Christ our Lord.

Sunday 11.15am Mass		
Entrance Hymn	264	Forty days and forty nights
Offertory	558	O the word of my Lord
Communion	-	Some ya me (Serve the Lord)
Marian antiphon	535	Old rugged cross
Recessional	458	Lord throughout these forty days

Sunday Bulletin

18th February 2018 • First Sunday of Lent • Year B



St. Mary's Cathedral

20 Huntly Street, Aberdeen AB10 1SH

www.stmaryscathedralaberdeen.org



GOOD NEWS FROM
ST MARY'S CATHEDRAL

Good News Weekly

LATEST LOURDES MIRACLE



Sister Bernadette Moriau

A miracle was officially recognized at the Marian shrine of Our Lady of Lourdes in France this week, the 70th Lourdes miracle recognized by the Catholic Church.

The miracle was officially declared by Bishop Jacques Benoit-Gonin of Beauvais, France on Feb. 11, the World Day of the Sick and the feast day of Our Lady of Lourdes.

The miraculous event involved a French nun, Sister Bernadette Moriau, who went on a pilgrimage to the shrine of Our Lady of Lourdes in 2008. She had been suffering from spinal complications which had rendered her wheelchair-bound and fully disabled since 1980. She also said she had been taking morphine to control the pain.

When Sister Moriau visited the Lourdes Shrine almost a decade ago, she said she “never asked for a miracle,” according to the Associated Press.

However, after attending a blessing for the sick at the shrine, something began to change.

“I felt a [surge of] well-being throughout my body, a relaxation, warmth...I returned to my room and there, a voice told me to ‘take off your braces,” recalled the now 79-year old nun.

“Surprise. I could move,” Moriau said, noting that she instantaneously walked away from her wheel chair, braces, and pain medications.

Moriau’s case was brought to the attention of the International Medical Committee of Lourdes, who extensively researched the nun’s recovery. They eventually found that Moriau’s healing could not be scientifically explained.



St Mary’s Cathedral - Aberdeen AB10 1SH


Clergy & Religious		
Administrator:	Fr. Keith Herrera 01224 640 160 administrator@cathedral-abdn.org	
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Assistant Priest:	Fr Peter Amoah abrampamensah@yahoo.com	
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Holy Family Sisters of Needy:	Sr Mary Joseph 01224 970 812 or 07863 065 345 holyfamiliesrs@yahoo.co.uk	
St Andrew Community:	07754 891 808 standrewscommunity@cathedral-abdn.org Community Safeguarding: Charlene youth@StAndrewX.org	
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Cathedral Safeguarding:	Irma Allan 07714718708 email: TBC More information: Parish website or www.scottishcatholicsafeguarding.org.uk	
Music Director:	Shelagh Noden music@cathedral-abdn.org	
Shop Manager:	Barbara Mearns shop@cathedral-abdn.org	
Bulletin:	bulletin@cathedral-abdn.org Notices to be in by Tuesday evening	
Hall Bookings:	halls@cathedral-abdn.org Call between 9am & 1pm only Terms & Conditions see Parish website	
Liturgical Ministries		
Head Sacristan:	Jacqueline Armstrong jacquelinearmstr@hotmail.com	
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Euch. Ministers:	John MacKinnon 07926 628 941 johnmackinnon2602@hotmail.co.uk	
Stewards:	Diego Mejias Morffe 07960 325 046 dmejiasmorffe@gmail.com	
Altar Servers:	George Brand 01224 630 159 geobra@msn.com	
Flowers:	Pixie Mathers 07763064146 pixie2704@sky.com	
Notices		
Adoration:	Monday - Saturday	6.00am-12 midnight
Confessions:	Tuesdays	6.00pm
	Saturdays	10.30am & 6.00pm
Morning Prayer:	Monday - Friday	6.30am
Rosary:	Saturdays (Priests)	10.30am
Housebound?	John MacKinnon (See above) for visits	
Coeliacs:	Speak to clergy before Mass	
Sunday Coffees:	Ann Ryans 07545 615 198 annryans@aol.com	
Natural Family Planning (NFP)	Margaret Hammond nfp@cathedral-abdn.org	

Mass Times				
Date	Details	Service	Time	Mass Intentions
Sun 18th	First Sunday of Lent		8.00am 9.30am 11.15am 3.00pm 6.00pm	Miracle Canilang RIP - 1st Anniv Parish Intentions Catalina Pol RIP
Mon 19th		Mass Mass	7.00am 12:30am	Annie Green Personal Intentions for Dominic
Tue 20th		Mass Mass	7.00am 7.00pm	Priests in War Torn Areas Anne Hathaway
Wed 21st		Mass Mass	7.00am 12.30pm	Stella and Emmanuel's Intentions Intentions of Dominic Dieseru
Thu 22nd	The Chair of St Peter the Apostle	Mass Mass	7.00am 7.00pm	Fr. Stan Ruz's Intentions Fr Stuart Chalmers Intentions
Fri 23rd		Mass Mass	7.00am 12.30pm	Stella and Emmanuels Intentions Thanksgiving - Laila
Sat 24th		Mass Vigil Mass	10.00am 7.00pm	For Souls in Purgatory Dominic Diesuru's Intentions
Sun 25th	Second Sunday of Lent	Mass Polish Mass Solemn Mass Polish Mass Mass	8.00am 9.30am 11.15am 3.00pm 6.00pm	Special Intentions of A Dieseru Parish Intentions Priests in Distress
Notice: As from Ash Wednesday there will be Stations of the Cross before each Mass.				



Mass Intention Envelopes	
These are available at the back of the Church. Print details and post through Clergy House letter box. It may not always be possible for Mass to be celebrated on your preferred date or at the	Cathedral itself. Recommended offering for each Mass is £5. Sunday 11:15 Mass is normally reserved for the Administrator's or Bishop's Intentions for the Parish or Diocese.

OFFERTORY: £2,397.66

Youth

LIFETEEN

Both Lifeteen (S3-S6) and Edge (P7-S2) youth groups
Meet on Fridays in the Lower and Main Halls, respectively. 7.00 - 9.00 pm.



Cathedral

Second Collection


Second collection this week for the “Scottish Catholic Education Service” who is responsible for implementing national policy on education matters on behalf of Church of Scotland.

Eucharistic Adoration - The King of Peace

Are you looking for a bit of peace? Come join Our Lord in Adoration. Our Lord, in the Eucharist is exposed to the public in the Adoration Chapel Mondays-Saturdays from 7:30am-9pm. If you would like to sign up please contact us: adoration@cathedral-abdn.org For details of times when we are especially in need of committed adorers please see the notice board.

SVdP

Polish Collections £53.86
Box Collections..... £146.27
TOTAL..... £200.18
Spend on Food
ASDA.....£97.50
Thanks to our supporters for the many food donations received recently. They are all gratefully received.



SPIRIT OF SCOTLAND EVENING 24th FEB

Bishop’s Garden Project charity evening (6.30pm) in support of: **Aberdeen Alcohol & Drugs Action Gardening Project** .
An evening of Scottish song, music and fine food. Performance by local musicians, professional singers and artists from the West Coast. See poster on notice board.
Tickets: £40 per head (includes wine).
Venue: St. Mary’s House, 14 The Chanonry, Old Aberdeen AB24 1RP.
Contact: Bishop’s Cook, Mike Mather on 07886216000 or miksam34@hotmail.com

SENIOR CLUB

Wednesday 21st Feb At 2 pm. Flower arranging by Pixie, all welcome.

CHINESE LUNCH SUNDAY 4th MARCH

To celebrate the Chinese New Year, a Chinese buffet is being organised on 4th March in the Main Hall after the 11.15am Sunday Mass.
£10.00 per person, all funds will go towards new signage and replacing the existing old plywood doors with glass doors to make the Cathedral more visibly attractive.
Tickets on sale at the back of the Cathedral.

Please take me home

St Mary’s Deanery Station Masses 2018			
Confession: 6pm-7pm Stations of the Cross: 6.30pm-7pm Mass: 7pm Refreshments: 8pm-9pm			
DATE	LOCATION	MAIN CELEBRANT	PREACHER
23 Feb	St Peter’s RC Church (Justice Str.)	Bishop Hugh	Fr. Peter
2 March	St Francis of Assisi (231 Deeside Gardens)	Dean	Fr Gabor
9 March	Holy Family RC Church (117 Deveron Rd)	V. Dean	Fr Keith
16 March	Our Lady of Aberdeen RC Church (70 Cairngorm Cresc.)	Dean	Fr Patrick
23 March	Kings College Chapel (High Street)	Bishop	Fr George

Cathedral

Wednesdays at 7pm Main Hall Starts 18th April



Register: www.stmaryscathedralaberdeen.org

NAME TAG SUNDAY

Ever see a familiar face at the Cathedral and just can't remember their name? It happens to all of us! That is why this Sunday we are starting “Name Tag Sunday,”

Maintenance to Mission

Wednesdays 7.00 - 8.00pm Clergy House

Anyone who is interested in seeing the parish move from a maintenance parish to a mission orientated parish to join us in reading Fr James Mallon's book, ‘Divine Renovation: Bringing your parish from Maintenance to Mission’
This week we are reading chapter 4.

FIONA MITCHELL

Our thanks to Fiona who is stepping down from her role as Readers and Safeguarding Coordinator. She has served the parish selflessly for a many years as the former and 2½ years as the latter with great care, equanimity and consistency.
Irma Allan takes over as Readers Coordinator. We are now looking for a Safeguarding Coordinator.

themarriagecourse

The Marriage Course is a unique and practical seven-week course, which will start on **Wednesday 28th February, and end on 25th March**, taking a break during Easter.
Each week the course starts with a chance for couples to have a romantic candlelit supper in a relaxing atmosphere. This is followed by a short talk on a specific subject, interspersed with film clips of couples sharing their own experiences and street interviews with people from around the world.
This course is open to all married couples.

MEN’S RETREAT

The Ogilvie Centre is excited to announce the Retreat for Men (ages 18 and up) which will be a yearly retreat run from Kilcoy Castle near Inverness.
The retreat begins around 5 pm Friday 25 May and will run till around 2:30 Sunday 27 May.
All men are invited, but as accommodation is limited to 14, registration is required, email: gilvie@rcda.scot.

DIOCESAN VOCATIONS

Thinking about Diocesan Priesthood? Contact Fr Keith at 01224 340160 or administrator@cathedral-abdn.org

HOLY WEEK INVITATION

Young people (aged 18-20) are invited to celebrate the Liturgy at Pluscarden Abbey from Wednesday of Holy Week until Easter (March 28 –April 3). Participants will gain deeper insight into Christian life, monastic life and the Abbey. There is no charge for staying at the Abbey Guesthouses, however donations are welcomed.
Contact: Br Thomas Cole OSB
email: guestmaster@pluscardenabbey.org
Web: www.pluscardenabbey.org

Deanery & Diocese



PROTECT MOTHERS & CHILDREN 14/02/18—25/03/18

Prayer & Fasting: choose your day of fasting and sign up with the captain of the church.
Vigil location: Outside Maternity Hospital at the Royal Infirmary. Vigil hours: (8 am to 8 pm daily)
Local contact: see on roll-up banner in the church hall.
Contact: www.40daysforlife.com/aberdeen

HEADTEACHER VACANCIES IN ABERDEEN CITY

Aberdeen City Council has advertised the vacant posts of Head teacher at:
Holy Family School - closing date 12th February
St Joseph’s School - closing date 18th February
These are very important posts in continuing the success of Catholic education in the city.
Details of the posts plus application form can be found on the Aberdeen City Council website and on MyJobScotland.



BE FISHERS OF PEOPLE THIS LENT

By supporting SCIAF this Lent, you are helping families from Cambodia, who have been victims of illegal fishing. By working together, poor Cambodians and others in need around the world can survive and thrive.
Lang said, “We want to say thank you to the people of Scotland who have provided this support.”

COMMUNITY CHAPLAINCY LISTENING VOLUNTEERS

The Community Chaplaincy Listening (CCL) service in NHS Grampian is recruiting volunteers to continue this service within GP Practices.
The CCL promotes spiritual wellbeing by offering a listening service in health and social care for patients, relatives and staff. Closing date 2nd March.
For more info, email: katrina.blackwood@nhs.net.

WORLD DAY OF PRAYER Friday 2nd MARCH

This year’s theme: “All Gods Creation is very good”.
Venues: Services at St Joseph’s Woodside at 2.30pm and St Mark’s Church Rosemount Viaduct at 12.15pm.

Sunday 18th February, 2018

Weekly Calendar	
Mon	Mother & Toddler Group For parents with young children. All ages welcome. Main Hall from 13.30-15.30pm Contact: Yi-pei Chou 0745 5479 479 Credo Community Meeting Polish charismatic prayer group. Main Hall at 7.30pm . Contact: Damian Gloc 07939418178
Tue	Magnificat Prayer Group 7.30pm in the Lower Hall after Mass. Contact: Stella Maria Onuoha 0744 9951 415 nnesin@yahoo.com St. Vincent de Paul Feeding the homeless Contact: Evelyn Murray murray.evelyn@sky.com Rite of Christian Initiation of Adults (RCIA) Cathedral House at 7.30pm Contact: Fr Keith
Wed	Light Exercise Class for all Main Hall at 10:00am Contact: Laura Walker 0777 3 021 851 laura@laurawalkerlimited.co.uk Beloved Disciples Bible study and growing in faith Clergy House Dining Room after 12:30 Mass. Contact: Kevin O'Carroll kevin.ocarroll@live.com Seniors Club Speakers, fun & fellowship Main Hall at 2.00 pm every 2 weeks Contact: Jean on 01569 765 799 Healing of Memories Prayer for the healing of painful memories of the past to bring peace to the present. Clergy House at 2.30pm (by appointment) Contact: Deacon Tony Legion of Mary Lower Hall from 6pm to 7.30pm Contact: Nogie Osula nogisula@yahoo.com African Choir For Africans and anyone else. Upper Hall from 6.00- 8.00pm Contact: Patricia Malikebu 07891 714 549
Thu	Cenacolo Prayer Group Exposition & Rosary praying for healing of those with addictions Church after Mass Contact: Liam Sharkey 07774 931 996 Band Practice Contemporary music for Sunday 6pm Mass Upper Hall after Mass Contact: John Costaschuk Cathedral Choir practice 7.00pm in the Ogilve Centre
Fri	Altar Servers’ Practice Church from 6.00 to 7.00pm Contact: Simon bebbie_no1@hotmail.com Youth Groups For teenagers between 11 & 17 Hall 7.00pm to 9.00pm Contact: St. Andrew’s Community
Sat	Church Cleaning Church at 10.30am K4J (Kids for Jesus) Youth group for P2’s to P7’s in the Main Hall from 12.30pm to 2.00pm African Choir (As above) Upper Hall from 6.00 - 8.00pm
Sun	Choir Rehearsal Leading the music for 11:15 Sunday Mass Upper Hall 10.00am Contact: Shelagh Noden